

# The Seven (7) Prayers of St. Bridget



## Opening Prayer

O Jesus, I now wish to pray the Lord's Prayer seven times in unity with the love with which Thou sanctified this prayer in Thy Heart. Take it from my lips into Thy Divine Heart. Improve and complete it until it brings as much honour and joy to the Blessed Trinity as Thou granted it on earth with this prayer. May these pour upon Thy Holy Humanity in glorification to Thy painful wounds and the Precious Blood Thou spilled from them. Amen.



### I. The Circumcision

*The First Mortal sin*

**Pater Noster ... Ave Maria ...** Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the first wounds, the first pains and the first bloodshed, as atonement for my and all of humanity's sins of youth, as protection against the first mortal sin, especially among my relatives. Amen.

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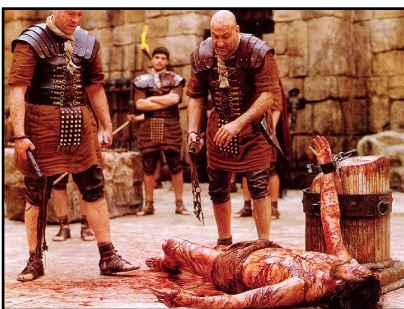


### II. The Suffering on the Mount of Olives

*Sins of the heart*

**Pater Noster ... Ave Maria ...** Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the terrifying suffering of the Heart of Jesus on the Mount of Olives, and every drop of His sweat of Blood, as atonement for my and all of humanity's sins of the heart, as protection against such sins, and for the spreading of divine and brotherly love. Amen.

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### III. The Scourging

*Sins of the flesh*

**Pater Noster ... Ave Maria ...** Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the many thousands of wounds, the gruesome pains and the Precious Blood of the Scourging, as atonement for my and all of humanity's sins of the flesh, as protection against such sins and the preservation of innocence, especially among my relatives. Amen.

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### IV. The Crowning with Thorns

*Sins of pride*

**Pater Noster ... Ave Maria ...**

Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the wounds, the pains and the Precious Blood of the Holy Head of Jesus from the crowning with thorns, as atonement for my and all of humanity's sins of the spirit, as protection against such sins and for the spreading of the Kingdom of Christ here on earth. Amen.

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**V. The Carrying of the Cross**  
*Sins of the tongue, against the Cross*



**Pater Noster ... Ave Maria ...** Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the sufferings on the Way of the Cross, especially the Holy Wound on His shoulder and its Precious Blood, as atonement for my and all of humanity's rebellion against the Cross, every grumbling against Thy holy Providence, and all other sins of the tongue, as protection against such sins and for true love of the Cross. Amen.

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**VI. The Crucifixion of Jesus**  
*For the Church and the Jews*



**Pater Noster ... Ave Maria ...** Eternal Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee Thy Son on the Cross, His nailing and lifting on high, the wounds on His hands and feet, and the three streams of His Precious Blood that poured forth for us from these, the extreme tortures of His Body and Soul, His precious Death and its un-bloody renewal in all Holy Masses on earth, as atonement for all wounds against vows and regulations within religious orders, as reparation for my and all the world's sins,

for the sick and dying, for all holy priests and laymen, for the intentions of the Holy Father toward the restoration of Christian families, for the strengthening of faith, for our country, for unity among all nations in Christ and His Church, and also for the Diaspora. Amen.

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**VII. The Piercing of Jesus' Side**  
*All of mankind and the Holy Souls*



**Pater Noster ... Ave Maria ...** Eternal Father, accept as worthy for the needs of Holy Church, and as atonement for the sins of all mankind, the Precious Blood and Water which poured forth from the wound of the Divine Heart of Jesus. Be gracious and merciful towards us.

Blood of Christ, the last precious content of His Holy Heart, wash me of all my and other's guilt of sin! Water from the side of Christ, wash me clean of all punishments for sin and extinguish the flames of purgatory for me and for all the Poor Souls. Amen.

*Sánctus Déus, Sánctus Fórtis, Sánctus Immortális, miserére nobis.  
Most holy Passion of our Lord Jesus Christ, save us!  
Sáncta Birgitta spónsa Chrísti. Ora pro nóbis.*

## Litany of the Most Precious Blood of Our Lord Jesus Christ

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

Christ, hear us.  
Christ, graciously hear us.

God the Father of Heaven, *(have mercy on us.)*  
God the Son, Redeemer of the world, *(have mercy on us.)*  
God, the Holy Ghost, *(have mercy on us.)*  
Holy Trinity, One God, *(have mercy on us.)*

Blood of Christ, only-begotten Son of the eternal Father, *(\* save us)*  
Blood of Christ, Incarnate Word of God, *(\*)*  
Blood of Christ, of the New and Eternal Testament, *(\*)*  
Blood of Christ, falling upon the earth in Agony, *(\*)*  
Blood of Christ, shed profusely in the Scourging, *(\*)*  
Blood of Christ, flowing forth in the Crowning with Thorns, *(\*)*  
Blood of Christ, poured out on the Cross, *(\*)*  
Blood of Christ, price of our salvation, *(\*)*  
Blood of Christ, without which there is no forgiveness, *(\*)*  
Blood of Christ, Eucharistic drink and refreshment of souls, *(\*)*  
Blood of Christ, stream of mercy, *(\*)*  
Blood of Christ, victor over demons, *(\*)*  
Blood of Christ, courage of martyrs, *(\*)*  
Blood of Christ, strength of confessors, *(\*)*  
Blood of Christ, bringing forth virgins, *(\*)*  
Blood of Christ, help of those in peril, *(\*)*  
Blood of Christ, relief of the burdened, *(\*)*  
Blood of Christ, solace in sorrow, *(\*)*  
Blood of Christ, hope of the penitent, *(\*)*  
Blood of Christ, consolation of the dying, *(\*)*  
Blood of Christ, peace and tenderness of hearts, *(\*)*  
Blood of Christ, pledge of eternal life, *(\*)*  
Blood of Christ, freeing souls from purgatory, *(\*)*  
Blood of Christ, most worthy of all glory and honour, *(\*)*

Lamb of God, who taketh away the sins of the world, *(spare us, O Lord.)*  
Lamb of God, who taketh away the sins of the world, *(graciously hear us, O Lord.)*  
Lamb of God, who taketh away the sins of the world, *(have mercy on us.)*

Thou hast redeemed us, O Lord, in Thy Blood. *(And made us, for our God, a kingdom.)*

Let us pray.

Almighty and eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. *(Amen.)*