

# BENEDÍCTUS DEUS : LATIN + ENGLISH PRAYERBOOK

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A collection of traditional prayers & devotions of the holy Catholic Religion;

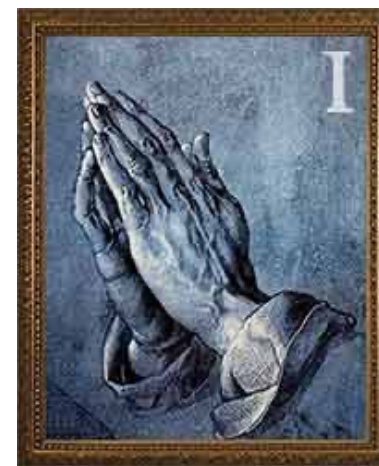
<b>Morning Prayers</b>	.....	Page 2																																				
<i>Acts of adoration &amp; thanksgiving; Morning Offering</i>																																						
<b>Daily Aspirations</b>	.....	Page 3																																				
<i>Potent invocations for the day ahead and occasions therein; taken principally from Scripture</i>																																						
<b>Prayers to be Recited Every Day</b>	.....	Page 4																																				
<i>Our Father; Hail Mary; Glory be; Apostles' Creed; Hail Holy Queen; Angel of God; St. Michael Prayer (Short); Acts of Faith, Hope, Charity &amp; Contrition; Table Blessing; Angelus (Regina Cœli)</i>																																						
<b>Evening Prayers</b>	.....	Page 8																																				
<i>Acts of adoration &amp; thanksgiving, examination of conscience, Confiteor, Psalm 50 (truncated); Prayers for: the living; the dead; of petition &amp; protection; Before retiring</i>																																						
<b>Prayers for the Seasons</b>	.....	Page 13																																				
<i>Advent; Christmastide; Septuagesima &amp; Lent; Passiontide; Easter-tide and the Season after Pentecost</i>																																						
<b>Prayers for the Days of the Week</b>	.....	Page 16																																				
<i>Sunday (Blessed Trinity); Monday (Holy Ghost &amp; Poor Souls); Tuesday (Angels); Wednesday (St. Joseph); Thursday (Blessed Sacrament); Friday (Our Lord's Passion); Saturday (Our Lady)</i>																																						
<b>Prayers for the Months of the Year</b>	.....	Page 22																																				
<table> <tr><td>January (Holy Name of Jesus)</td><td>...</td><td>p.22</td></tr> <tr><td>February (Holy Family)</td><td>...</td><td>p.23</td></tr> <tr><td>March (St. Joseph)</td><td>...</td><td>p.24</td></tr> <tr><td>April (Holy Ghost)</td><td>...</td><td>p.25</td></tr> <tr><td>May (B. V. M.)</td><td>...</td><td>p.26</td></tr> <tr><td>June (Sacred Heart)</td><td>...</td><td>p.28</td></tr> <tr><td>July (Precious Blood)</td><td>...</td><td>p.29</td></tr> <tr><td>August (Pure Heart of Mary)</td><td>...</td><td>p.30</td></tr> <tr><td>September (Our Lady of Sorrows)</td><td>...</td><td>p.31</td></tr> <tr><td>October (Queen of the Holy Rosary)</td><td>...</td><td>p.32</td></tr> <tr><td>November (Holy Souls)</td><td>...</td><td>p.34</td></tr> <tr><td>December (Immaculate Conception)</td><td>...</td><td>p.35</td></tr> </table>			January (Holy Name of Jesus)	...	p.22	February (Holy Family)	...	p.23	March (St. Joseph)	...	p.24	April (Holy Ghost)	...	p.25	May (B. V. M.)	...	p.26	June (Sacred Heart)	...	p.28	July (Precious Blood)	...	p.29	August (Pure Heart of Mary)	...	p.30	September (Our Lady of Sorrows)	...	p.31	October (Queen of the Holy Rosary)	...	p.32	November (Holy Souls)	...	p.34	December (Immaculate Conception)	...	p.35
January (Holy Name of Jesus)	...	p.22																																				
February (Holy Family)	...	p.23																																				
March (St. Joseph)	...	p.24																																				
April (Holy Ghost)	...	p.25																																				
May (B. V. M.)	...	p.26																																				
June (Sacred Heart)	...	p.28																																				
July (Precious Blood)	...	p.29																																				
August (Pure Heart of Mary)	...	p.30																																				
September (Our Lady of Sorrows)	...	p.31																																				
October (Queen of the Holy Rosary)	...	p.32																																				
November (Holy Souls)	...	p.34																																				
December (Immaculate Conception)	...	p.35																																				
<b>The Great 'O' Antiphons (17 - 23 Dec.)</b>	.....	Page 36																																				
<i>Magnificat Antiphons in anticipation of the arrival of the King</i>																																						
<b>St. Andrew Miraculous Christmas Novena</b>	.....	Page 37																																				
<i>The Christmas Anticipation Prayer</i>																																						

# PART I : PRAYERS FOR THE DAY, WEEK, SEASON & MONTH

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Compiled from competent Pre-Conciliar sources

<b>Devotions for End of Year &amp; Start of New Year</b>	.....	Page 37
<i>Te Deum (Ambrosian Hymn) &amp; Lapsus est annus; Rerum Deus, Psalm 89 (Domine, refugiam: Oratio Moysi) &amp; Veni Creator</i>		
<b>Appendix I : Ember Days</b>	.....	Page 41
<i>Explanation of and traditional devotions for these holy observances</i>		
<b>Appendix II : Select Psalms for Time &amp; Occasion</b>	.....	Page 42
<i>Selections from the Psalter for life in these times:</i>		
Ps. 102 (Benedic, anima)	...	p.42
Ps. 90 (Qui habitat)	...	p.43
Ps. 50 (Miserere)	...	p.44
Ps. 11 (Salvum me fac)	...	p.45
Ps. 69 (Deus, in adiutorium)	...	p.46
Ps. 66 (Deus misereatur)	...	p.47
Ps. 83 (Quam dilecta)	...	p.48
Ps. 116 (Laudate Dominum)	...	p.49
Ps. 44 (Eructavit cor meum)	...	p.50
Ps. 130 (Domine, non est)	...	p.51
Ps. 21 (Deus Deus meus)	...	p.52
<b>Notes &amp; Sources</b>	.....	Page 48
<i>and 'A Word on Indulgences (and 'Other' Matters)'</i>		



Suggested to be used in conjunction with accompanying booklets, in particular:  
"How to Pray in Latin"

## MORNING PRAYERS

Morning prayers should comprise adoration of the Divine Majesty, thanksgiving for His protection during the night, and consecration of the day to God's service.

Each day, as it comes, may be the last one of our earthly lives. We should, therefore, try to keep it free from sin and fill it with good works, fruitful unto life eternal. To this end we must purpose to please our heavenly Father and implore His help and blessing for the day. ..

On arising:

IN ✠ Nómīne Patris, et Filii, et Spíritus Sancti.

In Nómīne Dómini nostri Jesu Christi crucífixi ego surgo.

Ipsē me benedicat, reget et cōsérvet, et perdúcat ad vitam aetérnam. Δ

℣. Dómine, exáudi oratiónem meum.

℟. Et clamor meus ad te véniat.

GLÓRIA Patri, et Filio, et Spíritui Sancto.

Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

### Actus adorationis et gratiarum

BENEDÍCTA sit sancta Creátrix et Gubernátrix ómnium, sancta et individua Trínitas, nunc, semper, et per infinita saecula saeculorum.

℣. Benedicamus Patrem et Filium cum Sancto Spíritu.

℟. Láudemus et superexaltémus eum in saecula.

OMNÍPOTENS sempitérne Deus, qui dedisti fámulis tuis in confessiōe veræ fidei, aetérnae Trinitátis glóriam agnóscere, et in poténtia maiestátis adoráre Unitátem : quæsumus, ut eiúdem fidei firmitáte ab ómnibus semper muniámur advérsis. Per Christum Dóminum nostrum. Amen.

(ex Missali Romano)

### Domine Deus omnipotens

DÓMINE Deus omnipotens, qui ad principium huius diéi nos pervenire fecisti : tua nos hodie salva virtúte : ut in hac die ad nullum declinémus peccátum, sed semper ad tuam justitiam faciendam nostra procédant elóquia, dirigántur cogitatiónes et ópera. Per Christum Dóminum nostrum.

(ex Breviario Romano)

REGE saeculorum immortalí et invisibili, soli Deo honor et glória in saecula saeculorum.

(ex M.R.)

FIAT, laudétur atque in aetérnum superexaltétur iustíssima, altíssima et amabilíssima volúntas Dei in ómnibus.

(†)

*Fiat volúntas tua!*

### Oblatio Matutina

O DÓMINE Iesu Christe, in uniōne illius divínae intentiōnis, qua in terris per sanctissimum Cor tuum laudes Deo persolvisti et nunc in Eucharistiæ Sacraménto ubique terrarum persólvis usque ad consummatiōnem saeculi, ego per hanc diem integram, ad imitatiōnem sacratissimi Cordis beátæ Mariæ semper Virgínis Immaculatæ, tibi libentissime offero omnes meas intentiōnes at cogitatiōnes, omnes meos afféctus et desidéria, omni mea ópera et verba. Amen.

*Iesu, Deus meus, super ómnia amo te.*

## MORNING PRAYERS

.. Upon waking we should turn our thoughts immediately to God. Making the Sign of the Cross, we should try to put ourselves in the presence of God, being ever-mindful that He is before us, that He sees all our thoughts, and is waiting to hear from us and to help us.

One may like also to ask Our Blessed Mother's help for the day ahead and offer too an Ave Maria. (Morning & Evening commentaries taken from the Blessed Be God Prayerbook, pp.1-14.)

On arising:

IN ✠ the Name of the Father, and of the Son, and of the Holy Ghost.

In the Name of our Lord Jesus Christ crucified, I arise.

May He bless, govern and preserve me, and bring me to life everlasting.

℣. O Lord, hear my prayer.

℟. And let my cry come unto Thee.

GLORY be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Acts of Adoration & Thanksgiving

BLESSED be the holy Creator and Ruler of all things, O holy and undivided Trinity, now, always, and throughout all the ages.

℣. Let us bless the Father and the Son with the Holy Ghost.

℟. Let us praise Him and exalt Him above all forever.

ALMIGHTY and everlasting God, Who hast given unto us Thy servants, by the profession of the true faith, to acknowledge the glory of the eternal Trinity, and, in the power of Thy divine Majesty, to worship the Unity; we beseech Thee, that by our steadfastness in the same faith, we may evermore be defended from all adversities. Through Christ our Lord. Amen.

(5 years\* trad. indulgence; see p.48)

### Lord God Almighty

LORD God Almighty, Who hast safely brought us to the beginning of this day, defend us in the same by Thy mighty power, that this day we may fall into no sin, but that all our words and works may so proceed, and all our thoughts and actions may be so directed as to do always that which is just in Thy sight. Through Christ our Lord.

(5 years\* trad.)

UNTO the King of ages, the immortal, invisible and only God, be honour and glory for ever and ever.

(500 days\* trad.)

MAY the most just, the most high and the most lovable will of God be in all things done, praised and evermore exalted.

(500 days\*† trad.)

*Thy will be done!*

(300 days trad.)

### Morning Offering

O LORD Jesus Christ, in union with that divine intention wherewith on earth Thou didst offer to God praises through Thy Most Sacred Heart, and dost now offer them in the Sacrament of the Eucharist everywhere on earth even to the end of time, I most gladly offer Thee throughout this entire day, all my affections and desires, all my words and deeds, in imitation of the most sacred Heart of the blessed and ever Virgin Mary Immaculate. Amen.

(3 years\* trad.)

*Jesus, my God, I love Thee above all things.*

(300 days trad.)

## DAILY ASPIRATIONS

Potent aspirations & ejaculations for the day ahead ..

A Soul's Aspiration

DEUS meus, in te cónfido ; non erubescam.

At the Day's Commencement

VIAS, tuas, Dómine, demónstra mihi, et semitas tuas edóce me.  
Dirige me in veritate tua, et doce me, quia tu es Deus salvátor meus.

*Iesu, María et Ioseph, óramus, sit nobiscum in via nostra. Δ*

The Apostle admonishes

INDŪITE vos armáturam Dei,  
ut possitis stare advérsus insidias diáboli.  
*Crux Sacra sit mihi lux : non draco sit mihi dux.*

In Necessity

RESPÍCE in me, et miserére mei ;  
quia únicus et pauper sum ego.

To ask God's Blessing

BENEDÍCÁT tibi Dóminus, et custódiat te.  
Osténdat Dóminus fáciem suam tibi, et misereátur tui.  
Convértat Dóminus vultum suum ad te, et det tibi pacem.

When entering a Church

EGO autem in multitúdine misericórdiæ tuæ introibo in domum tuam ;  
adórabo ad templum sanctum tuum.

At taking Holy Water

ASPÉRGES me hyssopo, et mundábor ;  
lavábis me, et super nivem dealbábor.

Cor mundum crea in me, Deus,  
et spíritum rectum innova in viscéribus meis.

Before Work

RESPÍCE in servos tuos et in opera tua, et dirige filios eórum.  
Et sit splendor Dómini Dei nostri super nos ;  
et opéra mánuum nóstrarum dirige super nos,  
et opus mánuum nóstrarum dirige.

In Thanksgiving (recite often)

AGIMUS tibi grátias, omnipotens Deus, pro univérsis beneficiis tuis :  
Qui vivis et regnas in sæcula sæculórum. Amen.

## DAILY ASPIRATIONS

.. or occasions therein; taken principally from holy Scripture.

A Soul's Aspiration

IN Thee, O my God, I put my trust; let me not be ashamed. (Ps. 24: 2)

At the Day's Commencement

SHEW, O Lord, Thy ways to me, and teach me Thy paths.  
Direct me in Thy truth, and teach me; for Thou art God my Saviour. (Ps. 24: 4,5)  
*Jesus, Mary and Joseph, we pray, be with us on our way.*

The Apostle admonishes

PUT you on the armour of God,  
that you may be able to stand against the deceits of the devil. (Eph. 6: 11)  
*May the Holy Cross be ever my light; and the dragon never my guide.* (+ S.Bene. Med.)

In Necessity

LOOK Thou upon me, and have mercy on me;  
for I am alone and poor. (Ps. 24: 16)

To ask God's Blessing

THE Lord bless thee, and keep thee.  
The Lord shew His Face to thee, and have mercy on thee.  
The Lord turn His Countenance to thee, and give thee peace.  
(Num. 6: 24-26; "And I will bless them.")

When entering a Church

BUT as for me in the multitude of Thy mercy, I will come into Thy house;  
I will worship towards Thy holy temple. (Ps. 5: 8)

At taking Holy Water

THOU shalt sprinkle me with hyssop, and I shall be cleansed:  
Thou shalt wash me, and I shall be made whiter than snow.  
Create a clean heart in me, O God:  
and renew a right spirit within my bowels. (Ps. 50: 9,12)

Before Work

LOOK upon Thy servants and upon their works: and direct their children.  
And let the brightness of the Lord our God be upon us:  
and direct Thou the works of our hands over us;  
yea, the work of our hands do Thou direct. (Ps. 89: 16-17)

In Thanksgiving (recite often)

WE give Thee thanks, Almighty God, for all Thy blessings:  
Who livest and reignest for ever and ever. Amen. (300 days trad.)

## PRAYERS TO BE RECITED EVERYDAY

As with the holy Rosary, these essential prayers should be recited every day ..

### Pater noster

**P**ATER noster,  
Qui es in coelis,  
sanctificétur nomen tuum.  
Advéniat regnum tuum,  
fiat volúntus tua,  
sicut in coelo et in terra.

Panem nostrum quotidiánum da nobis hódie,  
et dímítte nobis débíta nostra,  
sicut et nos dimíttimus debitóribus nostris.  
Et ne nos indúcas in tentatiónem :  
sed líbera nos a malo.  
Amen.

### Ave Maria

**A**VE María,  
grátia plena,  
Dóminus tecum.  
Benedicta tu in muliéribus,  
et benedictus fructus ventris tui, Iesus (*Christus*).

Sancta María,  
Mater Dei,  
oro pro nobis peccatóribus,  
nunc, et in hora mortis nostræ.  
Amen.

### Gloria Patri

(*Doxologia Minor*)

**GLÓRIA** Patri, et Filio, et Spíritui Sancto.  
Sicut erat in princípío,  
et nunc, et semper,  
et in sæcula sæculórum.  
Amen.

## PRAYERS TO BE RECITED EVERYDAY

And findeth them sleeping. And He saith: Simon, sleepest thou? couldst thou not watch one hour.

### The Lord's Prayer

**O**UR Father,  
Who art in heaven,  
hallowed be Thy Name.  
Thy kingdom come,  
Thy will be done.  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation:  
but deliver us from evil.  
Amen.

### The Angelic Salutation

**H**AIL Mary,  
full of grace,  
the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus (*Christ*).

Holy Mary,  
Mother of God,  
pray for us sinners,  
now, and at the hour of our death.  
Amen.

### Glory be

(*Lesser Doxology*)

**GLORY** be to the Father, and to the Son, and to the Holy Ghost.  
As it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### Symbolum Apostolorum ('Credo')

CREDO in Deum Patrem omnipotentem,  
Creatorem coeli et terrae.  
Et in Iesum Christum, Filium eius unicum, Dominum nostrum :  
qui conceptus est de Spiritu Sancto,  
natus ex Maria Virgine,  
passus sub Pontio Pilato,  
crucifixus, mortuus, et sepultus :  
descendit ad inferos :  
tertia die resurrexit a mortuis :  
ascendit ad coelos :  
sedet ad dexteram Dei Patris omnipotentis :  
inde venturus est iudicare vivos et mortuos.

Credo in Spiritum Sanctum,  
sanctam Ecclesiam Catholicam,  
Sanctorum Communionem,  
remissionem peccatorum,  
carnis resurrectionem,  
vitam aeternam. Amen.

### Salve Regina †

SALVE Regina, Mater misericordiae!  
Vita, dulcedo, et spes nostra, salve.  
Ad te clamamus, exsules filii Hevae.  
Ad te suspiramus,  
gementes et flentes in hac lacrimarum valle.

Eia ergo, Advocata nostra,  
illos tuos misericordes oculos ad nos converte.  
Et Iesum, benedictum fructum ventris tui,  
nobis post hoc exilium ostende.  
O clemens\*, o pia\*, o dulcis\* Virgo Maria!

℣. Ora pro nobis, Sancta Dei Genitrix.  
℞. Ut digni efficiamur promissionibus Christi. Amen.

### Angele Dei †

ANGELE Dei, qui custos es mei, me tibi commissum pietate superna  
hodie (*hac nocte*) illumina, custodi, rege et gubernare. Amen.

*Custodi a peccati macula me libera ; et in morte mea sit adiutor meus. Δ*

### Apostles' Creed

I BELIEVE in God the Father almighty,  
Creator of heaven and earth.  
And in Jesus Christ, His only Son, our Lord:  
Who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried:  
He descended into hell:  
the third day He rose from the dead:  
and ascended into heaven:  
and sitteth at the right hand of God, the Father almighty:  
from thence He shall come to judge the quick and the dead.

I believe in the Holy Ghost,  
the holy Catholic Church,  
the Communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

(5 years\* trad.)

### Hail Holy Queen †

HAIL Holy Queen, Mother of Mercy!  
Hail our life, our sweetness, and our hope.  
To thee do we cry, poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears.

Turn then, most gracious Advocate,  
thine eyes of mercy towards us,  
and after this, our exile, show unto us  
the blessed fruit of thy womb, Jesus.  
O clement\*, O loving\*, O sweet\* Virgin Mary!

℣. Pray for us, O Holy Mother of God.  
℞. That we may be made worthy of the promises of Christ. Amen.

(5 years\*† trad.)

### Angel of God †

ANGEL of God, my Guardian dear, to whom His love commits me here;  
ever this day (*this night*) be at my side, to light, to guard, to rule and guide. Amen.

(300 days\*† trad.)

*From stain of sin please keep me free; and at my death my helper be.*

\* By custom, one strikes the left breast.

**Sancte Michaël Archangele**  
**SANCTE** Michaël Archangele, defēde nos in proelio,  
 contra nequítiam et insídias diaboli esto praesídium.  
 Impéret illi Deus, súpplices deprecámur :  
 tuque, Princeps militiæ coeléstis,  
 Sátanam aliósque spíritus malignos,  
 qui ad perditionem animárum pervagántur in mundo,  
 divína virtúte, in inférnum detrúde.  
 Amen.

(Leo XIII)

#### Actus Fidei †

**DÓMINE** Deus, firma fide credo et confiteor ómnia et síngula quæ sancta Ecclésia Cath-  
 ólica propónit, quia tu, Deus, ea ómnia revelásti, qui es ætérna véritas et sapiéntia quæ nec  
 fallere nec falli potest. In hac fide vivere et mori státuo. Amen.

#### Actus Spei †

**DÓMINE** Deus, spero per grátiam tuam remissionem ómnium peccatórum, et post hanc  
 vitam ætérnam felicitatem me esse consecutúrum : quia tu promísisti, qui es infinite po-  
 tens, fidélis, benígnus, et miséricors. In hac spe vivere et mori státuo. Amen.

#### Actus Caritatis †

**DÓMINE** Deus, amo te super ómnia et próximum meum propter te, quia tu es summum,  
 infinitum, et perfectissimum bonum, omni dilectione dignum. In hac caritate vivere et  
 mori státuo. Amen.

#### Actus Contritionis †

**DEUS** meus, ex toto corde pænitet me ómnium meórum peccatórum, éaque detéstor,  
 quia peccándo, non solum poenas a te iuste statútas proméritis sum, sed praesértim quia  
 offéndi te, summum bonum, ac dignum qui super ómnia diligáris. Ideo firmiter propóno,  
 adiuvánte grátia tua, de cétero me non peccáturum peccandique occasiones próximas fug-  
 itúrum. Amen.

See also the Confiteor, p. 9

#### Benedictio Mensæ

**BENEDÍC**, Dómine, nos et hæc tua dona  
 quæ de tua largitate sumus sumptúri.  
 Per Christum Dóminum nostrum.

*Ante prandium :*

*Mensæ coeléstis partícipes fáciat nos, Rex æternæ gloriæ. Amen.*

*Ante cenam :*

*Ad cœnam vitæ æternæ perdúcat nos, Rex æternæ gloriæ. Amen.*

#### Benedictio postquam

**AGIMUS** tibi grátias, omnipotens Deus, pro univérsis beneficiis tuis,  
 qui vivis et regnas in sæcula sæculórum. Amen.

℣. Deus det nobis suam pacem.  
 ℞. Et vitam æternam. Amen.

#### St. Michael the Archangel

**SAINT** Michael the Archangel, defend us in *(the hour of)* battle,  
 be our safe-guard against the wickedness *(malice)* and snares of the devil.  
 May God restrain him, we humbly pray:  
 and do thou, O Prince of the heavenly host,  
 by the power of God, thrust Satan down to hell,  
 and with him all the other wicked spirits,  
 who wander *(roam; prowl)* through the world,  
 seeking the ruin *(destruction)* of souls. Amen.

(3 years \* trad.)

#### An Act of Faith † (literal translation)

**O** LORD my God, with a firm faith I believe and confess each and every thing that the  
 Holy Catholic Church teaches, because Thou, my God, hast revealed all these things,  
 Who is eternal truth and wisdom, Who canst neither deceive nor be deceived. In this  
 Faith, I resolve to live and to die. Amen.

#### An Act of Hope † (literal translation)

**O** LORD my God, I hope through Thy grace to obtain the forgiveness of all my sins and  
 after this life eternal happiness, because Thou hast promised, Who is infinitely powerful,  
 faithful, kind, and merciful. In this hope, I resolve to live and to die. Amen.

#### An Act of Charity † (literal translation)

**O** LORD my God, I love Thee above all things and love my neighbour because of Thee,  
 because Thou art the greatest, infinite, and most perfect good, worthy of all my love. In  
 this charity, I resolve to live and to die. Amen.

#### An Act of Contrition † (literal translation)

**O** MY God, from all my heart I am sorry for all my sins, and I detest them, not only be-  
 cause in sinning, I deserve the penalties that Thou hast justly established, but especially  
 because I have offended Thee, Who art the greatest good, and worthy beyond all my love.  
 Therefore I firmly purpose, with the help of Thy grace, from henceforth to sin no more  
 and flee the next occasions of sinning. Amen.

3 years \* † for each act of theological virtue or contrition made devoutly (if of valid formula);  
 See also the Confiteor, p. 9; trad. indulgences

#### Blessing of the Table ('Grace')

**BLESS** us, O Lord, and these Thy gifts  
 which we are about to receive from Thy bounty,  
 through Christ our Lord. Amen.

*Before lunch, add:*

*May the King of ever-lasting glory make us partakers of the heavenly table. Amen.*

*Before dinner, add:*

*May the King of ever-lasting glory lead us to the banquet of life eternal. Amen.*

#### Blessing after the meal

**WE** give Thee thanks, almighty God, for all Thy benefits,  
 Who livest and reignest for ever and ever. Amen.

℣. May the Lord grant us His peace.  
 ℞. And life everlasting. Amen.



\*\*\*\*\*  
THE ANGELUS DOMINI & REGINA COELI

Daily: 6:00 A.M. – 12:00 P.M. – 6:00 P.M.  
\*\*\*\*\*

℣. Angelus Dómini nuntiávit Mariæ ;  
℞. Et concépit de Spíritu Sancto.

**Ave María ..**

℣. Ecce ancilla Dómini.  
℞. Fiat mihi secúndum verbum tuum.

**Ave María ..**

℣. ET VERBUM CARO FACTUM EST.

(Here genuflect on one knee)

℞. Et habitávit in nobis.

**Ave María ..**

℣. Ora pro nobis, sancta Dei Génitrix.  
℞. Ut digni efficiámur promissionibus Christi.

Orémus.

GRÁTIAM tuam, quæsumus, Dómine, méntibus nostris infúnde ; ut qui, Angelo nuntián-  
te, Christi Filii tui incarnatióem cognóvimus, per passióem eius et crucem, ad resurrecti-  
ónis glóriam perducámur. Per eúndem Christum Dóminum nostrum. Amen.

℣. Divinum auxiliúium máneat semper nobíscum ;  
℞. Et fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.

.....

**Regina coeli**

Regína coeli, lætáre, allelúia :  
Quia quem meruísti portáre, allelúia,  
Resurrexit, sicut dixit, allelúia.  
Ora pro nobis Deum, allelúia.

℣. Gaude et lætáre, Virgo María, allelúia.  
℞. Quia surrexit Dóminus vere, allelúia.

Orémus.

DEUS, qui per resurrectiόnem Filii tui, Dómini nostri Iesu Christi, mundum lætificáre dig-  
nátus es : præsta, quæsumus, ut per eius Genitricem Virgínem Mariám, perpétuæ capiámus  
gáudia vitæ. Per eúndem Christum Dóminum nostrum. Amen.

(ex B.R.)

**INDULGENCES:**

The faithful who at dawn, at noon and at eventide, or as soon thereafter as may be, devoutly recite the Angelis, or at Eastertide the Regina coeli, with the appropriate versicles and prayers, or who merely say the Hail Mary five (5) times, may gain: an indulgence of 10 years each time; Plenary on the usual condition if this they persevere in this dev-  
out practise for a month. (Traditional indulgence, The Raccolta, 1957 ed. #331)



\*\*\*\*\*  
THE ANGELUS DOMINI & REGINA COELI

Daily: 6:00 A.M. – 12:00 P.M. – 6:00 P.M.  
\*\*\*\*\*

℣. The Angel of the Lord declared unto Mary;  
℞. And she conceived of the Holy Ghost.

**Hail Mary ..**

℣. Behold the hand-maid of the Lord.  
℞. Be it done unto me according to Thy Word.

**Hail Mary ..**

℣. AND THE WORD WAS MADE FLESH.

(Here genuflect on one knee)

℞. And dwelt amongst us.

**Hail Mary ..**

℣. Pray for us, O holy Mother of God.  
℞. That we may be made worthy of the promises of Christ.

Let us pray.

POUR forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the in-  
carnation of Christ Thy Son, wast made known by the message of an Angel, may, by His Pas-  
sion and Cross, be brought to the glory of His Resurrection. Through the same Christ our  
Lord. Amen.

℣. May the Divine assistance remain always with us;  
℞. And may the souls of the faithful departed, by the mercy of God, rest in peace.

.....

**Regina Coeli**

Queen of Heaven, rejoice, alleluia:  
For He Whom thou didst merit to bear, alleluia,  
Hath risen, as He said, alleluia.  
Pray for us to God, alleluia.

℣. Rejoice and be glad, O Virgin Mary, alleluia,  
℞. Because the Lord is truly risen indeed, alleluia.

Let us pray.

O GOD, Who by the Resurrection of Thy Son, our Lord Jesus Christ, hast vouchsafed to  
make glad the whole world: grant, we beseech Thee, that, through the intercession of the  
Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same  
Christ our Lord. Amen.

**TRADITIONAL CUSTOM:**

The Angelus is recited throughout the year at dawn, noon and dusk (6:00 A.M. -12:00 P.M. ~ 6:00 P.M.); during  
Paschal-time (from Midday, Holy Saturday to Midday on the Saturday preceding the Feast of the Most Holy Trinity,  
inclusive), the Regina Coeli is said in its place. The Angelus is traditionally prayed kneeling, except from Saturday  
evening until Sunday evening (inclusive) when it is recited standing. The Regina Coeli is always prayed standing.

## EVENING PRAYERS

.....  
We should never neglect our night prayers.

First, it is only proper that, when the day is over, we return thanks to God for His help and protection during the day, even for the crosses He may have sent to prove and sanctify us; ..  
.....

IN ✠ Nómine Patris, et Filii, et Spíritus Sancti.

℣. Dómine, lábia mea apéries,  
℞. Et os meum annuntiábit láudem tuam.

℣. Deus, in adiutórium meum inténde.  
℞. Dómine, ad adiuvándum me festína.

GLÓRIA Patri, et Filio, et Spíritui Sancto.  
Sicut erat in principio, et nunc, et semper, et in sæcula sæculórum. Amen.

### Actus adorationis et gratiarum

TE DEUM Patrem ingénitum, te Filium unigénitum, te Spíritum Sanctum Paraclítum, sanctam et indivíduam Trinitátem, toto corde et ore confitémur, laudámus, atque benedicimus : tibi glória in sæcula.

℣. Benedicamus Patrem et Filium cum Sancto Spíritu.  
℞. Laudémus et superexaltémus eum in sæcula.

OMNÍPOTENS sempitérne Deus, qui dedisti fámulis tuis in confessióne veræ fidei, ætérnæ Trinitátis glóriam agnóscere, et in poténtia maiestátis adoráre Unitátem : quæsumus, ut eiúsdem fidei firmitáte ab ómnibus semper muniámur advérsis. Per Christum Dóminum nostrum. Amen.

(ex Missali Romano)

### II Oratio Fatimæ (Oratio Angeli)

SANCTÍSSIMA Trinitas : Pater, Filius et Spiritus Sanctus, profundissime te adoro. Offero tibi pretiosissimum Corpus et Sanguinem, animam et divinitatem Jesu Christi qui præsens est in omnibus tabernaculis totius mundi, in reparationem contumeliarum omnium, sacrilegiorum et indifferentiæ quibus offenditur. Per infinita merita Sacratissimi Cordis Jesu et Immaculatæ Cordis Mariæ conversionem peccatorum peto. Amen.

Sanctus Deus, Sanctus fortis, Sanctus immortalis, miserere nobis.  
(Trisagion)

BENEDÍCTIO, et cláritas, et sapiéntia et gratiárum actio,  
honor, virtus et fortitúdo  
Deo nostro in sæcula sæculórum. Amen.

(Apoc. VII, 12)

*Fiat volúntas tua!*

AGIMUS tibi grátias, omnípotens Deus, pro univérssis beneficiis tuis :  
Qui vivis et regnas in sæcula sæculórum. Amen.  
*Deus meus et ómnia!*

### Psalmus CXVI

LAUDÁTE Dóminum, omnes gentes : laudáte eum, omnes pópuli.  
Quóniam confirmáta est super nos misericórdia eius :  
et véritas Dómini manet in ætérnum.

Gloria Patri ..

## EVENING PRAYERS

.....  
.. and secondly, we ought to offer up fervent supplications that we may be protected from harm while we rest. Each night may be our last one here below.

We should think of this when saying our evening prayers.  
.....

IN ✠ the Name of the Father, and of the Son, and of the Holy Ghost.

℣. Thou, O Lord, shalt open my lips,  
℞. And my tongue shall announce Thy praise.

℣. O God come to my assistance,  
℞. O Lord, make haste to help me.

GLORY be to the Father, and to the Son, and to the Holy Ghost.  
As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Acts of Adoration & Thanksgiving

O GOD, unbegotten Father, only-begotten Son, Holy Ghost and Comforter, holy and undivided Trinity, with our whole heart and lips we confess Thee, we praise Thee, and we bless Thee. To Thee be glory forever.

℣. Let us bless the Father and the Son with the Holy Ghost.  
℞. Let us praise Him and exalt Him above all forever.

ALMIGHTY and everlasting God, Who hast given unto us Thy servants, by the profession of the true faith, to acknowledge the glory of the eternal Trinity, and, in the power of Thy divine Majesty, to worship the Unity; we beseech Thee, that by our stead-fastness in the same faith, we may evermore be defended from all adversities. Through Christ.. Amen.

(5 years\* trad.)

### 2nd Fatima Prayer (Angel's Prayer)

MOST Holy Trinity, Father, Son and Holy Ghost, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. Amen.

Holy God, Holy Strong, Holy Immortal, have mercy on us.  
(500 days\* trad.)

BLESSING and glory and wisdom and thanksgiving,  
honour, might and power  
be unto our God for ever and ever. Amen.  
*Thy will be done!*  
(500 days\* trad.)

WE give Thee thanks, Almighty God, for all Thy blessings:  
Who livest and reignest for ever and ever. Amen.  
*My God, and my all!*  
(300 days trad.)  
(300 days trad.)

### Psalm 116

O PRAISE the Lord, all ye nations: praise him, all ye people.  
For his mercy is confirmed upon us:  
and the truth of the Lord remaineth for ever.

Gloria be ..

(500 days\* trad.)



\*\*\*\*\*  
**EXAMINATION OF CONSCIENCE**

*Pause a moment and consider where and in what company you have been this day.  
Call to mind the sins committed against God, neighbour or self; and reflect whether you have  
fulfilled the duties of your state of life.*

*Offenses against God: Omission or negligence in religious duties; irreverence and wilful distractions  
in prayer; lack of confidence and resignation; cursing, swearing, etc.*  
\*\*\*\*\*

**Libera Me, Domine Iesu**

**LÍBERA** me, Dómine Iesu Christe, ab ómnibus iniquitatibus meis et universis malis, fac me  
tuis semper inhærere mandátis et a te numquam separári permittas. Amen.

*(ex Missali Romano)*

**DULCÍSSIME** Iesu, non sis mihi Iudex, sed Salvátor.

*(S. Hieronymus Æmilianus)*

*Te ergo quæsumus, tuis fámulis súbveni,  
quos pretióso Sanguine redemisti.*

*(ex Te Deum Hymno Ambrosiano)*

**Confiteor**

**CONFÍTEOR** Deo omnipoténti, beátæ Mariæ semper Virgini, beáto Michaëli Archángelo,  
beáto Joanni Baptístæ, sanctis Apóstolis Petro et Paulo, et ómnibus Sanctis : quia peccávi  
nimis cogitatione, verbo et ópere : (*pectus ter percutiens*) mea culpa, mea culpa, mea máxima  
culpa. Ideo precor beátam Mariam semper Virginem, beátum Michaëlem Archángelum,  
beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, et omnes Sanctos, oráre  
pro me ad Dóminum Deum nostrum.

*(ex M. R.)*

Misereátur nostri omnípotens Deus, et dimíssis peccátis nostris, perdúcat nos ad vitam æt-  
érnam.

Indulgéntiam, ✠ absolutionem, et remissionem peccatórum nostrórum tríbuat nobis omní-  
potens et miséricors Dóminus. Amen.

**PSALMUS L**

*In finem. Psalmus David,*

*cum venit ad eum Nathan propheta, quando intravit ad Bethsabée. (... Truncated; see p.41 for full text)*

**MISERÉRE**, mei, Deus, secúndum magnam misericórdiam tuam ; et secúndum multitudin-  
em miserationum tuarum, dele iniquitatem meam. Amplius lava me ab iniquitate mea, et a  
peccáto meo munda me. Quóniam iniquitatem meam ego cognósco, et peccátum meum con-  
tra me est semper.

Tibi soli peccávi, et malum coram te feci ; ut justificéris in sermónibus tuis, et vincas cum iud-  
icáris. Ecce enim in iniquitatibus concéptus sum, et in peccátis concépit me mater mea. Ecce  
enim veritatem dilexisti ; incérta et occúlta sapiéntiæ tuæ manifestásti mihi. Aspérge me  
hyssópo, et mundábor ; lavábis me, et super nivem dealbábor. Audítui meo dabis gáudium et  
lætítiam, et exsultábunt ossa humiliata.

Avérte faciém tuam a peccátis meis, et omnes iniquitátes meas dele ... Ne projicias me a fácie  
tua, et spiritum sanctum tuum ne áuferas a me. Redde mihi lætítiam salutáris tui, et spírítu  
principáli confirma me ... Sacrificium Deo spírítus contribulátus ; cor contrítum et humiliá-  
tum, Deus, non despicias (...).

**Gloria Patri ..**

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**EXAMINATION OF CONSCIENCE**

*Against neighbour: Want of obedience or respect; scandal, hatred, quarreling; stealing, injuries; lies,  
false reports; jealousy, desire of revenge, etc.*

*Against self: Vanity, human respect; thoughts, desires or language against purity; intemperance in  
eating or drinking; laziness and neglect of one's duties.*  
\*\*\*\*\*

**Deliver Me, Lord Jesus**

**DELIVER** me, O Lord Jesus Christ, from all my iniquities and from every evil, make me ever  
to hold fast to Thy commandments and never allow me to be separated from Thee.

*(5 years\* trad.)*

**SWEETEST** Jesus, be not my judge, but my Saviour.

*(300 days\* trad.)*

*We therefore pray Thee, help Thy servants:  
Whom Thou hast redeemed with Thy Precious Blood.*

*(300 days trad.)*

**The Confiteor**

**I CONFESS** to Almighty God, to blessed Mary ever-Virgin, to blessed Michael the Arch-  
angel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints  
that I have sinned exceedingly, in thought, word and deed: (*strike breast, thrice*) through my  
fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary  
ever-Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter  
and Paul, and all the Saints, to pray to the Lord our God for me.

*(If said with a contrite & humble heart, and sorrow for one's sins: 300 days; 500 days before Communion; trad.)*

May the Almighty and merciful God forgive me my sins and bring me to everlasting life.

May the Almighty and merciful God grant me pardon, ✠ absolution, and remission of all my  
sins. Amen.

**PSALM 50**

*Miserere. The repentance and confession of David after his sin.*

*The fourth penitential psalm. (... Truncated; see pp.41-42 for full text)*

**HAVE** mercy on me, O God, according to thy great mercy. And according to the multitude  
of thy tender mercies blot out my iniquity. Wash me yet more from my iniquity, and cleanse  
me from my sin. For I know my iniquity, and my sin is always before me.

To thee only have I sinned, and have done evil before thee: that thou mayst be justified in  
thy words and mayst overcome when thou art judged. For behold I was conceived in iniqui-  
ties; and in sins did my mother conceive me. For behold thou hast loved truth: the uncertain  
and hidden things of thy wisdom thou hast made manifest to me. Thou shalt sprinkle me  
with hyssop, and I shall be cleansed: thou shalt wash me, and I shall be made whiter than  
snow. To my hearing thou shalt give joy and gladness: and the bones that have been humbled  
shall rejoice.

Turn away thy face from my sins, and blot out all my iniquities ... Cast me not away from thy  
face; and take not thy holy spirit from me. Restore unto me the joy of thy salvation, and  
strengthen me with a perfect spirit ... A sacrifice to God is an afflicted spirit: a contrite and  
humbled heart, O God, thou wilt not despise (...).

**Gloria be ..**

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PRAYERS FOR THE LIVING  
\*\*\*\*\*

**Oratio ad Spiritum Sanctum pro Ecclesia**

O CREÁTOR Sancte Spiritus, adesto propitius Ecclesiæ catholicæ eámque contra inimicórum incúrsus tua supérna virtúte róboras et confirma, tua caritatē et grátia spiritum famulórum tuórum, quos unxisti, rénova, ut in te clarificent Patrem Filúmque eius Unigénitum Iesum Christum Dóminum nostrum. Amen.

*Concéde Dómine Ecclesiæ tuæ sacerdotes sanctos et religiosos fervéntes. Δ*

**Oratio pro omnibus gradibus intus Ecclesiam**

OMNÍPOTENS sempitérne Deus, cuius Spíritu totum corpus Ecclesiæ sanctificátur, et régitur : exáudi nos pro univérsis ordinibus supplicántes ; ut grátia tuæ múnere, ab ómnibus grádibus fidéliter serviátur. Per Christum Dóminum nostrum.

**Pro amici nostri**

DEUS, qui caritatís dona per grátiam Sancti Spiritus tuórum fidélium córdibus infudisti : da famulís et famulábus tuis, pro quibus tuam deprecámur cleméntiam, salútem mentis et córporis ; ut te tota virtúte diligant, et quæ tibi plácita sunt, tota dilectióne perficiant. Per Dóminum nostrum Iesum Christum Filium tuum, qui tecum vivit et regnat in unitáte eiúsdem Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

*Retribúere dignáre, Dómine, ómnibus nobis bona faciéntibus propter nomen tuum vitam ætérnam. Amen.*

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PRAYERS FOR THE DEPARTED  
\*\*\*\*\*

**Pater noster ... Ave Maria ...**

**PSALMUS CXXIX**

*Canticum graduum.*

DE profúndis clamávi ad te, Dómine : Dómine, exáudi vocem meam : Fiant aures tuæ intendéntes, in vocem deprecationis meæ. Si iniquitatés observáveris, Dómine : Dómine, quis sustinébit? Quia apud te propitiatio est : et propter legem tuam sustinui te, Dómine. Sustínuit ánima mea in verbo eius : sperávit ánima mea in Dómino.

A custódia matutína usque ad noctem : speret Israël in Dómino. Quia apud Dóminum misericórdia : et copiósa apud eum redemptió. Et ipse rédimet Israël, ex ómnibus iniquitatibus eius.

℣. Dómine, exáudi oratióem meam.

℞. Et clamor meus ad te véniat.

Orémus.

FIDÉLIUM, Deus, ómnium cónditor et redemptor : animábus famulórum famularúmque tuárum remissionem cunctórum tribue peccatórum : ut indulgéntiam, quam semper optáverunt, piis supplicatióibus consequántur. Qui vivis et regnas in sæcula sæculórum. Amen.

℣. Réquiem ætérnam dona eis, Dómine.

℞. Et lux perpétua lúceat eis :

℣. Requiescant in pace.

℞. Amen.

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PRAYERS FOR THE LIVING  
\*\*\*\*\*

**Prayer to the Holy Ghost for the Church**

O HOLY Ghost, Creator, propitiously help the Catholic Church, and by Thy heavenly power, strengthen and confirm it against the assaults of the enemy; by Thy charity and grace, renew the spirit of Thy servants whom Thou hast anointed, that in Thee they may glorify the Father and His only-begotten Son, Jesus Christ our Lord. Amen.

O Lord, grant unto Thy Church saintly priests and fervent religious. (300 days trad.)

(300 days trad.)

**Prayer for all Degrees within the Church**

ALMIGHTY and everlasting God, by Whose Spirit the whole body of the Church is sanctified and governed; mercifully hear our humble supplications for all degrees and orders therein; that, by the gift of Thy grace, all in their several stations may faithfully serve Thee. Through Christ our Lord.

**For our Friends**

O GOD, Who by the grace of the Holy Ghost, hast poured the gifts of charity into the hearts of Thy faithful, grant to Thy servants and handmaids, for whom we entreat Thy mercy, health of mind and body: that they may love Thee with all their strength and, by perfect love, may [cheerfully] do what is pleasing to Thee. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the same Holy Ghost, God, world without end.

*May it please Thee, O Lord, to reward with eternal life all those who do good to us for Thy Name's sake. Amen.*

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PRAYERS FOR THE DEPARTED  
\*\*\*\*\*

**Our Father ... Hail Mary ...**

**PSALM 129**

*De profundis.*

OUT of the depths I have cried unto Thee, O Lord: Lord, hear my voice. Let Thine ears be attentive to the voice of my supplication. If Thou, O Lord, shalt mark our iniquities: O Lord, who can abide it? For with Thee there is mercy: and by reason of Thy law I have waited on Thee, O Lord. My soul hath waited on His word: my soul hath hoped in the Lord.

From the morning watch even unto night: let Israel hope in the Lord. For with the Lord there is mercy: and with Him is plenteous redemption. And He shall redeem Israel from all his iniquities.

℣. O Lord, hear my prayer.

℞. And let my cry come unto Thee.

Let us pray.

O GOD, the Creator and Redeemer of all the faithful; grant to the souls of Thy servants and handmaidens departed the remission of all their sins, that by our pious supplications they may obtain that pardon which they have ever desired. Who livest and reignest world without end. Amen.

℣. Eternal rest grant unto them, O Lord.

℞. And let perpetual light shine upon them.

℣. May they rest in peace.

℞. Amen.

(3 years \*, or 5 years during November; trad.)

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 PRAYERS OF PETITION & FOR PROTECTION  
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℣. Ecce Crucem Dómini, fúgite partes adversæ.  
 ℞. Vicit Leo de tribu Iuda, radix David.  
 ℣. Fiat misericórdia tua, Dómine, super nos.  
 ℞. Quemádmódum sperávimus in te.

DIGNÁRE, Dómine, die isto (*nocte ista*),  
 sine peccáto nos custodíre.  
 Miserére nobis Dómine.  
 Miserére nobis.

Fiat misericórdia tua, Dómine, super nos,  
 quemádmódum sperávimus in te.

℣. Dómine, ✠ exaudi oratiómem meam.  
 ℞. Et clamor meus ad te véniat.

VÍSITA, quæsumus Dómine, habitatiómem istam, et omnes insídias inimíci ab ea longe repélle : Ángeli tui sancti hábitent in ea, qui nos in pace custódiant ; et benedictio tua sit super nos semper. Per Christum Dóminum nostrum. Amen.  
 (ex *Breviario Romano*)

*Salva nos, Dómine, vigilántes, custódi nos dormiéntes,  
 ut vigilémus cum Christo, et requiescámus in pace.*

Pietate tua

PIETÁTE tua, quæsumus Dómine, nostrórum solve víncula peccatorum, et intercedénte beáta sempérque Virgine Dei Genitrice María cum beáto Ioseph ac beátis Apóstolis tuis Petro et Paulo et ómnibus Sanctis, nos fámulos tuos et loca nostra in omni sanctitáte custódi ; omnes consanguinitáte, affinitáte ac familiaritáte nobis conjúctos a vítiis purga, virtútibus illústra ; pacem et salútem nobis tribue ; hostes visibiles et invisibiles rémove ; carnália desideria repélle ; áërem salúbrem indúlge, amicis et inimicis nostris caritátem largire ; Urbem tuam custódi ; Pontíficem nostrum N. consérva ; omnes Prælátos, Príncipes cunctumque pópulum cristiánum ab omni adversitate defénde. Benedictio tua sit super nos semper ; et ómnibus fidélibus defunctis réquiem ætérnam concéde. Per Christum Dóminum nostrum. Amen.

Sub Tuum Præsidium ✠

SUB tuum præsidium confúgimus, Sancta Dei Génitrix; nostras deprecatiónes ne despicias in necessitatibus nostris, sed a periculis cunctis libera nos semper, Virgo gloriósa et benedicta.

℣. Dignáre me laudáre te, Virgo sacráta ;  
 ℞. Da mihi virtútem contra hostes tuos.  
 ℣. Benedictus Deus in Angelis suis, et in Sanctis suis.  
 ℞. Amen.

Invocatio Familiæ Sancti

IESU, María, Ioseph, vobis cor et ánimam meam dono.  
 Iesu, María, Ioseph, adstáte mihi in extrémó agóne.  
 Iesu, María, Ioseph, in pace vobíscum dórmiam et requiescam

\*\*\*\*\*  
 PRAYERS OF PETITION & FOR PROTECTION  
 \*\*\*\*\*

℣. Behold the Cross of the Lord; be scattered ye hostile powers.  
 ℞. The Lion of the tribe of Judah has conquered, the root of David.  
 ℣. Let Thy mercies be upon us, O Lord.  
 ℞. As we have hoped in Thee.

VOUCHSAFE, O Lord, this day (*night*),  
 to keep us without sin.  
 Have mercy upon us, O Lord.  
 Have mercy upon us.  
 Let Thy mercy be upon us, O Lord,  
 as we have hoped in Thee.

℣. O Lord, ✠ hear my prayer.  
 ℞. And let my cry come unto Thee.

VISIT, we beseech Thee, O Lord, this dwelling, and drive far from it all snares of the enemy; Let Thy holy Angels dwell herein, to preserve us in peace; and may Thy blessing be always upon us. Through Christ our Lord. Amen.

(5 years\* trad.)

*Save us, O Lord, when we are awake, and keep us while we sleep,  
 that we may watch with Christ, and rest in peace.*

Of Thy Tender Mercy

OF Thy tender mercy, we beseech Thee, O Lord, loose the bonds of our sins, and through the intercession of Mary, the blessed and ever-Virgin Mother of God, together with that of Saint Joseph and Thy blessed Apostles Peter and Paul, and of all Thy Saints, keep us Thy servants and our dwelling places in all holiness; cleanse from sin and endue with virtue all those who are joined to us by kindred, affinity and friendship; grant unto us peace and safety; remove far from us our enemies, both visible and invisible; repress all our carnal desires; grant us wholesome air; bestow Thy charity upon our friends and enemies; guard Thy city; preserve our Pontiff N.; defend all prelates and princes and Thine entire Christian people from every adversity. Let Thy blessing be evermore upon us, and do Thou grant unto all the faithful departed rest everlasting. Amen.

(3 years\* trad.)

We Fly to Thy Patronage ✠

WE fly to thy patronage, O holy Mother of God! despise not our petitions in our necessities, but deliver us always from all dangers, O ever glorious and blessed Virgin.

(5 years\* ✠ trad.)

℣. Vouchsafe that I may praise thee, O sacred Virgin;  
 ℞. Give me strength against thine enemies.  
 ℣. Blessed be God in His angels and in His saints.  
 ℞. Amen.

(300 days\* trad.)

Invocation of the Holy Family

JESUS, Mary, and Joseph, I give thee my heart and my soul.  
 Jesus, Mary, and Joseph, assist me in my last agony.  
 Jesus, Mary, and Joseph, let me breathe forth my spirit in peace with thee.

(7 years\*, each time; trad.)

\*\*\*\*\*  
BEFORE RETIRING  
\*\*\*\*\*

**Te lucis ante terminum**

TE lucis ante términum,	Procul recédant sómnia,
Rerum Creátor póscimus,	Et nóctium phantásmata ;
Ut pro tua cleméntia	Hostémque nostrum cómprime,
Sis præsul et custódia.	Ne polluéntur córpora.

Præsta, Pater piíssime,  
Pátrique compar Unice,  
Cum Spíritu Paráclito  
Regnans per omne sæculum.

(St. Ambrosi, attrib.; ex B.R.)

**PSALMUS CXXX**

*Canticum graduum David.*

**DÓMINE**, non est exaltátum cor meum, neque élati sunt óculi mei, neque ambulávi in magnis, neque in mirábilibus super me. Si non humiliter sentiébam, sed exaltávi ánimam meam ; sicut ablactátus est super matre sua, ita retribútio in ánima mea. Speret Israël in Dómino, ex hoc nunc et usque in sæculum.

**Gloria Patri ..**

**Nunc dimittis**

**NUNC** dimíttis servum tuum Dómine, secúndum verbum tuum in pace : quia vidérunt óculi mei salutáre tuum, quod parásti ante faciém ómnium populórum : lumen ad revelati-ónem géntium, et glóriam plebis tuæ Israël.

(S. Luc. II, 29-32)

*Benedictio*

**BENEDÍCAT** et custodiat

nos omnípotens et misericors Dóminus,  
Pater, Filius, et Spíritus Sanctus. Amen.

*In manus tuas, Dómine, comméndo spíritum meum.*

(Ps. XXX, 6)

**Salve Regina †**

**SALVE** Regína, Mater misericórdiæ!

Víta, dulcédo, et spes nostra, salve.

Ad te clamámus, éxsules filii Hevæ.

Ad te suspirámus,  
geméntes et flentes in hac lacrimárum valle.

Eia ergo, Advocáta nostra,  
illos tuos misericórdes óculos ad nos convérte.

Et Iesum, benedictum fructum ventris tui,  
nobis post hoc exsílum osténde.

O clemens\*, o pia\*, o dulcis\* Virgo María!

Ÿ. Ora pro nobis, Sancta Dei Génetrrix.

℞. Ut digni efficiámur promissiónibus Christi. Amen.



\*\*\*\*\*  
BEFORE RETIRING  
\*\*\*\*\*

**Before the end of Day**

<b>BEFORE</b> the end of the day,	From all ill dreams defend our eyes,
Creator of the world, we pray	From nightly fears and fantasies;
That with Thy wonted favour Thou	Tread under foot our ghostly foe,
Wouldst be our guard and keeper now.	That no pollution we may know.

O Father, that we ask be done,  
Through Jesus Christ, Thine only Son;  
Who, with the Holy Ghost and Thee,  
Doth live and reign eternally.

(Tr. J.M. Neale)

**PSALM 130**

*Domine, non est. The prophet's humility.*

**LORD**, my heart is not exalted: nor are my eyes lofty. Neither have I walked in great matters, nor in wonderful things above me. If I was not humbly minded, but exalted my soul: As a child that is weaned is towards his mother, so reward in my soul. Let Israel hope in the Lord, from henceforth now and for ever.

**Glory be ..**

**The Nunc Dimittis**

**NOW** thou dost dismiss thy servant, O Lord, according to thy word in peace; because my eyes have seen thy salvation, which thou hast prepared before the face of all peoples: A light to the revelation of the gentiles, and the glory of thy people Israel.

(St. Luke 2: 29-32)

*Blessing*

**MAY** the almighty and merciful Lord,  
Father, and Son, and Holy Ghost,  
bless and preserve us. Amen.

*Into Thy hands O Lord, I commend my spirit.*

(Ps. 30:6; 500 days\* trad.)

**Hail Holy Queen †**

**HAIL** Holy Queen, Mother of Mercy!

Hail our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve.

To thee do we send up our sighs,  
mourning and weeping in this valley of tears.

Turn then, most gracious Advocate,  
thine eyes of mercy towards us,

and after this, our exile, show unto us

the blessed fruit of thy womb, Jesus.

O clement\*, O loving\*, O sweet\* Virgin Mary!

Ÿ. Pray for us, O Holy Mother of God.

℞. That we may be made worthy of the promises of Christ. Amen.

(5 years\* † trad.)

## PRAYERS FOR THE SEASONS

### ADVENT

*The four weeks of Advent are set apart by the Church to commemorate the ages that intervened between the fall of our first parents and the birth of Christ which we celebrate at Christmas (i.e. Christ's Mass). It is a Season of special prayer and penance mingled with joyful expectation, and calculated to fit our souls for a worthy keeping of this great solemnity.*

ANT: Consolámini, consolámini, pópule meus :

Cito véniet salus tua :  
Quare mærore consuëris,  
Quia innovávit te dolor?  
Salvábo te, noli timére,  
Ego enim sum Dóminus Deus tuus,  
Sanctus Israël, Redemptor tuus.

℣. Roráte coeli désuper.

℞. Et pluant justum.

Orémus.

DEUS, qui nos redemptionis nostræ ánnua expectatióne lætíficas : præsta, ut Unigénitum tuum, quem Redemptórem læti suscipimus, veniéntem quoque júdicem secúri videámus, Dóminum nostrum Jesum Christum Filium tuum : Qui vivit et regnat in sæcula sæculórum. Amen.

### CHRISTMASTIDE

*This joyful season extends from Christmas Eve to Septuagesima; and during it the Church is rejoicing over the happiness of possessing its Saviour. It commemorates the ..*

ANT: Ecce advénit Dominátor Dóminus : et regnum in manu ejus,  
et potéstas, et impérium.

℣. Deus, júdicium tuum regi da :

℞. Et justítiam tuam Filio regis.

Orémus.

CONCÉDE, quæsumus, omnípotens Deus : ut nos Unigéniti tui nova per carnem Natívas liberet : quos sub peccáti jugo vetústa sérvitus tenet.

DA nobis, quæsumus, omnípotens Deus : ut, qui nova incarnáti Verbi tui luce perfúndimur ; hoc in nostro respléndeat ópere, quod per fidem fulget in mente. Per eúndem Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.



## PRAYERS FOR THE SEASONS

### ADVENT

*Advent is also the beginning of the ecclesiastical year, and as each succeeding year brings us closer to the second coming of Christ as Judge of the world, this holy time is likewise intended to make us ready to meet our Judge.*

*(All commentaries taken from the Blessed Be God Prayerbook, pp.253-257.)*

ANT: Be comforted, be comforted, my people:

thy salvation cometh quickly:  
why with grief art thou consumed?  
for sorrow hath stricken thee:  
I will save thee, fear not:  
for I am the Lord thy God,  
the Holy One of Israel, thy Redeemer.

℣. Drop dew, ye heavens, from above.

℞. And let the clouds rain the Just.

Let us pray.

O GOD, Who dost gladden us by the annual expectation of our Redemption, grant that we, who now receive with joy Thine only-begotten Son as our Redeemer, may behold Him with-out fear when He comes as our judge, even the same Lord Jesus Christ Thy Son, Who liveth and reigneth for ever and ever. Amen.

### CHRISTMASTIDE

*.. birth of our Lord (Christ's Mass) and the manifestations of His divinity which were exhibited in His infancy, the coming of the Magi, His baptism, teaching & miracles.*

ANT: Behold the Lord the Ruler is come: and the Kingdom is in His Hand,  
and power, and dominion.

℣. Give to the King Thy judgement, O God.

℞. And to the King's son Thy justice.

Let us pray.

GRANT, we beseech Thee, almighty God, that the new birth of Thine only-begotten Son in the flesh may set us free, who are held by the old bondage under the yoke of sin.

GRANT us, we beseech Thee, almighty God, that we on whom the new light of Thine Incarnate Word is poured, may show forth in our works that brightness which now doth illuminate our minds by faith. Through the same Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, for ever and ever. Amen.





## SEPTUAGESIMA & LENT

With Septuagesima ('seventieth' day; the 9th Sunday before Easter) the joys of Christmas-tide are brought to a close. The happy celebration wherein the Church has been recalling the birth of the Redeemer now gives way towards the sorrowful events of the Saviour's Passion and Death.

The three weeks from Septuagesima to Lent ('Pre Lent') constitute a period of transition from a time of joy to one of sadness. With Ash Wednesday the great penitential season ..



ANT: Dómine, non secúndum peccáta nostra quæ fédimus nos, neque secúndum iniquitátes nostras retribuit nobis. Dómine! ne memínaris iniquitátum nostrarum antiquarum ; cito anticipent nos misericórdiæ tuæ, quia páuperes facti sumus nimis.

Ÿ. Adjúva nos, Deus, salutáris noster ;  
et propter glóriam nóminis tui, Dómine, libéra nos.  
R. Et propítius esto peccátis nostris, propter Nomen tuum.

Orémus.

DEUS, qui Ecclésiám tuam ánnua quadagesimáli observatióne puríficas : præsta familiæ tuæ : ut, quod a te obtinére abstinéndo nítitur, hoc bonis opéribus exsequátur. Per Christum Dóminum nostrum. Amen.

## PASSIONTIDE

The last two weeks of Lent, beginning with Passion Sunday and terminating with Easter Saturday, form the season which is known as Passiontide. It is really a continuation and the conclusion of Lent. ..

ANT: Nos autem gloriári opórtet in cruce Dómini nostri Jesu Christi : in quo est salus, vita et resurréctio nostra : per quem salváti et liberáti sumus.

Ÿ. Parce, Domine, parce populo tuo.  
R. Quos pretioso Sanguine redemisti.

Orémus.

DEUS, quem diligere et amáre justítia est, ineffábilis grátia tuæ in nobis dona multi-plica : et qui fecisti nos in morte Filii tui speráre quæ crédimus ; fac nos eódem resur-génte pervenire quo téndimus. Qui vivit et regnat in sæcula sæculórum. Amen.

## SEPTUAGESIMA & LENT

.. of the year begins. This time of Lent is marked by three distinctive features:

1. It is a period for serious reflection on death and its issues, joined, consequently, with prayer & works of mortification in imitation of our Saviour's fast of 40 days in the desert;
2. It is a time especially adapted to repentance & amendment of life, as in ancient days it was the season when the Catechumens & penitents prepared for Baptism and absolution;
3. It is a prolonged vigil, fitting us to celebrate worthily the great week of the Passion and the Feast of feasts of the Resurrection.

ANT: O Lord, repay us not according to the sins we have committed or according to our iniquities. O Lord, remember not our former transgressions:  
let Thy mercies speedily prevent us, for we are becoming poor.

Ÿ. Help us, O God our Saviour,  
and for the glory of Thy Name, O Lord, deliver us.  
R. And forgive us our sins for Thy Name's sake.

Let us pray.

O GOD, Who dost purify Thy Church by the yearly observance of forty days; grant to Thy household that what we strive to obtain from Thee by self denial, we may secure by good works. Through Christ our Lord. Amen.



## PASSIONTIDE

.. During this time, and especially throughout Holy Week, the Church is picturing to us the scenes of our Saviour's Passion and Death, and inculcating the lessons which these sorrowful events are intended to teach, while praying that we may have a share in the fruits of the Redemption and the joy of the Resurrection.

ANT: It behooves us to glory in the Cross of our Lord Jesus Christ, in Whom is our salvation, life and resurrection, by Whom we are saved and delivered.

Ÿ. Spare, O Lord, spare Thy people.  
R. Whom Thou hast redeemed with Thy Precious Blood.

Let us pray.

O GOD, Whom to love above all is righteousness, multiply in us the gifts of Thy ineffable grace; and since Thou hast given us, in the death of Thy Son, to hope for those things which we believe, grant us by the Resurrection of the same to attain the end to which we aspire. Who liveth and reigneth for ever and ever. Amen.



## EASTERTIDE

*After the forty days of Lent comes the Paschal season, extending from Easter to Trinity Sunday. It commemorates the Resurrection, or Christ's victory over death, ..*

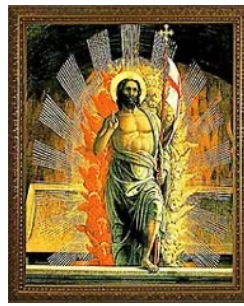
ANT: Si consurrexistis cum Christo : quæ sursum sunt quærite,  
ubi Christus est in dextera Dei sedens. Allelúia.

℣. Hæc est dies quam fecit Dominus. Allelúia.  
℞. Exsultemus, et lætemur in ea. Allelúia.

Orémus.

DEUS, qui nos Resurrectiónis Dóminicæ ánnua solemnitáte lætíficas : concéde propítius ; ut per temporália festa, quæ ágimus, pervenire ad gáudia ætérna mereámur.

PRÆSTA, quæsumus, omnípotens Deus : ut, qui paschália festa perégimus ; hæc, te largiénte, móribus et vita tenéamus. Per Christum Dóminum nostrum. Amen.



## EASTERTIDE

*.. the forty days after the Resurrection, His entrance into glory, and finally, on the fiftieth day, the coming of the Holy Ghost and the birthday of the Church.*

ANT: If you be risen with Christ, seek the things that are above,  
where Christ is sitting at the right hand of God. Alleluia.

℣. This is the day which the Lord hath made. Alleluia.  
℞. Let us be glad and rejoice therein. Alleluia.

Let us pray.

O GOD, Who dost every year fill us with holy gladness when year by year we solemnise the Resurrection of the Lord, mercifully grant that these feast-days now will make us worthy of the happiness of heaven.

GRANT, we beseech Thee, almighty God, that we who have celebrated the Paschal Feast, may, by Thy bounty, retain its fruits in our daily habits and behaviour. Through Christ our Lord. Amen.

.....

## SEASON AFTER PENTECOST

*Ed: The longest of the Ecclesiastical seasons, resplendent with the most wonderful feasts.*

Sanctus, Sanctus, Sanctus Dóminus Deus Sábaoth :  
pleni sunt coeli et terra glória tua.  
Hosánna in excélsis.

Benedíctus ✠ qui venit in nómine Dómini.  
Hosánna in excelsis.

## Gloria in excelsis Deo

(Doxologia Major)

^^GLÓRIA in excélsis Deo, et in terra pax homínibus bonæ voluntátis.^ Laudámus te, benedicimus te^, adorámus te, glorificámus te^, grátias ágimus tibi propter magnam glóriam tuam, Dómine Deus, Rex coeléstis, Deus Pater omnípotens. Dómine Fili Unigénite^, Iesu Christe, Dómine Deus, Agnus Dei, Filius Patris, qui tollis peccáta mundi, miserére nobis ; qui tollis peccáta mundi, ^^súscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserére nobis. Quóniam tu solus Sanctus, tu solus Dóminus, tu solus Altíssimus,^ Iesu Christe, ✠ cum Sancto Spíritu : in glória Dei Patris. Amen.

^ arcus ; ^ ad libitum ; ^^ inclino (ex M. R.)



## SEASON AFTER PENTECOST

*Ed: The longest of the Ecclesiastical seasons, resplendent with the most wonderful feasts.*

Holy, Holy, Holy, Lord God of hosts.  
Heaven and earth are filled with Thy glory.  
Hosanna in the highest.

Blessed ✠ is He Who cometh in the Name of the Lord.  
Hosanna in the highest.

## The Gloria

(The Greater Doxology)

^^GLORY be to God on high, and on earth peace to men of good will.^ We praise Thee, we bless Thee^, we adore Thee, we glorify Thee. We give Thee^ thanks for Thy great glory. O Lord God, King of Heaven, God the Father almighty. O Lord^ Jesus Christ, the only-begotten Son. O Lord God, Lamb of God, Son of the Father, Thou Who takest away the sins of the world, have mercy on us. Thou Who takest away the sins of the world, ^^receive our prayer. Thou Who sittest at the right hand of the Father, have mercy on us. For Thou alone art holy, Thou alone art Lord, Thou alone art most high, O^ Jesus Christ, ✠ with the Holy Ghost, in the glory of God the Father. Amen.

^ bow the head; ^ optional; ^^ incline

## PRAYERS FOR THE DAYS OF THE WEEK

*An edited precis of prayers & devotions for each day of the week, in keeping with traditional devotional practises of giving specific praise to God and His Saints in a weekly cycle.*

### SUNDAY

#### The Most Blessed Trinity

**ANT:** Benedicra sit sancta Creatrix et Gubernatrix omnium, sancta et individua Trinitas, nunc, semper, et per infinita sæcula sæculorum.

℣. Benedicamus Patrem et Filium cum Sancto Spiritu.

℟. Laudemus et superexaltemus eum in sæcula.

Orémus.

**OMNÍPOTENS** sempitérne Deus, qui dedisti fámulis tuis in confessióne veræ fidei, æternæ Trinitátis glóriam agnóscere, et in poténtia maiestátis ad-oráre Unitátem : quæsumus, ut eiúsdem fidei firmitáte ab ómnibus semper muniámur advérsis. Per Christum Dóminum nostrum. Amen.

#### Omnipotencia Patris

**OMNIPOTÉNTIA** Patris, ádiuva fragilitátem meam et e profúndo miseríæ éripe me.

Sapiéntia Filii, dirige cogitatiónes, verba et actiões meas omnes.

Amor Spíritus Sancti, esto cunctárum ánimæ meæ operatiónum princípium, quo iúgiter sint divino beneplácito confórmes. Amen.

*Doce me, Dómine, fácere voluntátem tuam, quia Deus meus es Tu.*

*(Psalmus CXLII, 10)*

#### Sanctus

**SANCTUS**, Sanctus, Sanctus Dóminus Deus Sábaoth : pleni sunt cœli et terra glória tua.

*(ex M.R.: Trinity Sunday)*

Glória Patri, et Filio, et Spíritui Sancto.

Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum.

.....

### MONDAY

#### The Holy Ghost & Souls in Purgatory

**VENI**, Sancte Spíritus, reple tuórum corda fidélium, et tui amóris in eis ignem accénde.

℣. Emítte Spíritum tuum et creabúntur ;

℟. Et renovábis fáciem terræ.

Orémus :



## PRAYERS FOR THE DAYS OF THE WEEK

*An edited selection of prayers for each day of the week in accord with traditional devotional practises of giving specific praise to God and His Saints in a weekly cycle.*

### SUNDAY

#### The Most Blessed Trinity

**ANT:** Blessed be the holy Creator and Ruler of all things, the sacred and undivided Trinity, now and always, through infinite ages and ages.

℣. Let us bless the FATHER, SON, and HOLY GHOST.

℟. Let us praise and exalt Him forever.

Let us pray.

**ALMIGHTY** and everlasting God, Who hast given unto us Thy servants, by the profession of the true faith, to acknowledge the glory of the eternal Trinity, and, in the power of Thy divine Majesty, to worship the Unity; we beseech Thee, that by our stead-fastness in the same faith, we may evermore be defended from all adversities. Through Christ our Lord. Amen.

#### Omnipotence of the Father

**O POWER** of the Father, support my weakness and deliver me from the abyss of my misery;

O wisdom of the Son, do Thou direct all my thoughts, words and works;

O love of the Holy Ghost, penetrate all the operations of my soul so that they may be ever in harmony with Thy divine pleasure.

*(500 days trad.)*

*Teach me, O Lord, to do Thy will, for Thou art my God.*

*(500 days \* trad.)*

#### Canticle of the Seraphim

**HOLY**, Holy, Holy, Lord God of hosts! the heavens and the earth are full of Thy glory.

*(500 days \* trad.)*

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end.

.....

### MONDAY

#### The Holy Ghost & Souls in Purgatory

**COME** Holy Ghost, fill the hearts of Thy faithful and kindle in them the fire of Thy love.

℣. Send forth Thy Spirit and they shall be created,

℟. And Thou shalt renew the face of the earth.

Let us pray:

DEUS, qui corda fidélium Sancti Spiritus illustratióne docuisti : da nobis in eódem Spíritu recta sápere, et de eius semper consolatióne gaudére. Per Christum Dóminum nostrum. Amen.

### Gloria Patri ..

SANCTI Spíritus, Dómine, corda nostra mundet infúsió :  
et sui roris íntima aspersione foecúndet.

(ex M.R.)

### Concede, quæsumus

CONCÉDE, quæsumus, omnípotens Deus, Sanctum nos Spíritum votis promeréri sédulis, quátenus eius grátia et ab ómnibus liberémur tentatióibus, et peccatórum nostrórum indulgéntiam percípere mereámur. Per Christum Dóminum nostrum. Amen.

ANT: Ego sum resurrectio et vita.  
Qui credit in Me, étiam si mórtuus fúerit, vivet ;  
et omnis, qui vivit et credit in me, non moriétur in ætérnum.

Ÿ. Audivi vocem de cœli, dicéntem mihi :  
R. Beáti mórtui, qui in Dómino moriúntur.

### Orémus.

FIDÉLIUM, Deus, ómnium cónditor et redémptor : animábus famulórum famularúmque tuárum remissionem cunctórum tribue peccatórum : ut indulgéntiam, quam semper optavérunt, piis supplicatióibus consequántur. Qui vivis et regnas in unitáte Spíritus Sancti, Deus, per omnia sæcula sæculórum. Amen.

(ex M.R.)

Ÿ. Réquiem ætérnam dona eis, Dómine.  
R. Et lux perpétua luceat eis :  
Ÿ. Requiéscant in pace.  
R. Amen.

.....

## TUESDAY

### The Holy Angels

ANT: Angeli, Archángeli,  
Throni et Dominatióes, Principátus et Potestátes,  
Virtútes cœlórum, Chérubim atque Séraphim,  
Dóminum benedicite in ætérnum.

(ex M.R.)

Ÿ. Benedícite omnes ángeli Dómini Dóminum.  
R. Hymnum dicite et superexaltáte eum in sæcula.

### Orémus.

DEUS, Qui miro órdine Angélorum ministéria hominúmque dispénsas : concéde propítius, ut a quibus tibi ministrántibus in cœlo semper assístitur, ab his in terra vita nostra muniátur. Per Christum Dóminum nostrum. Amen.

(ex M.R.)



O GOD, Who hast taught the hearts of the faithful by the light of the Holy Ghost, grant, we beseech Thee, that by the gift of the same Spirit, we may be always truly wise, and ever rejoice in His consolation. Through Christ our Lord. Amen.

### Glory be ..

(5 years\* trad.)

MAY the outpouring of the Holy Ghost purify our hearts, O Lord,  
and by the inward sprinkling of His heavenly dew may they be made fruitful.

(500 days\* trad.)

### Grant, We Beseech Thee

GRANT, we beseech Thee, Almighty God, that we may so please Thy Holy Spirit by our earnest entreaties, that we may by His grace both be freed from all temptations and merit to receive the forgiveness of our sins. Through Christ our Lord. Amen.

(5 years\* trad.)

ANT: I am the Resurrection and the Life.  
He that believeth in Me, although he be dead, shall live;  
and every one that liveth and believeth in Me shall not die forever.

Ÿ. I heard a voice from heaven, saying to me:  
R. Blessed are the dead, who die in the Lord.

### Let us pray.

O GOD, the Creator and Redeemer of all the faithful, grant to the souls of Thy servants and haindmaids departed the remission of all their sins: that through pious supplications, they may obtain that pardon, which they have always desired. Who livest and reignest, God the Father, in the unity of the Holy Ghost, God, for ever and ever. Amen.

Ÿ. Eternal rest grant unto them, O Lord.  
R. And let perpetual light shine upon them.  
Ÿ. May they rest in peace.  
R. Amen.

(300 days; trad. applicable to the holy souls)

.....

## TUESDAY

### The Holy Angels

ANT: Ye Angels and Archangels,  
ye Thrones and Dominations, ye Principalities and Powers,  
ye Virtues of the heavens, Cherubim and Seraphim,  
bless ye the Lord for ever.

(300 days\* trad.)

Ÿ. All ye angels of the Lord, bless the Lord.  
R. Sing a hymn and exalt Him above all forever.

### Let us pray.

O GOD, Who in a wonderful order dost distribute the ministries of angels and men, mercifully grant that as Thy holy angels ever wait upon Thee to do Thee service in heaven, so our lives may be defended by them upon earth. Through Christ our Lord. Amen.

### Invocatio Novem Chori Angelici

**SANCTI Angeli**, in omni tempore custodi nos in hac vita periculosa ;  
Sancti **Archangeli**, duces viae nostrae ad coelum esto ;  
Coelestis chorus de **Principatus**, anima et corpore nos gubernare ;  
Serva nos, potentes **Potestates**, ab insidiis daemonum ;  
Coelestes **Virtutes**, da nobis virtutem et fortitudinem in pugna vitae ;  
**Dominiones** potentes, obtine nobis dominium super carnis nostrae rebellionem ;  
Sancti **Thrones**, dona nobis pacem cum Deo et cum homine ;  
Praeclara **Cherubim**, mentes nostras coelesti scientia illustra ;  
**Ardens Seraphim**, accendite in cordibus nostris caritatis ignem. Δ

*One may like to add a 'Glory be' after each invocation ..*

.....

### WEDNESDAY

#### St. Joseph

ANT: De quacumque tribulatione clamaverint ad me,  
exaudiam eos, et ero protector eorum semper.

℣. Impetra pro nobis, Joseph, vitam innocentem ducere.  
℞. Et tua semper sit tuta patrocinio. Δ

Orémus.

**DEUS**, qui ineffabili providentia beatum Joseph sanctissimae Genetricis tux sponsum eligere dignatus es : praesta, quaesumus ; ut, quem protectorem veneramur in terris, intercessorem habere mereamur in caelis : Qui vivis et regnas in saecula saeculorum. Amen.

*Iacob autem genuit Ioseph virum Mariae,  
de qua natus est Iesus, qui vocatur Christus.*

(S. Matt. I, 16)

#### Oratio ad S. Ioseph pro puritate

**VIRGINUM** Custos et Pater, Sancte Ioseph, cuius fideli custodiae ipsa Innocentia, Christus Iesus, et Virgo virginum Maria commissa fuit, te per hoc utrumque carissimum pignus Iesum et Mariam obsecro et obtestor, ut me ab omni immunditia praeservatum mente incontaminata, puro corde et casto corpore Iesu et Mariae semper facias castissime famulari. Amen.

**FAC** nos innocuam, Ioseph, decurrere vitam,  
sitque tuo semper tuta patrocinio.

(ex M. R.)

*Ite ad Ioseph!*

.....

### Invocation of the Nine Angelic Choirs

**O HOLY Angels**, watch over us at all times during this perilous life;  
O holy **Archangels**, be our guides on the way to heaven;  
O heavenly choir of the **Principalities**, govern us in soul and in body;  
O mighty **Powers**, preserve us against the wiles of the demons;  
O celestial **Virtues**, give us strength and courage in the battle of life;  
O powerful **Dominions**, obtain for us dominion over the rebellion of our flesh;  
O sacred **Thrones**, grant us peace with God and with man;  
O brilliant **Cherubim**, illumine our minds with heavenly knowledge;  
O burning **Seraphim**, enkindle in our hearts the fire of charity.

*.. or the Our Father – Hail Mary – Glory be at conclusion.*

.....

### WEDNESDAY

#### St. Joseph

ANT: In whatever tribulation they shall cry to me,  
I will hear them and be their protector always.

℣. Obtain for us, O Joseph, to lead an innocent life.  
℞. And may it ever be safe through thy patronage.

Let us pray.

**O GOD**, Who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the husband of Thy most holy Mother, mercifully grant that, as we venerate him for our protector on earth, we may deserve to be aided by his intercession in heaven. Who livest and reignest for ever and ever. Amen.

*And Jacob begot Joseph the husband of Mary,  
of whom was born Jesus, who is called Christ.*

#### Prayer to St. Joseph for Purity

**GUARDIAN** of virgins, and holy father Joseph, to whose faithful custody Christ Jesus, Innocence itself, and Mary, Virgin of virgins, were committed ; I pray and beseech thee, by these dear pledges, Jesus and Mary, that, being preserved from all uncleanness, I may with spotless mind, pure heart and chaste body, ever serve Jesus and Mary most chastely all the days of my life. Amen.

*(3 years\* ; 7 years on Wednesdays and during March; trad.)*

**HELP** us, Saint Joseph, in our earthly strife,  
ever to lead a pure and blameless life.

*(300 days\* trad.; see Notes)*

*Go to Joseph!*

.....

## THURSDAY

### The Most Blessed Sacrament

**ANT:** O Sacrum convivium, in quo Christus sumitur : recolitur memoria passionis eius ; mens impletur gratia et futurae gloriæ nobis pignus datur.

Ÿ. Panem de coelo præstitisti eis ;  
R. Omne delectamentum in se habentem.

Orémus.

**DEUS**, qui nobis sub Sacraménto mirábili Passiónis tuæ memoriám reliquisti ; tribue, quæsumus, ita nos Córporis et Sanguinis tui sacra mystéria venerári, ut redemptionis tuæ fructum in nobis iúgiter sentiámus : Qui vivis et regnas in sæcula sæculórum. Amen.

**LAUDÉTUR** et adorétur omni mómento sanctissimum et divinissimum Sacraméntum!

### Ave verum Corpus natum

**AVE** verum Corpus natum  
De María Virgine :  
Vere passum, immólatum  
In Cruce pro hómine :  
Cúius latus perforátum  
Fluxit aqua et sángine :  
Esto nobis prægustátum  
Mortis in exámine.

O clemens,  
O dulcis Jesu,  
Fili Mariæ.

(Innocent VI, attrib.)

### Pange, lingua, gloriosi

**PANGE**, lingua, gloriosi  
Córporis mystérium,  
Sanguinique pretiósí,  
quem in mundi pretium  
fructus ventris generósi  
Rex effúdit géntium. ↓

Nobis datus, nobis natus  
ex intácta Virgine,  
et in mundo conversátus,  
sparso verbi sémíne,  
sui moras incolátus  
miro clausit órđine.

In suprémae nocte cenæ  
récumbens cum frátribus  
observáta lege plene  
cibis in legálibus,  
cibum turbæ duodénæ  
se dat suis mánibus.

Verbum caro, panem verum  
verbo carnem éfficit :  
fitque sanguis Christi merum,  
et si sensus déficit,  
ad firmándum cor sincerum  
sola fides súfficit.

Tantum ergo Sacraméntum  
venerémur cernui :  
et antiquum documéntum  
novo cedat rítui :  
præstet fides suppléméntum  
sensuum deféctui.

Genitori, Genitóque  
laus et iubilatio,  
salus, honor, virtus quoque  
sit et benedictio :  
procedenti ab utróque  
compar sit laudátio. Amen.



## THURSDAY

### The Most Blessed Sacrament

**ANT:** O sacred banquet in which Christ is received, the memory of His Passion is recalled, the soul is filled with grace, and the pledge of future glory is given us.

Ÿ. Thou hast given them Bread from heaven,  
R. Containing all manner of sweetness.

Let us pray.

**O GOD**, Who hast left us, in this wonderful Sacrament, a perpetual memorial of Thy Passion, grant us, we beseech Thee, so to reverence the sacred mysteries of Thy Body and Blood that we may ever find in our souls the fruit of Thy Redemption, Who livest and reignest, for ever and ever. Amen.

(7 years; 10 years if recited before the Blessed Sacrament; trad.)

**O SACRAMENT** most holy; O Sacrament Divine!

All praise and all thanksgiving be every moment Thine!

(300 days\*; 3 years if recited in the presence of the Blessed Sacrament; trad.)

### Hail to Thee! True Body Sprung

**HAIL** to Thee! True Body, sprung  
From the Virgin Mary's womb!  
The same that on the cross was hung,  
And bore for man the bitter doom.

Thou, Whose side was pierced and flow'd  
Both with Water and with Blood;  
Suffer us to taste of Thee,  
In our life's last agony.

Son of Mary,  
Jesu blest!  
Sweetest, gentlest, holiest!

(Tr: Fr. E. F. Garesche, SJ)

### Sing, My Tongue

**SING**, my tongue, the Saviour's glory,  
of His flesh the mystery sing;  
of the Blood, all price exceeding,  
shed by our immortal King,  
destined, for the world's redemption,  
from a noble womb to spring. ↓

Of a pure and spotless Virgin  
born for us on earth below,  
He, as Man, with man conversing,  
stayed, the seeds of truth to sow;  
then He closed in solemn order  
wondrously His life of woe.

On the night of that Last Supper,  
seated with His chosen band,  
He the Pascal victim eating,  
first fulfills the Law's command;  
then as Food to His Apostles  
gives Himself with His own hand.

Word-made-Flesh, the bread of nature  
by His word to Flesh He turns;  
wine into His Blood He changes;—  
what though sense no change discerns?  
Only be the heart in earnest,  
Faith her lesson quickly learns.

Down in adoration falling,  
Lo! the sacred Host we hail;  
Lo! o'er ancient forms departing,  
newer rites of grace prevail;  
Faith for all defects supplying,  
where the feeble senses fail.

To the everlasting Father,  
and the Son Who reigns on high,  
with the Holy Ghost proceeding  
forth from Each eternally,  
be salvation, honour, blessing,  
might and endless majesty. Amen.



.....

## FRIDAY

### The Passion of Christ

ANT: O vos omnes qui transitis per viam, attendite,  
et videte si est dolor sicut dolor meus.

Ÿ. Adoramus Te, Christe, et benedicimus te ;  
R. Quia per sanctam Crucem tuam redemisti mundum.

Orémus.

DÓMINE Iesu Christe, Fili Dei vivi, qui hora sexta pro redemptione mundi Crucis patibulum ascendisti, et Sanguinem tuum pretiosum in remissionem peccatorum nostrorum fudisti ; te humiliter deprecamur, ut post obitum nostrum paradisi januas nos gaudenter introire concedas : Qui vivis et regnas in saecula saeculorum. Amen.

(ex M.R.)

### Deus, Qui pro redemptione mundi

DEUS, Qui pro redemptione mundi voluisti nasci, circumcidi, a Iudaeis reprobari, a Iuda traditore osculo tradi, vinculis alligari, sicut agnus innocens ad victimam duci atque conspectibus Annae, Caiphae, Pilati et Herodis indecenter offerri, a falsis testibus accusari, flagellis et opprobriis vexari, sputis conspui, spinis coronari, colaphis caedi, arundine percuti, facie velari, vestibus exui, Cruci clavis affigi, in Cruce levari, inter latrones deputari, felle et aceto potari et lancea vulnerari, Tu, Domine, per has sanctissimas poenas tuas, quas ego indignus recolo, et per sanctam Crucem et Mortem tuam, libera me a poenis inferni et perducere digneris, quo perduxisti latronem tecum Crucifixum. Qui cum Patre et Spiritu Sancto vivis et regnas Deus per omnia saecula saeculorum. Amen.

Pater noster .. Ave Maria .. Gloria Patri .. (quinquies)

CRUX mihi certa salus.  
Crux est quam semper adoro.  
Crux Domini mecum.  
Crux mihi refugium.

(S. Thom. Aquinas)

DÓMINE, tibi gratias ago quod in Cruce pro meis peccatis mortuus es. Δ

(S. Paulus a Cruce)

PER signum Crucis de inimicis nostris libera nos, Deus noster.

(ex B.R.)

O CRUX, ave, spes unica.

*Passio Sancti Domini nostri Iesu Christi, salva nos ;  
Sacra Corda Iesu et Mariae, defende nos. Δ*



.....

## FRIDAY

### The Passion of Christ

ANT: O all ye who pass by the way, attend  
and see if there is any sorrow like unto my sorrow.

Ÿ. We adore Thee, O Christ, and we bless Thee.  
R. Because by Thy holy Cross Thou hast redeemed the world.

Let us pray.

O LORD Jesus Christ, Son of the living God, Who at the sixth hour didst mount the gibbet of the Cross for the Redemption of the world and didst shed Thy Precious Blood that our sins might be washed away, we humbly beseech Thee that after our death Thou wouldst suffer us to pass with joy through the gates of heaven. Who livest and reignest world without end. Amen.

(5 years\* trad.)

### O God, Who for the Redemption of the World

O GOD, Who to redeem the world didst vouchsafe to be born amongst men, to be circumcised, rejected by the Jews, betrayed by the traitor Judas with a kiss, to be bound with cords and as an innocent lamb to be led to the slaughter; Who didst suffer Thyself to be shamefully exposed to the gaze of Annas, Caiphas, Pilate and Herod; to be accused by false witnesses, tormented by scourges and insults, crowned with thorns, smitten with blows, defiled with spittings, to have Thy divine Countenance covered, to be struck with a reed, to be stripped of Thy clothes, nailed to and raised high upon a Cross between two thieves, to be given gall and vinegar to drink, and then pierced with a lance; do Thou, O LORD, by these most sacred sufferings, which I, unworthy as I am, yet dare to contemplate, by Thy holy Cross and bitter Death, free me from the pains of hell, and vouchsafe to bring me to Paradise, whither Thou didst lead the penitent thief who wast crucified with Thee, my Jesus, Who with the Father and the Holy Ghost livest and reignest for ever and ever. Amen.

Our Father .. Hail Mary .. Glory Be .. (five times)

(3 years\*; 5 years on Lenten Fridays; trad.)

THE Cross is my sure salvation.  
The Cross I ever adore;  
The Cross of our Lord is with me;  
The Cross is my refuge.

(300 days\* trad.)

LORD, I give Thee thanks for that Thou didst die upon the Cross for my sins.

(300 days\* trad.)

BY the sign of the holy Cross, deliver us from our enemies, O our God.

(3 years\* trad.)

HAIL, O Cross, our only hope.

(500 days trad.)

*Holy Passion of our Lord Jesus Christ, save us;  
Sacred Hearts of Jesus & Mary, protect us.*

(Passion 'Red' Scapular)



.....

## SATURDAY

### The Blessed Virgin Mary

ANT: O Gloriosa Dei Génatrix, Virgo semper María, quæ Dóminum ómnium  
meruisti portáre, et Regem Angelórum sola virgo lactáre :  
nostri, quæsumus pie memoráre et pro nobis semper Christum deprecáre ;  
ut, tuis fulti patrocíniis, ad coeléstia regna mereámur perveníre.

Ÿ. Sancta María, Mater Christi.  
R. *Exáudi súpplices fámuli tui. Δ*

Orémus.

CONCÉDE nos fámulos tuos, quæsumus, Dómine Deus, perpétua mentis et córporis sani-  
táte gaudére : et gloriósa beátæ Mariæ semper Virginis intercessióne, a præsénti liberári tris-  
títia, et æténa pérfrui lætítia. Per Christum Dóminum nostrum. Amen.  
(ex. *Litaníæ Lauretánæ*)

**Tota pulchra es, María**  
**TOTA** pulchra es, María,  
Et mácula originális non est in te.  
Tu glória Ierúsalem,  
Tu lætítia Israël,  
Tu honorificéntia pópuli nostri,  
Tu advocáta peccatórum.  
O María,  
O María,  
Virgo prudentíssima,  
Mater clementíssima,  
Ora pro nobis,  
Intercéde pro nobis, ad Dominum Iesum Christum.

*Benedicta es Tu, Virgo María,  
a Dómino Deo excélso,  
præ ómnibus muliéribus super terram.*

**Inviolata**  
**INVIOLATA**, integra, et casta es María,  
quæ es effecta fulgida cœli porta.  
O Mater alma Christi caríssima,  
suscipe pia laudum præconia.  
Te nunc flagitant devota corda et ora,  
nostra ut pura pectora sint et corpora.  
Tu per precata dulcisona,  
nobis concedas veniam per sæcula.  
O benigna! o Regina! o María, quæ sola inviolata permansisti.  
Post partum Virgo invioláta permansisti :  
Dei Génatrix, intercéde pro nobis.  
In æternum permánes Virgo.



.....

## SATURDAY

### The Blessed Virgin Mary

ANT: O glorious Mother of God, Mary, ever Virgin, who alone wast found worthy  
to bear the Lord of all, and though a virgin, to nurse the King of angels;  
be graciously mindful to us, we beseech thee, and pray to Christ for us, that we,  
being upheld by thy care, may deserve to attain to the heavenly kingdom.

Ÿ. Holy Mary, Mother of Christ.  
R. Hear thy humble servants who implore thee.

Let us pray.

GRANT, we beseech Thee, O Lord God, that we, Thy servants, may enjoy continual health  
of mind and body; and that through the glorious intercession of blessed Mary, ever Virgin,  
we may be delivered from present sorrow, and attain eternal happiness. Through Christ our  
Lord. Amen.

**Thou Art All Fair, O Mary**  
**THOU** art all fair, O Mary,  
The original stain is not in thee.  
Thou art the glory of Jerusalem,  
Thou, the joy of Israël,  
Thou, the great honour of our people  
Thou, the advocate of sinners.  
O Mary,  
O Mary,  
Virgin most prudent,  
Mother most merciful,  
Pray for us,  
Intercede for us with our Lord Jesus Christ.

(500 days trad.)

*Blessed art thou, O Virgin Mary,  
by the Lord God most high,  
above all women upon the earth.*

(300 days\* trad.)

**Inviolata**  
**THOU** art inviolate, undefiled, and chaste, O Mary.  
Thou hast been made the resplendent gate of heaven,  
O loving and dearest mother of Christ,  
Accept our devout acclamations in praise of thee.  
That our minds and bodies may be pure,  
Devoted hearts and lips now implore thee.  
Through thy sweet sounding prayers,  
Gain us pardon forever.  
O kind one, who alone didst remain inviolate.  
After child-birth thou didst remain a pure virgin:  
intercede for us, O Mother of God.  
Thou abidest a virgin forever.

## PRAYERS FOR THE MONTHS OF THE YEAR

### JANUARY

#### The Holy Name of Jesus

PARVULUS ENIM NATUS EST NOBIS, ET FILIUS DATUS EST NOBIS, ET FACTUS EST PRINCIPATUS SUPER HUMERUM EJUS : ET VOCABITUR NOMEN EJUS, ADMIRABILIS, CONSILIARIUS, DEUS, FORTIS, PATER FUTURI SÆCULI, PRINCEPS PACIS.

[ISAIAS 9:6]

ANT: Vocābis Nomen eius Iesum ;  
ipse enim saluum faciet pópulum suum a peccātis eórum, allelúia.

Ÿ. Sit Nomen Dómini benedictum, allelúia.

℞. Ex hoc nunc, et úsque in sæculum, allelúia.

Orémus.

DEUS, qui unigénitum Fílium tuum constituísti humáni géneris Salvatórem et Iesum vocári iussísti : concéde propítius, ut, cuius sanctum Nomen venerámur in terris, eius quoque adspéctu perfuámur in cœlis. Per eúndem Christum Dóminum nostrum. Amen.

(ex M.R.)

*Benedictum sanctíssimum Nomen Jesu in sæcula sæculórum! Δ*

*Suggestio : Gloria Patri .. (quinquies; see opposite)*

#### Oratio ad SS. Nomen Jesu

O BONE JESU! O piissime Jesu! O dulcissime Jesu! O Jesu, Fili Mariæ Virgínis, plene misericórdia et pietate! O dulcis Jesu, secundum magnam misericórdiam tuam miserére mei! O clementissimne Jesu! Te deprecor per illum Sanguinem pretiosum quem pro peccatóribus effundere voluisti, ut abluas omnes iniquitates meas, et in me respicias miserum et indignum humiliter venians petentem, et hoc Nomen sanctum Jesu invocantem.

O Nomen Jesu, Nomen dulce! Nomen Jesu, Nomen delectabile! Nomen Jesu, Nomen confortans! Quid est enim Jesus, nisi Salvator? Ergo, Jesu, propter Nomen sanctum tuum esto mihi Jesus, et salva me. Ne permittas me damnari, quem tu de nihilo creasti. O bone Jesu, ne perdat me iniquitas mea, quem fecit omnipotens bonitas tua! O dulcis Jesu, recognosce quod tuum est, et absterge quod alienum est. O benignissime Jesu, miserére mei, dum tempus est miserendi, ne damnes me in tempore judicandi. Non mortui laudabunt te, Dómine Jesu, neque omnes qui descendunt in infernum (Ps. CXIII, 25).

O amantissime Jesu! O desideratissime Jesu! O mitissime Jesu! O Jesu, Jesu, Jesu, admitte me intrare in numerum electorum tuorum. O Jesu, salus in te credentium ; o Jesu, solatiuin ad te confugientium. O Jesu, Fili Mariæ Virgínis, infunde in me gratiam, sapientiam, charitatem castitatem et humilitatem, ut possim te perfecte diligere, te laudare, te perfrui, tibi servire, et in te glóriari, et omnes qui invocant Nomen tuum, quod est Jesus. Amen.

#### Salutatio et Responsio

Ÿ. Laudétur Iesus Christus.

℞. In sæcula (vel, 'Amen').

Ÿ. Laudétur Iesus et María.

℞. Hódie et semper.

.....



## PRAYERS FOR THE MONTHS OF THE YEAR

### JANUARY

#### The Holy Name of Jesus

FOR A CHILD IS BORN TO US, AND A SON IS GIVEN TO US, AND THE GOVERNMENT IS UPON HIS SHOULDER: AND HIS NAME SHALL BE CALLED, WONDERFUL, COUNSELLOR, GOD THE MIGHTY, THE FATHER OF THE WORLD TO COME, THE PRINCE OF PEACE.

[ISAIAS 9:6]

ANT: Thou shalt call His Name Jesus,  
for He shall save His people from their sins, alleluia.

Ÿ. Blessed be the Name of the Lord, alleluia.

℞. Henceforth now and forevermore, alleluia.

Let us pray.

O GOD, Who didst appoint Thine only-begotten Son to be the Saviour of the human race, and didst command His Name to be called Jesus, grant propitiously that Him Whose holy Name we venerate on earth, we may behold in the glorious vision of heaven. Through the same Christ our Lord. Amen.

(5 years\* trad.)

*Blessed be the most holy Name of Jesus without end!*

*(300 days when added to the 'Glory be' doxology and each recited 5 times; trad.)*

#### Prayer to the Most Holy Name of Jesus

O GOOD JESUS! O most tender Jesus! O most sweet Jesus! O Jesus, Son of Mary the Virgin, full of mercy and kindness! O sweet Jesus, according to Thy great mercy, have pity on me! O most merciful Jesus, I entreat Thee by that Precious Blood of Thine, which Thou didst will to pour forth for sinners, to wash away all my iniquities, and to look upon me, poor and unworthy as I am, humbly asking pardon of Thee, and invoking this holy Name of Jesus.

O Name of Jesus, sweet Name! Name of Jesus, Name of joy! Name of Jesus, Name of strength! Nay, what meaneth the Name of Jesus but Saviour? Wherefore, O Jesus, by Thine own holy Name, be to me Jesus, and save me. Suffer me not to be lost, – me, whom Thou didst create out of nothing. O good Jesus, let not my iniquity destroy what Thy almighty goodness made. O sweet Jesus, recognise what is Thine own, and wipe away from me what is not of Thee! O most kind Jesus, have pity on me, while it is the time of pity, and condemn me not when it is the time of judgment. The dead shall not praise Thee, Lord Jesus, nor will those who go down into hell (Ps. 113:25).

O most loving Jesus! O Jesus, most longed for by Thine own! O most gentle Jesus! Jesus, Jesus, let me enter into the number of Thine elect. O Jesus, salvation of those who believe in Thee. Jesus, consolation of those who fly to Thee. Jesus, Son of Mary the Virgin, pour into me grace, wisdom, charity, chastity, and humility that I may be able perfectly to love Thee, to praise Thee, to enjoy Thee, to serve Thee, and make my boast in Thee, together with all those who invoke Thy Name, which is Jesus. Amen.

#### Salutation & Response (Christian Greeting)

Ÿ. Praised be Jesus Christ.

℞. Forever (or, 'Amen').

Ÿ. Praised be Jesus and Mary.

℞. Today and forever.

.....

## FEBRUARY

### The Holy Family

ANT: Jesu descendit cum eis, et venit Nazareth :  
et erat subditus illis.

℣. Beati qui habitant in domo tua, Domine ;  
℟. in sæcula sæculorum laudabunt te.

Orémus.

DÓMINE Jesu Christe, qui Mariæ et Joseph subditus domesticam vitam ineffabilibus virtutibus consecrasti : fac nos, utriusque auxilio, Familiæ sanctæ tuæ exemplis instrui ; et consortium consequi sempiternum : Qui vivis et regnas in sæcula sæculorum. Amen.

### Fac nos Domine Iesu

FAC nos, Dómine Iesu, sanctæ Familiæ tuæ exempla iugiter imitari, ut in hora mortis nostræ, occurrente glóriosa Virgine Matre tua cum beato Joseph, per te æterna tabernacula recipi mereamur : Qui vivis et regnas in sæcula sæculorum. Amen.

(ex M.R.)

IESU, Maria, Ioseph, vobis cor et animam meam dono.  
Iesu, Maria, Ioseph, adstáte mihi in extremo agóne.  
Iesu, Maria, Ioseph, in pace vobiscum dormiam et requiescam.

### Chaplet of the Holy Infant of Prague

*Whilst meditating on the goodness of the Infant Jesus:*

DIVÍNE Iesu Infántem, Crucem tuam adóro, et omnes cruces accípio, quas ad me mittere dignátus es. Adoránda Trinitas, te offéro ad glóriam Sancti Nóminis Dei, omnem adoratiónem Sanctíssimi Cordis Iesu Infántis. Δ

*Three times, in honour of the Holy Family of Jesus, Mary and Joseph:*

Et Verbum caro factum est et habitávit in nobis.

**Pater noster ..**

*Twelve times, in memory of the twelve years of Jesus and His Sacred Infancy:*

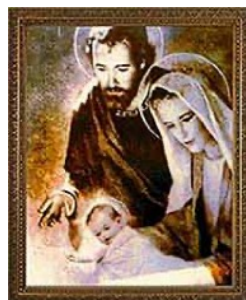
Et Verbum caro factum est et habitávit in nobis.

**Ave María ..**

*In conclusio :*

**Sancte Infans Jesu, bénedícat et custódiat nos. Δ**

Our Lord promised Ven. Sr. Marguerite that the faithful who recite this chaplet in memory of His Birth, His Flight into Egypt, & His Hidden Life at Nazareth, will be granted the special graces of purity of ..



## FEBRUARY

### The Holy Family

ANT: Jesus went down with them, and came to Nazareth,  
and was subject to them.

℣. Blessed are they that dwell in Thy house, O Lord.  
℟. They shall praise Thee forever and ever.

Let us pray.

O LORD Jesus Christ, Who, becoming subject to Mary and Joseph, didst hallow the life of the home by singular virtues, grant by the help of both that we may be instructed by the example of Thy Holy Family, and have fellowship with it forever. Who livest and reignest for all ages of ages. Amen.

### In Honour of the Holy Family (for a Happy Death)

GRANT unto us, Lord Jesus, ever to follow the example of Thy holy Family, that in the hour of our death Thy glorious Virgin Mother together with blessed Joseph may come to meet us, and we may be worthily received by Thee into everlasting dwellings: Who livest and reignest world without end. Amen.

(3 years\* trad.)

JESUS, Mary, and Joseph, I give thee my heart and my soul.  
Jesus, Mary, and Joseph, assist me in my last agony.  
Jesus, Mary, and Joseph, may I breathe out my soul in peace with thee.

(7 years\* trad.)

### Chaplet of the Holy Infant of Prague

*Whilst meditating on the goodness of the Infant Jesus:*

DIVINE Infant Jesus, I adore Thy Cross and I accept all the crosses Thou wilt be pleased to send me. Adorable Trinity, I offer Thee for the glory of the Holy Name of God, all the adoration of the Sacred Heart of the Holy Infant Jesus.

*Three (3) times, in honour of the Holy Family of Jesus, Mary & Joseph:*

And the Word was made flesh and dwelt amongst us.

**Our Father ..**

*Twelve (12) times, in memory of the twelve years of the Sacred Infancy:*

And the Word was made flesh and dwelt amongst us.

**Hail Mary ..**

*In conclusion:*

**Holy Infant Jesus, bless and protect us.**

.. heart & innocence. Further, they will be unfailingly assisted by His Divine Help in all their spiritual & temporal wants. Innumerable cures and miracles are attributed to authentic devotion to the Divine Child.

## MARCH

### Saint Joseph

IACOB AUTEM GENUIT IOSEPH VIRUM MARIAE,  
DE QUA NATUS EST IESU, QUI VOCATUR CHRISTUS.

[S. MATT. I, 18]

ANT: Vir fidelis multum laudabitur ;  
et qui custos est Dómini sui glorificabitur.

Ÿ. Ora pro nobis, Sancte Ioseph.  
R. Ut digni efficiámur promissionibus Christi.

Orémus.

DEUS, qui in ineffabili providéntia beátum Ioseph sanctíssimæ Genetrícis tuæ Sponsum eligere dignátus es, præsta, quæsumus, ut quem protectórem venerámur in terris, intercessórem habére mereámur in coelis : Qui vivis et regnas in sæcula sæculórum. Amen.

### Oratio ad S. Ioseph pro officio vitæ

O IOSEPH, virgo Pater Iesu, puríssime Sponse Virginis Mariæ, quotidie deprecáre pro nobis ipsum Iesum Fílium Dei, ut, armis suæ grátiae muniti legítimè certántes in vita, ab eódem coronémur in morte. Amen.

(St. Pius X)

IESU, María et bone Ioseph,  
benedicite nos nunc et in mortis agóne. Δ

### Commendatio ad S. Ioseph

O SANCTISSIME Joseph, Nutritie Iesu Christi, ego humillimus cliens tuus, animi et corporis mei custodiam, castitatemque singulariter tibi commendo et rogo te per paternam in Iesu custodiam, et puritatem tuam, ut me eidem Iesu Christo Filio tuo et Agno immaculato, ejusque vigilantissimæ Matri immaculatissimæque Virginum Virgini Mariæ commendare digneris, et ab omni graviore peccato custodire, nec permittas me ulla unquam impuritatis labe foedari, sed cum primum in tentatione et peccandi periculo constitutum me videbis, abige procul a corde meo cogitationes et affectus omnes immundos, et injecta memoria æternitatis et Christi crucifixi, imprime mihi medullitus, o mi sancte Joseph, sensum timoris Dómini, et divini amoris in me ignem accende. Amen.

.....

**The Miraculous Staircase of Loreto Chapel, New Mexico:** The reader may be interested in the staircase of Loreto Chapel, Sante Fe, NM. Accounts vary, however the gist is thus: in the late 19th C. the Sisters were having a chapel built and the architect died before completion, leaving no stairwell – nor any space for such – between the ground & choir loft, requiring the poor sisters to traverse up & down via rickety ladder. Consulting numerous carpenters, all declined the job saying, in short, “It’s impossible! The space is too small and the height is too high; sorry!” So... the sisters prayed a novena to St. Joseph and, on the last day, a travelling carpenter knocked on the door, introducing himself with a simple “I’ve been sent to build your staircase.” The mysterious man worked a number of months, using only ancient tools, requested no payment (neither for labour nor for wood) and ‘vanished’ as soon as the staircase was complete. That is just the start of the mystery: the spiral staircase is a marvel of engineering, held together by wooden pegs (it uses neither glue nor nails) and, by the most august calculation of applied physics, its **33 steps** rotate twice (i.e. 360° x 2) and distribute all weight to the first, ground based step. Modern carpenters are stupefied at how such a staircase could be made, even today with modern tools. No timber-yard supplied the wood, an exotic species native neither to the area, nor to anywhere else in the world.



## MARCH

### Saint Joseph

AND JACOB BEGOT JOSEPH THE HUSBAND OF MARY,  
OF WHOM WAS BORN JESUS, WHO IS CALLED CHRIST.

[ST. MATT. 1:18]

ANT: A faithful man will be much praised  
and he who is guardian of his Lord will be glorified.

Ÿ. Pray for us, O Blessed Joseph.  
R. That we may be made worthy of the promises of Christ.

Let us pray.

O GOD, Who, in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thy most holy Mother: grant, we beseech Thee, that we may deserve to have him as our intercessor in heaven, whom we venerate as our protector on earth; Who livest and reignest world without end. Amen.

### Prayer to St. Joseph for a Dutiful Life

O JOSEPH, virgin-father of Jesus, most pure Spouse of the Virgin Mary, pray for us daily to the Son of God, that, armed with the weapons of His grace, we may fight as we ought in life, and be crowned by Him in death. Amen.

(500 days trad.)

JESUS, Mary and good Joseph,  
bless us now and in the agony of death.

(300 days trad.)

### A Recommendation to St. Joseph

O MOST Holy Joseph, Nourisher of Jesus Christ, I, thy most humble client, commend to thee the custody of my soul, my body and my chastity, and I especially ask thee, through thy paternal care of Jesus, and by thy purity, that thou mayest deign to commend me to the same Jesus Christ, thy Son and the Immaculate Lamb, and to His most watchful Mother, the most Immaculate Virgin Mary, and protect me from every grave sin, and do not allow me to be polluted by any impurity; but as soon as thou seest me set in temptation and in danger of sin, drive far away from my heart all impure thoughts and affections, and, by injecting the memory of eternity and of Christ crucified, impress upon me with tenderness, O my holy Joseph, the sense of the fear of the Lord, and kindle in me the fire of divine love. Amen. Δ

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**Miraculous Image of the Holy Family:** The photograph shown atop the previous page (p.23) is alleged to have been taken during the Consecration during Holy Mass and, when developed, an image of the Holy Family was found on the negative film (in the full-size original one can discern the priest raising the Host in the bottom left of the frame – indeed, it is the Host that the Holy Family is gazing upon). This was brought to the attention of a Fr. Christian Michel, SAC, who, being sceptical of any supernatural origin, sent the image to a reputed mystic in Rome, reliably known by the priest as possessing special graces in the discerning of spiritual matters, and was subsequently informed by the same:

To the question as to where the picture was obtained, (Jesus Himself is said to have answered):

“It is not important from where and from whom the picture originates ... With this picture, I want to bring aid to the world ... It is the Family of Nazareth. It is very precious, so as to take it into the families; it brings My blessings. With it come faith, prayer, and My presence. I, Myself, come with it into the home.”



## APRIL

### The Holy Ghost

SUPER SERVOS MEOS ET ANCILLAS IN DIEBUS ILLIS  
EFFUNDAM SPIRITUM MEUM.

[JOEL II, 29]

**V**ENI, Sancte Spíritus, reple tuórum corda fidélium,  
et tui amóris in eis ignem accénde.

℣. Emítte Spíritum tuum et creabúntur ;  
℞. Et renovábis fáciem terræ.

Orémus.

**D**EUS, qui corda fidélium Sancti Spíritus illustratióne docuísti : da nobis  
in eódem Spíritu recta sápere, et de eius semper consolatióne gaudére. Per  
Christum Dóminum nostrum. Amen.

### Glória Patri ..

SPÍRITUS Sancte, Spíritus veritátis, veni in corda nostra ;  
da pópulis claritátem lucis tuæ,  
ut in fidei unitáte tibi compláceant.

*O Sancte Spíritus, dulcis hospes ánimæ meæ, mane mecum et fac ut ago máneam tecum.*

### Veni, Creator Spiritus

**V**ENI, Creátor Spíritus,  
mentes tuórum vísitá,  
imple supérna grátia  
quæ Tu creásti péctora.

Qui díceris Paráclitus,  
altíssimi donum Dei,  
fons vivus, ignis, cāritas,  
et spiritalis únctio.

Tu, septifórmis múnere,  
dígitus patérnæ dexteræ,  
Tu rite promíssum Patris,  
sermóne dítrans gúttura.

Accénde lumen sénsibus :  
infúnde amórem córdibus :  
infirma nostri córporis  
virtúte firmans pérpeti.

℣. Emítte Spíritum tuum, et creabúntur ;  
℞. Et renovábis fáciem terræ.

Orémus.

**D**EUS, qui corda fidélium Sancti Spíritus illustratióne docuísti : da nobis in eódem Spíritu  
recta sápere ; et de eius semper consolatióne gaudére. Per Christum Dóminum nostrum.  
Amen.

.....



## APRIL

### The Holy Ghost

UPON MY SERVANTS AND HANDMAIDS IN THOSE DAYS  
I WILL POUR FORTH MY SPIRIT.

[JOEL 2:29]

**C**OME Holy Ghost, fill the hearts of Thy faithful  
and kindle in them the fire of Thy love.

℣. Send forth Thy Spirit and they shall be created,  
℞. And Thou shalt renew the face of the earth.

Let us pray.

**O** GOD, Who hast taught the hearts of the faithful by the light of the Holy Ghost,  
grant, we beseech Thee, that by the gift of the same Spirit, we may be always truly  
wise, and ever rejoice in His consolation. Through Christ our Lord.

### Glory be ..

(5 years \* trad.)

**O** HOLY Ghost, Spirit of Truth, come into our hearts;  
shed the brightness of Thy light upon the nations,  
that they may please Thee in unity of faith.

(300 days trad.)

*O Holy Ghost, sweet guest of my soul, abide in me and grant that I may ever abide in Thee.*

(300 days trad.)

### Veni, Creator Spiritus (Hymn for Pentecost)

**C**OME, Holy Ghost, Creator blest,  
and in our souls take up Thy rest,  
come with Thy grace and heavenly aid,  
and fill the hearts which Thou hast made.

To Thee, the Comforter, we cry,  
to Thee, the gift of God most high,  
the fount of life, the fire of love,  
the soul's anointing from above.

The sevenfold gifts of grace are Thine,  
O Finger of the hand Divine;  
true promise of the Father Thou,  
Who dost the tongue with speech endow.

Thy light and every thought impart,  
and shed Thy love in every heart;  
our body's poor infirmity  
with strength perpetual fortify.

℣. Send forth Thy Spirit and they shall be created;  
℞. And Thou shalt renew the face of the earth.

Let us pray.

**O** GOD, Who didst teach the hearts of Thy faithful people by sending them the light of  
Thy Holy Ghost, grant us by the same Spirit to have a right judgement in all things, and ever-  
more to rejoice in His holy comfort. Through Christ Our Lord. Amen.

(5 years \* trad.)

.....

## MAY

### The Blessed Virgin Mary

BENEDICTA ES TU, FILIA, OMNIBUS MULIERIBUS SUPER TERRAM. BENEDICTUS DOMINUS, QUI TE DIREXIT IN VULNERA CAPITIS PRINCIPIS INIMICORUM NOSTRORUM : BENEDICTA TU A DEO TUO, QUONIAM IN OMNI GENTE, QUÆ AUDIERIT NOMEN TUUM, MAGNIFICABITUR SUPER TE DEUS ISRAËL.

ET IN ANCILLA SUA ADIMPLEVIT MISERICORDIAM SUAM, QUAM PROMISIT DOM-UI ISRAËL : ET INTERFECIT IN MANU MEA HOSTEM POPULI SUI.

[JUDITH 13:23-24, 31, 18]

ANT: Quæ est ista quæ progreditur quasi aurora consurgens,  
pulchra ut luna, electa ut sol.

℣. Quasi arcus refulgens inter nebulas gloriæ.  
℞. Et quasi flos rosarum in diebus vernis.

Orémus.

DEUS, qui salutis æternæ, beátæ Mariæ virginitate fecúnda, humano géneri præmia præstisti : tribue, quæsumus ; ut ipsam pro nobis intercedere sentiámus, per quam meruimus Fili-um tuum auctorem vitæ suscipere. Qui tecum vivit et regnat in sæcula sæculórum. Amen.

O Maria, sine labe concépta, ora pro nobis, qui confúgimus ad te!

#### Actus Consecrationis ad B. V. M. (quotidie renovanda)

SANCTA Maria, Mater Dei et Virgo! ego indignissimus servus tuus, te hodie in Dominam, Patronam et Advocatam eligo, firmiterque statuo ac propono, me nunquam te derelicturum, nec contra te aliquid unquam dicturum, aut facturum, neque permissurum, ut a me vel aliis aliquid contra tuum honorem unquam agatur : obsecro te igitur, suscipe me in servum tuum perpetuum ; adsis mihi in omnibus actionibus meis, nec me deseras in hora mortis meæ. Amen.

(S. Johannes Berchmans)

Mater mea, fiducia mea.

#### Cœlicum Ave Maria \*

Ave ex omnipotentia Patris ; ave ex sapientia Filii ; ave ex dulcissima bonitate Spiritus Sancti Maria illuminans cœlum et terram. Gratia plena, Dominus tecum, unicus, Dei Patris unigenitusque virginei cordis tui Filius, dulcissimus Sponsus et amicus tuus Jesus Christus.

Benedicta tu in mulieribus, quæ repulisti Evæ maledictionem et reportasti æternam benedictionem. Et benedictus fructus ventris tui Jesus Christus Dominus et Creator omnium, omnia benedicens et sanctificans, omnia ditans et vivificans. Amen.

(\* Which our Lord Himself put in the mouth of S. Mechtilde; see Notes)



## MAY

### The Blessed Virgin Mary

BLESSED ART THOU, O DAUGHTER, ABOVE ALL WOMEN UPON THE EARTH. BLESSED BE THE LORD, WHO HATH DIRECTED THEE TO THE CUTTING OFF THE HEAD OF THE PRINCE OF OUR ENEMIES. BLESSED ART THOU BY THY GOD, FOR IN EVERY NATION WHICH SHALL HEAR THY NAME, THE GOD OF ISRAEL SHALL BE MAGNIFIED ON OCCASION OF THEE.

AND BY ME HIS HANDMAID HE HATH FULFILLED HIS MERCY, WHICH HE PROMISED TO THE HOUSE OF ISRAEL: AND HE HATH KILLED THE ENEMY OF HIS PEOPLE BY MY HAND.

[JUDITH 13:23-24, 31, 18]

ANT: Who is she that cometh forth as the morning rising,  
fair as the moon, bright as the sun.

℣. As the rainbow giving light in the bright clouds.  
℞. And as the flower of the roses in the days of the spring.

Let us pray.

O GOD, Who by the fruitful virginity of Blessed Mary, hast bestowed upon mankind the rewards of eternal salvation; grant, we beseech Thee, that we may experience her intercession, through whom we have been made worthy to receive the Author of life, Thy Son. Who with Thee liveth and reigneth for ever. Amen.

O Mary, conceived without sin, pray for us who have recourse to thee!

#### An Act of Consecration to the B. V. M. (to be renewed daily)

HOLY Mary, Mother of God and Virgin, I, thy most unworthy servant, choose thee this day for my queen, patron, and advocate, and firmly resolve and purpose never to abandon thee, never to say or do anything against thee, nor to permit that aught be done by others to dishonour thee. Receive me, then, I conjure thee, as thy perpetual servant; assist me in all my actions, and do not abandon me at the hour of my death. Amen.

(500 days \* trad.)

My Mother, my hope.

(300 days trad.)

#### Heavenly Ave Maria \*

HAIL, thou peerless offspring of the omnipotence of the Father, of the wisdom of the Son, and of the enrapturing goodness of the Holy Ghost, Mary, who dost fill heaven and earth with thy gentle light. Thou that art full of grace, the Lord is with thee, even the only-begotten Son of the Father, and the one Only Son of the love of thy virgin heart, thy sweetest Spouse and thy Beloved.

Blessed art thou amongst women, for thou hast annulled the curse of Eve, and hast brought back an everlasting blessing. And blessed is the Fruit of thy womb, Jesus Christ, the Lord and Creator of all things, Who doth evermore bless and sanctify, enrich and quicken all things. Amen.

(\* Which our Lord Himself put in the mouth of S. Mechtilde; see Notes)



### Corona Stellarum Duodecim Beatæ Virginis

Laus et gratio sit semper beatæ Trinitatis, qui ostendit nobis Mariam, semper Virginem, amictam sole, lunam sub pedibus eius, et in capite mysticam coronam stellarum duodecim. In sæcula sæculorum, Amen. Δ

**Laudemus et gratias agimus Deo Patri,** qui eam elegit pro Filia sua. Amen.

*Pater noster ..*

**Sit laus Deo Patri, ... Qui prædestinavit eam Mater Filii sui.** Amen.

*Ave Maria ..*

... Qui ab eam omni macula in conceptu conservavit. Amen.

*Ave Maria ..*

... Qui natali eam electissimis suis ornavit donis. Amen.

*Ave Maria ...*

... Quis dedit Joseph ut a eam sponse castissimo et socio. Amen.

*Ave Maria .. Gloria Patri ..*

**Laudemus et gratias agimus Deo Filio,** qui eam elegit in Matrem suam. Amen.

*Pater noster ..*

**Sit laus Deo Filio, ... Qui incarnatus in utero eius factus est et mansit ibi mensibus novem.** Amen.

*Ave Maria ..*

... Qui natus est ex ea et in eius ubere nutritus est. Amen.

*Ave Maria ..*

... Qui in pueritia sua Mariam voluit ipsum docere. Amen.

*Ave Maria ..*

... Qui eiam revelavit mysteria redemptionis mundi. Amen.

*Ave Maria .. Gloria Patri ..*

**Laudemus et gratias agimus Deo Sancto Spiritui,** qui fecit eam Sponsum suum. Amen.

*Pater noster ..*

**Sit laus Deo Spiritui Sancto, ... Qui primo ea revelavit Nomini Suo Sancto Spiritui.** Amen.

*Ave Maria ..*

... per Cuius operationem fecit illa simul Virgo et Mater est. Amen.

*Ave Maria ..*

... per Quem facta est illa ea templum vivum Sanctissimæ Trinitatis. Amen.

*Ave Maria ..*

... per Quem exaltata est in coelis super omnes creaturas excelsus. Amen.

*Ave Maria .. Gloria Patri ..*

Pro Sancta Ecclesia Catholica, pro fidei propagandam, pro pacem inter principes Christianos, et pro extirpandam hæresem, dicamus :

*Salve Regina ..*

(S. Joseph Calasancius)

*Quæ est ista quæ progreditur quasi aurora consurgens,  
pulchra ut luna, electa ut sol, terribilis ut castrorum acies ordinata?  
O Maria, sine labe concēpta, ora pro nobis, qui confūgimus ad te!*

• • • • •

### The Crown of Twelve Stars of the Blessed Virgin

All praise and thanksgiving be to the ever-blessed Trinity, Who hath shown unto us Mary, ever-Virgin, clothed with the sun, with the moon beneath her feet, and on her head a mystic crown of twelve stars. For ever and ever, Amen.

**Let us praise and give thanks to God the Father,** Who elected her for His Daughter. Amen.

*Pater noster ..*

**Praise be to God the Father,** Who pre-destined her to be the Mother of His Son. Amen.

*Ave Maria ..*

... Who preserved her from all stain in her conception. Amen.

*Ave Maria ..*

... Who on her birthday adorned her with His choicest gifts. Amen.

*Ave Maria ..*

... Who gave her Joseph for her pure spouse and companion. Amen.

*Ave Maria .. Gloria Patri ..*

**Let us praise and give thanks to God the Son,** Who chose her for His Mother. Amen.

*Pater noster ..*

**Praise be to God the Son,** Who became Incarnate in her womb, and abode there 9 months. A'n.

*Ave Maria ..*

... Who was born of her and nourished at her breast. Amen.

*Ave Maria ..*

... Who in His childhood willed that Mary should teach Him. Amen.

*Ave Maria ..*

... Who revealed to her the mysteries of the redemption of the world. Amen.

*Ave Maria .. Gloria Patri ..*

**Let us praise and give thanks to God the Holy Ghost,** Who made her His Spouse. Amen.

*Pater noster ..*

**Praise be to God the Holy Ghost,** Who revealed to her first His Name of Holy Ghost. Amen.

*Ave Maria ..*

... through Whose operation she became at once Virgin and Mother. Amen.

*Ave Maria ..*

... through Whom she became the living temple of the Most Holy Trinity. Amen.

*Ave Maria ..*

... by whom she was exalted in heaven high above all creatures. Amen.

*Ave Maria .. Gloria Patri ..*

For the Holy Catholic Church, for the propagation of the faith, for peace among Christian princes, and for the uprooting of heresies, let us say:

*Hail Holy Queen ..*

(3 years\* trad.)

*Who is she that cometh forth as the morning rising, fair as the moon,  
bright as the sun, terrible as an army set in battle array?  
O Mary, conceived without sin, pray for us who have recourse to thee!*

• • • • •

## JUNE

### The Sacred Heart

COGITATIONES CORDIS EJUS IN GENERATIONE ET GENERATIONEM :  
UT ERUAT A MORTE ANIMAS EORUM, ET ALAT IN FAME.

[Ps XXXII, 11, 19]

**ANT:** Ad Iesum autem cum venissent, ut viderunt eum iam mortuum,  
non frugerunt eius crura, sed unus militum  
lancea latus eius aperuit, et continuo exivit sanguis et aqua.

℣. Haurietis aquas in gaudio.

℟. De fontibus Salvatoris.

Orémus.

**DEUS**, qui nobis in Corde Filii tui, nostris vulnerato peccatis, infinitos dilectionis thesauros misericorditer largiri dignaris concede, quæsumus ; ut illi devotum pietatis nostræ præstantes obsequium, dignæ quoque satisfactionis exhibeamus officium. Per Dominum nostrum.. Amen.

#### Formula Consecratio Cotidianæ ad SS. Cor Iesu

**O MI** Jesu amantissime, ego N. N., ut gratitudinem tibi exhibeam nec non infidelitates meas resarciam, tibi cor meum dono, et ex integro me tibi dedico et consecro, atque te auxiliante mihi propono, non amplius peccare.

**JESU**, mitis et húmilis Corde,

Fac cor nostrum secúndum Cor tuum.

(ex M. B.)

*Cor Iesu, flagrans amóre nostri, inflámma cor nostrum amóre tui.*

#### Oratio S. Gertrudis ad Sacrum Cordem

**SANCTITAS** Cordis Jesu, cor meum consecra ;  
**Providentia** Cordis Jesu, custodi cor meum ;  
**Incommutabilis** Cordis Jesu, confirma cor meum ;  
**Puritas** Cordis Jesu, mundare cor meum ;  
**Obedientia** Cordis Jesu, cor meum subjugale ;  
**Amabilia** Cordis Jesu, cordi meo te notum fac ;  
**Divinæ attractiones** Cordis Jesu, cor meum cape ;  
**Divitiæ** Cordis Iesu, sufficiunt ad cor meum ;  
**Flumina gratiæ et benedictionis**, quæ ex Corde Iesu manant, cor meum inunda ;  
O Cor Jesu! esto mihi gaudium, pax mea, quies in hoc sæculo et in proximo.  
O Cor Jesu! adorátus in cœlis, invocátus in terra, timéndus in gehenna, regnâre super ómnia corda, regna per ómnia sæcula, regna in sempiterna sæcula cœléstis glória. Amen. Δ

#### Oratio ad Sacratissimum Cor Iesu

**O COR** Jesu Sacratissimum, large, quæsumus, effunde tuas benedictiones super sanctam Ecclesiam, super Summum Pontificem, et super omnem clerum ; da iustis perseverantiam, converte peccatores, illumina infideles, benedic nostros propinquos, amicos et benefactores, assiste moribundis, libera animas in purgatorio degentes, et super omnium corda dulce imperium tui amoris extende. Amen.



## JUNE

### The Sacred Heart

THE THOUGHTS OF HIS HEART ARE FROM GENERATION TO GENERATION:  
TO DELIVER THEIR SOULS FROM DEATH, AND FEED THEM IN FAMINE.

[Ps 32:11, 19]

**ANT:** Coming to Jesus and seeing that He was already dead,  
they did not break His legs, but one of the soldiers opened Jesus' side  
with a spear and immediately there came forth Blood and Water.

℣. You shall draw waters with joy.

℟. From the fountains of the Saviour.

Let us pray.

**O GOD**, Who in the Heart of Thy Son, wounded for our sins, dost mercifully lavish upon us the treasures of Thy love; grant, we beseech Thee, that with our devout homage we may also offer Him worthy reparation. Through our Lord.. Amen.

#### Daily Consecration to the Sacred Heart of Jesus

**MY** loving Jesus! out of the grateful love I bear Thee, and as a reparation for all my unfaithfulness, I [N.N.] give Thee my heart and I consecrate myself wholly to Thee, and with Thy aid, I purpose never to sin again.

(300 days \* trad.)

**JESUS**, meek and humble of heart,

make our hearts like unto Thine.

(500 days \* trad.)

*Heart of Jesus, burning with love for us, set our hearts on fire with love of Thee.*

(500 days \* trad.)

#### Prayer of St. Gertrude to the Sacred Heart

**SANCTITY** of the Heart of Jesus, consecrate my heart;  
**Providence** of the Heart of Jesus, watch over my heart;  
**Un-changeableness** of the Heart of Jesus, strengthenest my heart;  
**Purity** of the Heart of Jesus, purify my heart;  
**Obedience** of the Heart of Jesus, subjugate my heart;  
**Amiability** of the Heart of Jesus, make Thyself known to my heart;  
**Divine attractions** of the Heart of Jesus, captivate my heart;  
**Riches** of the Heart of Jesus, do Ye suffice for my heart;  
**Floods of grace and blessing** that flow from the Heart of Jesus, inundate my heart;  
O Heart of Jesus! be Thou my joy, my peace, my repose in this world and the next.  
O Heart of Jesus! adored in heaven, invoked on earth, feared in hell, reign over all hearts, reign throughout all ages, reign forever in celestial glory. Amen.

#### Prayer to the Most Sacred Heart of Jesus

**O MOST** Sacred Heart of Jesus, shower Thy blessings in abundant measure upon Thy holy Church, upon the Supreme Pontiff and upon all the clergy; to the just grant perseverance; convert sinners; enlighten unbelievers; bless our relations, friends and benefactors; assist the dying; deliver the souls in purgatory; and extend over all hearts the sweet empire of Thy love. Amen.

(500 days \* trad.)

## JULY

### The Precious Blood

ET VESTITUS ERAT VESTE ASPERSA SANGUINE :  
ET VOCATUR NOMEN EJUS : VERBUM DEI.

[APOC. XIX, 13]

**ANT:** Redemísti nos, Dómine, in sangúine tuo, ex omni tribu,  
et lingua, et pópulo, et natióne : et fecisti nos Deo nostro regnum.

Ÿ. Deus gratificávit nos in dilécto Filio suo.

℞. In quo habémus redemptiónem per Sánguinem eius.

Orémus.

OMNÍPOTENS sempitérne Deus, qui unigénitum Filium tuum mundi Redemptórem constituisti, ac eius Ságuine placari voluísti : concéde, quæsumus, salutis nostræ prætium solémni culta ita venerári, atque a præséntis vitæ malis eius virtúte deféndi in terris, ut fructu perpétuo lætémur in cœlis. Per eúndem Christum Dóminum nostrum. Amen.

(ex. M.R)

*Te ergo quæsumus, tuis fámulis súbveni,  
quos pretiósó Ságuine redemisti.*

(ex Te Deum Hymno Ambrosiano)

#### Offertorio in reparatione pro iniuriarum Pretioso Sanguine :

I

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for the propagation and exaltation of my dear Mother, thy Holy Church; for the safety and prosperity of her visible head, our chief pastor the Bishop of Rome; for the cardinals, bishops, and pastors of souls, and for all the ministers of the sanctuary.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

(Blessed and praised forever be Jesus, Who hath saved us with His Blood.)

II

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for the peace and concord of Catholic kings and princes, for the humiliation of the enemies of our holy Faith, and for the welfare of all Christian people.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

III

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for the repentance of unbelievers, the uprooting of heresy, and the conversion of sinners.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

IV

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for all my relations, friends, and enemies; for the poor, the sick, and the afflicted, and for all those for whom Thou, my God, knowest that I ought to pray, or wouldst have me pray.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ



## JULY

### The Precious Blood

AND HE WAS CLOTHED WITH A GARMENT SPRINKLED WITH BLOOD;  
AND HIS NAME IS CALLED, THE WORD OF GOD.

[APOC. 19:13]

**ANT:** Thou hast redeemed us, O Lord, in Thy Blood, out of every tribe,  
and tongue, and people, and nation; and hast made us a kingdom to our God.

Ÿ. God hath graced us in His beloved Son.

℞. In Whom we have redemption through His Blood.

Let us pray.

ALMIGHTY, and everlasting God, Who hast appointed Thine only-begotten Son to be the Redeemer of the world, and hast been pleased to be reconciled unto us by His Blood, grant us, we beseech Thee, so to venerate with solemn worship the price of our salvation, that the power thereof may here on earth keep us from all things hurtful, and the fruit of the same may gladden us for ever hereafter in heaven. Through the same Christ our Lord.

(5 years\* trad.)

*We therefore pray Thee, help Thy servants:  
Whom Thou hast redeemed with Thy Precious Blood.*

(300 days trad.)

#### Offering in Reparation for Outrages to the Precious Blood:

V

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for all who this day are passing to the other life; that Thou wouldst save them from the pains of hell, and admit them quickly to the possession of Thy glory.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

VI

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for all those who love this great treasure, for those who join with me in adoring it and honouring it, and for those who strive to spread devotion to it.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

VII

ETERNAL Father! I offer Thee the merits of the Precious Blood of Jesus, Thy well-beloved Son, my Saviour and my God, for all my wants, spiritual and temporal; in suffrage for the holy souls in purgatory, and chiefly for those who were most devout lovers of this Blood, the price of our redemption, and of the sorrows and pains of our dear Mother, most holy Mary.

Gloria Patri ..

Benedictus et laudátus in sæcula Iesus, qui nos salvávit nos in Ságuine suo est. Δ

In conclusion:

*Glória Ságuinis Jesu, nunc et semper, et in sæcula sæculórum. Amen. Δ*  
(Glory be to the Blood of Jesus, now and forever, and throughout all ages.)

(3 years\* trad.)

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## AUGUST

### The Most Pure & Immaculate Heart of Mary

ERUCTAVIT COR MEUM VERBUM BONUM ; DICO EGO OPERA MEA REGI.  
[PS. 44:2]

ANT: Exsultávit cor meus in Deo salutári meo :  
quia fecit mihi magna qui potens est.

℣. Et mater ejus conservabat omnia verba hæc.  
℟. In corde suo.

Orémus.

OMNÍPOTENS sempiternus Deus, qui in Corde beatæ Mariæ Virginis dignum Spiritus Sancti habitaculum præparásti : concède propítius ut eiúsdem immaculáti Cordis festivitátem devóta mente recoléntes, secúndum cor tuum vivere valéamus. Per Christum Dóminum nostrum. Amen.

**O Beatissima** (S. Thom. Aquinas)

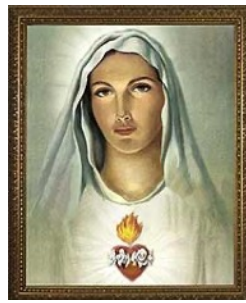
O BEATISSIMA et dulcissima Virgo Maria, mater Dei, omni pietate plenissima, summi regis filia, Domina Angelorum, mater omnium credentium in sinum pietatis tuæ commendo hodie et omnibus diebus vitæ meæ corpus meum et animam meam, omnesque actus meos, cogitationes, voluntates, desideria, locutiones, operationes, omnemque vitam, finemque meum : ut per tua suffragia disponantur in bonum, secundum voluntatem dilecti Filii tui Domini nostri Iesu Christi : ut sis mihi, o Domina mea sanctissima, adiutrix et consolatrix contra insidias et laqueos hostis antiqui, et omnium inimicorum meorum.

A dilecto Filio tuo Domino nostro Iesu Christo mihi impetrare digneris gratiam cum qua potenter resistere valeam tentationibus mundi, carnis et dæmonis, ac semper habere firmum propositum ulterius non peccandi ; sed in tuo et dilecti Filii tui servitio perseverandi. Deprecor te etiam, Domina mea sanctissima, ut impetres mihi veram obedientiam et veram cordis humilitatem, ut veraciter me agnoscam miserum ac fragilem peccatorem et impotentem non solum ad faciendum quodcumque opus bonum, sed etiam ad resistendum continuis impugnationibus, sine gratia et adiutorio creatoris mei, et sanctis precibus tuis. Impetra mihi etiam, o Domina mea dulcissima, perpetuam mentis et corporis castitatem : ut puro corde et casto corpore, dilecto filio tuo et tibi (*in tuo ordine*) valeam deservire. Obtine mihi ab eo voluntariam paupertatem cum patientia et mentis tranquillitate, ut (*labores eiusdem ordinis valeam sustinere, et*) pro salute propria et proximorum valeam laborare.

Impetra mihi etiam, o dulcissima Domina, caritatem veram, qua sacratissimum Filium tuum Dominum nostrum Iesum Christum toto corde diligam : et te post ipsum super omnia ; et proximum in Deo et propter Deum. Sicque de bono eius gaudeam, de malo doleam, nulloque contemnam, neque temerarie iudicem, neque in corde meo alicui me præponam. Fac etiam, o Regina cœli, ut dulcissimi Filii tui timorem pariter et amorem semper in corde meo habeam ; et de tantis beneficiis mihi, non meis meritis, sed ipsius benignitate collatis, semper gratias agam : ac de peccatis meis puram et sinceram confessionem, et veram pœnitentiam faciam, ut suam consequi merear misericordiam et gratiam. Oro etiam, ut in fine vitæ meæ, cœli porta et peccatorum advoca, me indignum servum tuum a sancta fide Catholica deviare non permittas ; sed tua magna pietate et misericordia mihi succurras, et a malis spiritibus me defendas : ac benedicta Filii tui gloriosa passione, etiam in tua propria intercessione spe accepta, veniam de peccatis meis ab eo mihi impetres, atque me, in tua et eius dilectione morientem, in viam salvationis et salutis dirigas. Amen.

*Cognitum, laudatum, benedictum, amatum, obsequio honoratum et glorificatum semper et ubique sit divinissimum Cor Jesu et purissimum Cor Mariæ.*

• • • • •



## AUGUST

### The Most Pure & Immaculate Heart of Mary

MY HEART HATH UTTERED A GOOD WORD: I SPEAK MY WORKS TO THE KING.  
[PS. 44:2]

ANT: My heart hath rejoiced in God my Saviour,  
because He that is mighty hath done great things for me.

℣. And His Mother kept all these words.  
℟. In her heart.

Let us pray.

ALMIGHTY, everlasting God, Who didst prepare in the Heart of the Virgin Mary a worthy dwelling-place for the Holy Ghost; mercifully grant that we, devoutly contemplating the festivity of the same Immaculate Heart, may be enabled to live according to Thy heart. Through Christ our Lord. Amen.

**O Most Blessed and Sweet Virgin Mary** (St. Thom. Aquinas)

O MOST Blessed and most sweet Virgin Mary, Mother of God, filled with devotion, daughter of the most high King, Mistress of Angels, Mother of all believers, today I commend to thy tender heart all my deeds, my thoughts, my wishes, my desires, my speech, my activities, my whole life, and my final end. That through thy prayers they may be disposed towards good, according to the will of thy beloved Son, our Lord Jesus Christ; that thou may be to me, O my most holy Lady, helper and consoler against the wickedness and snares of the ancient enemy and against all my enemies.

From thy beloved Son, our Lord Jesus Christ, graciously obtain for me the grace with which I will be able to resist the temptations of the world, the flesh, and the devil, and to always have a firm intention to sin no more. And I beg thee, my most holy Lady, to obtain for me true obedience and true humility of heart, that I may truly acknowledge that I am a wretched and frail sinner and powerless not only to do anything good, but also to resist the continual battles without the grace and help of my Creator and thy holy prayers. Obtain for me also, O my sweetest Lady, perpetual purity of mind and body so that I may serve thee and thy beloved Son (*in thy order*) with a pure heart and a chaste body. Obtain for me from Him a willing poverty with patience and tranquility of mind, so that (*I may sustain the labours of this same order and that*) I may work for the salvation of myself and others.

Obtain for me also, O sweetest of Ladies, true charity, with which I may love thy most holy Son, our Lord Jesus Christ, with all my heart: and after Him, thee, above all things; and my neighbour in God and on account of God. And so I may rejoice in my neighbour's good and sorrow in his evil, and hold no one in contempt, nor judge rashly, nor exalt myself in my heart over anyone. Make me, O Queen of Heaven, to fear thy Son and to equally love Him always in my heart; and of such benefits granted to me, not by my merits, but by those granted by His kindness, may I always give thanks. And of my sins, may I make a pure and sincere confession with true repentance that I may gain His mercy and grace. I pray, also, that at the end of my life, O gate of heaven, and advocate of sinners, that thou permitteth not thy unworthy servant to deviate from the holy Catholic faith; but by thy great devotion and mercy come to my aid and defend me from the evil spirits: and by the blessed and glorious Passion of thy Son and through thy own intercession, received in hope, obtain through Him pardon from my sins. And as I die in His and thy love, guide me in the way of safety and salvation. Amen.

*May the most divine Heart of Jesus and the purest Heart of Mary be known, praised, blessed, loved, honoured and glorified always and everywhere.*

• • • • •



## SEPTEMBER

### Our Lady of Sorrows

VIRGO, FILIA SION, MAGNA EST ENIM VELUT MARE CONTRITIO TUA.  
[LAM. II, 13]

ANT: Stabant juxta crucem Jesu mater ejus,  
et soror matris Maria Cleophæ, et Salôme, et Maria Magdaléne.

℣. Mulier, ecce filius tuus.

℞. Ecce mater tua.

Orémus.

DEUS, in cujus Passióne, secúndum Simeónis prophetiam, dulcissimam animam gloriósæ Virgínis et Matris Mariæ dolóris gladius pertransívit : concéde propítius ; ut qui dolóres ejus venerádo recólimus, passiónis tuæ efféctum felicem consequámur : Qui vivis et regnas in sæcula sæculórum. Amen.

#### Pium exercitium in honorem cordis dolentis de Ss.ma Maria

℣. Deus in adiutórium meum inténde,

℞. Dómine ad adiuvándum me festina.

Gloria Patri ..

#### (i) THE PROPHECY OF SIMEON

I GRIEVE for thee, O Mary most sorrowful, in the affliction of thy tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by thy heart so afflicted, obtain for me the virtue of humility and the gift of the holy fear of God.

Ave Maria ..

#### (ii) THE FLIGHT INTO EGYPT

I GRIEVE for thee, O Mary most sorrowful, in the anguish of thy most affectionate heart during the flight into Egypt and thy sojourn there. Dear Mother, by thy heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety.

Ave Maria ..

#### (iii) THE LOSS OF THE CHILD JESUS IN THE TEMPLE

I GRIEVE for thee, O Mary most sorrowful, in those anxieties which tried thy troubled heart at the loss of thy dear Jesus. Dear Mother, by thy heart so full of anguish, obtain for me the virtue of chastity and the gift of knowledge.

Ave Maria ..

#### (iv) MARY MEETS JESUS ON THE WAY TO CALVARY

I GRIEVE for thee, O Mary most sorrowful in the consternation of thy heart at meeting Jesus as He carried His Cross. Dear Mother, by thy heart so troubled, obtain for me the virtue of patience and the gift of fortitude.

Ave Maria ..

.....

℣. Ora pro nobis, Virgo dolorosissima,

℞. Ut digni efficiámur promissióibus Christi.

Orémus.

INTERVÉNIAT pro nobis, quæsumus, Dómine Iesu Christe, nunc et in hora mortis nostræ, apud tuam cleméntiam beata Virgo Maria Mater tua, cújus sacratissimam animam in hora tuæ Passiónis delóris gladius pertransívit. Per te, Iesu Christe, Salvátor mundi, qui cum Patre et Spíritu Sancto vivis et regnas in sæcula sæculórum. Amen.

(Pius VII, 1815)



## SEPTEMBER

### Our Lady of Sorrows

O VIRGIN DAUGHTER OF SION, FOR GREAT AS THE SEA IS THY DESTRUCTION.  
[LAM. 2:13]

ANT: There stood by the Cross of Jesus, His Mother,  
and His Mother's sister, Mary of Cleophas, and Salome and Mary Magdalen.

℣. Woman, behold thy son.

℞. Behold thy mother.

Let us pray.

O GOD, at Whose Passion, according to the prophecy of holy Simeon, a sword of grief pierced the most sweet soul of glorious Mary, Virgin and Mother, grant in Thy mercy that we who honour the memory of her sorrows may obtain the happy fruit of Thy sufferings. Who livest and reignest, world without end.

#### Pious Exercise in Honour of the Sorrowing Heart of Most Holy Mary

℣. O God, come to my assistance,

℞. O Lord, make haste to help me.

Glory be ..

#### (v) JESUS DIES ON THE CROSS

I GRIEVE for thee, O Mary, most sorrowful, in the martyrdom which thy generous heart endured in standing near Jesus in His agony. Dear Mother, thy heart afflicted in such wise, obtain for me the virtue of temperance and the gift of counsel.

Ave Maria ..

#### (vi) THE PIERCING OF JESUS' SIDE

I GRIEVE for thee, O Mary most sorrowful, in the wounding of thy compassionate heart, when the side of Jesus was struck by the lance and His Heart was pierced. Dear Mother, by thy heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding.

Ave Maria ..

#### (vii) JESUS IS PLACED IN THE TOMB

I GRIEVE for thee, O Mary most sorrowful, for the pangs that wrenched thy most loving heart at the burial of Jesus. Dear Mother, by thy heart sunk in the bitterness of desolation, obtain for me virtue of diligence and the gift of wisdom.

Ave Maria ..

Suggestion (perhaps add after each Ave Maria):

Sancta Mater, istud agas, Crucifixi fige plagas cordi meo válide.

(Bid me bear, O Mother blessed, on my heart the Wounds impressed suffered by the Crucified.)

(ex. Stabat Mater; 500 days\* trad.)

.....

℣. Pray for us, Virgin most Sorrowful,

℞. That we may be made worthy of the promises of Christ.

Let us pray.

GRANT, we beseech Thee, O Lord Jesus Christ, that the most blessed Virgin Mary, Thy Mother, may intercede for us before the throne of Thy mercy, now, and at the hour of our death; through whose most holy soul in the hour of Thine own Passion the sword of sorrow passed. Through Thee, Jesus Christ, Saviour of the world, Who livest and reignest with the Father and the Holy Ghost forever and ever.

(5 years\*; 7 years in September; trad.)

## OCTOBER

### Queen of the Most Holy Rosary

BEATUS HOMO QUI AUDIT ME, ET QUI VIGILAT AD FORES MEAS QUOTIDIE. QUI ME INVENERIT HAURIET SALUTEM A DOMINO.

[PROV. VIII, 34, 35]

OBAUDITE ME ET QUASI ROSA PLANTATA SUPER RIVOS AQUARUM FRUCTIFICATE.

[ECCL. XXXIX, 17]

REGÍNA sacratissimi Rosárii, ora pro nobis.

*“You shall obtain all you ask of me  
by the recitation of the Rosary.”*

*(Our Lady to Bl. Alan de la Roche)*

#### Suggested Invocations

A traditional & pious practise, in some parts, is to insert invocations or Scriptural excerpts into each decade, a typical example being to call upon the intercession of St. Joseph, or indeed the Holy Family itself, at the conclusion of each decade; and below are listed some such ejaculations, together with ..

#### Specific Invocations

Sancte Michaël, Princeps nostra, ora pro nobis.

Sancte Ioseph, ora pro nobis. (300 days)

.. Terror dæmónum, ora pro nobis.

.. Protéctor sanctæ Ecclesiæ, ora pro nobis.

Iesu, María, Ioseph. (7 years)

—

Sancta María, Virgo potens, ora pro nobis. (300 days #)

.. Fœderis arca (vel : Domus aurea), ora pro nobis.

Mater Dei (vel : Mater Christi), ora pro nobis.

Mater dolorosa, ora pro nobis.

Mater cruci corde affixa, ora pro nobis.

Mater Filio orbata, ora pro nobis.

Mater Salvatoris, ora pro nobis.

Regina in Cœlum assumpta, ora pro nobis.

Regina Sanctorum omnium (vel : Angelorum ; Apostolorum), ora pro nobis.

Regina Coeli, ora pro nobis.

*(Consult the Litanies for other such titles)*

#### Mysteria

##### GAUDIOSA

Cor Immaculatum Mariæ, ora pro nobis nunc et in hora mortis nostræ.

*(Green Scapular, miraculous)*

##### DOLOROSA

Sancta Mater, istud agas,  
Crucifixi fige plagas cordi meo valide.

*(300 days; ex Stabat Mater)*

##### GLORIOSA

O María, sine labe concepta, ora pro nobis, qui confúgimus ad te.

*(Miraculous Medal)*



## OCTOBER

### Queen of the Most Holy Rosary

BLESSED IS THE MAN THAT HEARETH ME, AND WATCHETH DAILY AT MY GATES.  
HE THAT SHALL FIND ME SHALL HAVE SALVATION FROM THE LORD.

[PROV. 8:34-35]

HEAR ME, AND BUD FORTH AS THE ROSE PLANTED BY THE BROOKS OF WATERS.

[ECCL. 39:17]

QUEEN of the most holy Rosary, pray for us.

*(300 days trad.)*

*“Never will anyone who says his Rosary every day be led astray.  
This is a statement that I would gladly sign with my blood.”*

*(St. Loius de Montfort)*

#### Suggested Invocations for the Praying of the Holy Rosary

.. broader aspirations for the Mystery Set (Joyful, Sorrowful & Glorious), and also specific Scriptural excerpts which might be inserted after the Mystery's announcement to assist focus. These are by way of suggestion only; the reader, in consulting Scripture & the Litanies, may like to conjure his own.

#### Specific Invocations

St. Michael, our Prince, pray for us.

St. Joseph, pray for us. (300 days)

.. Terror of demons, pray for us.

.. Protector of Holy Church, pray for us.

Jesus, Mary, Joseph. (7 years)

—

Holy Mary, Virgin most powerful, pray for us. (300 days #)

.. Ark of the Covenant (or, House of Gold), pray for us.

Mother of God (or, Mother of Christ), pray for us.

Mother sorrowful, pray for us.

Mother crucified in thy heart, pray for us.

Mother bereft of thy Son, pray for us.

Mother of our Saviour, pray for us.

Queen assumed into Heaven, pray for us.

Queen of All Saints (or, Angels; Apostles), pray for us.

Queen of Heaven, pray for us.

*(Consult the Litanies for other such titles)*

#### Mystery Set

##### JOYFUL

Immaculate Heart of Mary, pray for us now and at the hour of our death.

*(Green Scapular, miraculous)*

##### SORROWFUL

Bid me bear, O Mother blessed, upon my heart  
the Wounds impressed suffered by the Crucified.

*(300 days; ex Stabat Mater)*

##### GLORIOUS

O Mary, conceived without sin, pray for us who have recourse to thee.

*(Miraculous Medal)*

# 300 days for invocation under any formally recognised title; trad.



## Scriptural Excerpts

### I. Annuntiatióem Beátæ Mariæ Virginis

Et nomen virginis Mariæ.

(S. Luke 1:27)

### II. Visitatióem Beátæ Mariæ Virginis

Et unde hoc mihi, ut véniat mater Dómini mei ad me?

(S. Luke 1:43)

### III. Nativitátem Dómini nostri Iesu Christi

Omnípotens sermo tuus de cœlo, a regalibus sedibus.  
Et Verbum caro factum est, et habitávit in nobis.

(Wis. 18:15; S. John 1:14)

### IV. Oblatióem Dómini nostri Iesus Christi

Quia viderunt oculi mei salutare tuum,  
lumen ad revelationem gentium, et gloriam plebis tuæ Israël.

(S. Luke 2:30, 32)

### V. Inventiόem pueri Iesu Christi in templo

Nesciebatis quia in his quæ Patris mei sunt, oportet me esse?

(S. Luke 2:49)

### I. Agóniam Dómini nostri Iesu Christi in horto

O vos omnes qui transitis per viam,  
attendite, et videte si est dolor sicut dolor Meus.

(Lam.. 1:12)

### II. Flagellatiόem Dómini nostri Iesu Christi

Ipse autem vulneratus est propter iniquitates nostras :  
disciplina pacis nostræ super eum ...

(Isaías 53:5)

### III. Coronatiόem spinis Dómini nostri Iesu Christi

Glória et honóre coronásti eum, Dómine :  
et constituísti eum super ópera mánuum tuárum.

(Ps. 8:6-7)

### IV. Bajulatiόem Crucis

... Vere languores nostros ipse tulit, et dolores nostros ipse portavis.  
Factus est principatus super humerum ejus.

(Isaías 53:4; 9:6)

### IV. Crucifixiόem Dómini nostri Iesu Christi

Foderunt manus meas et pedes meos.

(Ps. 21:17)

### I. Resurrectiόem Dómini nostri Iesu Christi a mórtuis

Ecce nova facio omnia.

(Apoc. 21:5)

### II. Ascensiόem Dómini nostri Iesu Christi in cœlum

Data est Mihi omnis potestas in cœlo et in terra.  
Docete omnes gentes ; et ecce ego vobiscum sum omnibus diebus.

(S. Mat. 28:18-20)

### III. Missiόem Spíritus Sancti in discípulos

Super servos meos et ancillas in diebus illis effundam spiritum meum.

(Joel 2:29)

### IV. Assumptiόem Beátæ Mariæ Virginis in cœlum

Próximæ ejus adducéntur tibi in lætítia et exsultatióne.

(Ps. 44:15-16)

### V. Coronatiόem Beátæ Mariæ Virginis in cœlum

Astitit regina a dextris tuis in vestitu deaurato.  
Cantáte Dómino cánticum novum : quia mirabilia fecit.

(Ps. 44:10; 97:1)

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## Scriptural Excerpts

### I. Annunciation

And the Virgin's name was Mary.

(S. Luke 1:27)

### II. Visitation

And whence is this to me, that the mother of my Lord should come to me?

(S. Luke 1:43)

### III. Nativity

Thy almighty Word leapt down from heaven from thy royal throne.  
And the Word was made flesh, and dwelt among us.

(Wis. 18:15; S. John 1:14)

### IV. Presentation

My eyes have seen Thy salvation,  
A light to the revelation of the gentiles, and the glory of thy people Israel.

(S. Luke 2:30, 32)

### V. Finding of the Child Jesus

Did you not know, that I must be about my father's business?

(S. Luke 2:49)

### I. Agony in the Garden

O all ye that pass by the way,  
attend and see if there is any sorrow like to My sorrow.

(Lam.. 1:12)

### II. Scourging at the Pillar

He was wounded for our iniquities:  
the chastisement of our peace was upon him ...

(Isaías 53:5)

### III. Crowning with Thorns

Thou hast crowned him with glory and honour, O Lord:  
and hast set him over the works of thy hands.

(Ps. 8:6-7)

### IV. Carriage of the Cross

... He hath borne our infirmities and carried our sorrows.  
The government is upon his shoulder.

(Isaías 53:4; 9:6)

### IV. Crucifixion of Our Lord

They have dug my hands and my feet.

(Ps. 21:17)

### I. Resurrection

Behold, I make all things new.

(Apoc. 21:5)

### II. Ascension

All power is given to Me in heaven and in earth.  
Teach ye all nations; and behold I am with you all days.

(S. Mat. 28:18-20)

### III. Descent of the Holy Ghost

Upon my servants and handmaids in those days I will pour forth my spirit.

(Joel 2:29)

### IV. Assumption

Her neighbours shall be brought to Thee in gladness and rejoicing.

(Ps. 44:15-16)

### V. Coronation of the Blessed Virgin

The queen stood on thy right hand, in gilded clothing.  
Sing ye to the Lord a new canticle: because He hath done wonderful things.

(Ps. 44:10; 97:1)

• • • • •

## NOVEMBER

Feast of St. Andrew (30 Nov.): Miraculous Christmas Novena commences; See p.37

### The Holy Souls in Purgatory

SANCTA ERGO ET SALUBRIS EST COGITATIO  
PRO DEFUNCTIS EXORARE, UT A PECCATIS SOLVANTUR.

[II MACH. XII, 46]

ANT: Ego sum resurrectio et vita.

Qui credit in Me, etiam si mortuus fuerit, vivet ;  
et omnis, qui vivit et credit in me, non morietur in æternum.

℣. Audivi vocem de cœli, dicentem mihi :

℟. Beati mortui, qui in Domino moriuntur.

Orémus.

FIDÉLIUM, Deus, omnium conditor et redemptor : animabus famulorum famularumque  
tuarum remissionem cunctorum tribue peccatorum : ut indulgentiam, quam semper opta-  
verunt, piis supplicationibus consequantur. Qui vivis et regnas in sæcula sæculorum. Amen.  
(ex M.R.)

*Pie Jesu Domine, dona eis requiem sempiternam.*

LUX æterna luceat eis, Domine :

Cum sanctis tuis in æternum, quia pius es.

*In memoria æterna erit justus ; ab auditione mala non timebit.*

(Ps. CXI, 7)

*It is customary to offer daily after the 6PM Angelus (or ideally an hour either side) the  
Pater noster & Ave Maria, De profundis (Ps. 129) & Requiem Æternam versicle  
for the faithful departed and for loved ones specifically. ..*

Pater noster .. Ave Maria ..

PSALMUS CXXIX

*Canticum graduum.*

DE profundis clamavi ad te, Domine : Domine, exaudi vocem meam : Fiant aures tuæ inten-  
dentes, in vocem deprecationis meæ. Si iniquitates observaveris, Domine : Domine, quis  
sustinebit? Quia apud te propitiatio est : et propter legem tuam sustinui te, Domine. Sustin-  
uit anima mea in verbo eius : speravit anima mea in Domino.

A custodia matutina usque ad noctem : speret Israël in Domino. Quia apud Dominum mis-  
ericordia : et copiosa apud eum redemptio. Et ipse redimet Israël, ex omnibus iniquitatibus  
eius.

℣. Requiem æternam dona eis, Domine.

℟. Et lux perpétua luceat eis :

℣. Requiéscant in pace.

℟. Amen.

• • • • •



## NOVEMBER

Feast of St. Andrew (30 Nov.): Miraculous Christmas Novena commences; See p.37

### The Holy Souls in Purgatory

IT IS THEREFORE A HOLY AND WHOLESOME THOUGHT TO  
PRAY FOR THE DEAD, THAT THEY MAY BE LOOSED FROM SINS.

[2 MACH. 12:46]

ANT: I am the Resurrection and the Life.

He that believeth in Me, although he be dead, shall live;  
and every one that liveth and believeth in Me shall not die forever.

℣. I heard a voice from heaven, saying to me:

℟. Blessed are the dead, who die in the Lord.

Let us pray.

O GOD, the Creator and Redeemer of all the faithful, grant to the souls of Thy servants  
and handmaids departed the remission of all their sins: that through pious supplications,  
they may obtain that pardon, which they have always desired. Who livest and reignest world  
without end. Amen.

*Merciful Jesus, grant them everlasting rest.*

*(Invocation only: 300 days, applicable only to the holy souls; trad.)*

MAY light eternal shine upon them, O Lord.

With Thy saints forever, because Thou art gracious.

*The just shall be in everlasting remembrance: he shall not fear the evil hearing.*

(Ps. 111:7)

*.. During the month of November Holy Church turns Her focus to making supplication for the  
Poor Souls when, by pious belief, such supplications are imbued with an increased efficacy.  
For additional devotions, see the SPECIAL OCCASIONS + GROUPS Booklet, pp. 13-17.*

Our Father .. Hail Mary ..

PSALM 129

*De profundis. A prayer of a sinner, trusting in the mercies of God. The sixth penitential psalm.*

OUT of the depths I have cried unto Thee, O Lord: Lord, hear my voice. Let Thine ears be  
attentive to the voice of my supplication. If Thou, O Lord, shalt mark our iniquities: O Lord,  
who can abide it? For with Thee there is mercy: and by reason of Thy law I have waited on  
Thee, O Lord. My soul hath waited on His word: my soul hath hoped in the Lord.

From the morning watch even unto night: let Israel hope in the Lord. For with the Lord  
there is mercy: and with Him is plenteous redemption. And He shall redeem Israel from all  
his iniquities.

℣. Eternal rest grant unto them, O Lord.

℟. And let perpetual light shine upon them.

℣. May they rest in peace.

℟. Amen.

*(3 years \*, or 5 years during November; trad.)*

• • • • •

## DECEMBER

### The Immaculate Conception of the B. V. M.

DOMINUS POSSEDDIT ME IN INITIO VIARUM SUARUM ANTEQUAM QUIDQUAM FACERET A PRINCIPIO. AB ÆTERNO ORDINATA SUM, ET EX ANTIQUIS ANTEQUAM TERRA FIERET : EGO JAM CONCEPTA ERAM. ADERAM ; CUM EO ERAM. ET DELICIÆ MEÆ ESSE CUM FILIIS HOMINUM. NUNC ERGO, FILII, AUDITE ME : BEATI QUI CUSTODIUNT VIAS MEAS. BEATUS HOMO QUI AUDIT ME. QUI ME INVENERIT, INVENIET VITAM, ET HAURIET SALUTEM A DOMINO.

[PROV. VIII, 8:22-24, 27, 30, 31-32, 34-35]

ANT: Hæc est virga in qua nec nodus originális,  
nec cortex actualis culpæ fuit.

℣. In conceptione tua, o Virgo, immaculata fuisti.

℞. Ora pro nobis Patrem, cuius Filium peperisti.

Orémus.

DEUS, qui per immaculatam Virginis Conceptionem dignum Filio tuo habitaculum præparasti : quæsumus, ut qui ex morte eiusdem Filii tui prævisa eam ab omni labe præservasti, nos quoque mundos, eius intercessionem, ad te pervenire concedas. Per eundem Christum Dominum nostrum. Amen.

*O María, sine labe concepta, ora pro nobis, qui confúgimus ad te.*

IN Conceptione tua, Virgo María, immaculata fuisti ;  
ora pro nobis Patrem,  
cuius Filium Iesum de Spíritu Sancto conceptum peperisti.

*Post partum Virgo inviolata permansisti :  
Dei Génitrix, intercede pro nobis.*

### Immaculata Mater Dei

IMMACULATA, Mater Dei, Regina cælorum, Mater misericordiæ, advocata et refugium peccatorum, ecce ego illuminatus et incitatus grátiis, a te materna benevolentia large mihi impetratis ex thesauro divino, státuo nunc et semper dare in manus tuas cor meum Iesu consecrandum.

Tibi igitur, beatissima Virgo, coram novem choris Angelorum cunctisque Sanctis illud trado, tu autem, meo nómine, Iesu id cónsecre ; et ex fidúcia filiáli, quam profiteor, certum mihi est te nunc et semper quantum póteris esse facturum, ut cor meum iúgiter totum sit Iesu, imitans perfectissime Sanctos, præsertim sanctum Ioseph, Sponsum tuum purissimum. Amen.

(B. Vincentius Pallotti)

### O Pura et Immaculata

O PURA et immaculata, eadémque benedicta Virgo, magni Filii tui universorum Dómini Mater inculpata, integra et sacrosanctissima, desperantium atque reorum spes, te collaudamus. Tibi ut grátia plenissimæ benedicimus, quæ Christum genuisti Deum et Hóminem : omnes coram te prosternimur : omnes te invocamus et auxilium tuum imploramus. Eripe nos, o Virgo sancta atque intemerata, a quacúmque ingruente necessitate et a cunctis tentationibus diaboli.

Nostra conciliatrix et advocata in hora mortis atque iudicii esto : nosque a futuro inextinguibili igne et a ténébris exterioribus libera : et Filii tui nos glória dignare, o Virgo et Mater dulcissima ac clementissima. Tu síquidem única spes nostra es securissima et sanctissima apud Deum, cui glória et honor, decus atque impérium in sempiterna sæcula sæculorum. Amen.

(S. Ephraëm Syri)



## DECEMBER

### The Immaculate Conception of the B. V. M.

THE LORD POSSESSED ME IN THE BEGINNING OF HIS WAYS, BEFORE HE MADE ANYTHING, FROM THE BEGINNING. I WAS SET UP FROM ETERNITY, AND OF OLD, BEFORE THE EARTH WAS MADE: I WAS ALREADY CONCEIVED, I WAS THERE; I WAS WITH HIM. AND MY DELIGHT IS TO BE WITH THE CHILDREN OF MEN. NOW, THEREFORE, YE CHILDREN, HEAR ME: BLESSED ARE THEY THAT KEEP MY WAYS. BLESSED IS THE MAN THAT HEARETH ME; HE THAT SHALL FIND ME, SHALL FIND LIFE, AND SHALL HAVE SALVATION FROM THE LORD.

ANT: This is the rod in which was neither knot of original sin,  
nor rind of actual guilt.

℣. In thy conception, O Virgin! thou wast immaculate.

℞. Pray for us to the Father, Whose Son thou didst bring forth.

Let us pray.

O GOD, Who by the Immaculate Conception of the Virgin, didst prepare a worthy habitation for Thy Son, we beseech Thee, that as by the foreseen death of that same Son, Thou didst preserve her from all stain, so too Thou wouldst permit us, purified through her intercession, to come unto Thee. Through the same Christ our Lord. Amen.

*O Mary, conceived without sin, pray for us who have recourse to thee.*

IN Thy conception, O Virgin Mary, thou wast immaculate;  
pray for us to the Father,  
Whose Son, Jesus Christ conceived of the Holy Ghost, thou didst bring forth.

(300 days trad.)

*After child-birth thou didst remain a pure virgin:  
intercede for us, O Mother of God.*

### Immaculate Mother of God

IMMACULATE, Mother of God, Queen of heaven, Mother of mercy, Advocate and Refuge of sinners, behold, I, enlightened and inspired by the graces obtained for me abundantly from the divine treasury through thy maternal affection, resolve this day and always to place my heart into thy hands to be consecrated to Jesus.

To thee, therefore, most Blessed Virgin, in the presence of nine choirs of Angels and all the Saints, I now give it. Do thou, in my name, consecrate it to Jesus; and out of the filial confidence which I hereby make profession of, I am certain that now and always thou wilt do all thou canst to bring it to pass that my heart may ever wholly belong to Jesus, and may imitate perfectly the example of the Saints, and in particular that of Saint Joseph, thy most pure Spouse. Amen.

(3 years\* trad.)

### O Pure and Immaculate

O PURE, and immaculate and likewise blessed Virgin, who art the sinless Mother of thy Son, the mighty Lord of the universe, thou who art inviolate and altogether holy, the hope of the hopeless and sinful, we sing thy praises. We bless thee, as full of every grace, thou who didst bear the God-Man: we bow low before thee; we invoke thee and implore thine aid. Rescue us, O holy and inviolate Virgin, from every necessity that presses upon us and from all the temptations of the devil.

Be our intercessor and advocate at the hour of death and judgment; deliver us from the fire that is not extinguished and from the outer darkness; make us worthy of the glory of thy Son, O dearest and most clement Virgin Mother. Thou indeed art our only hope most sure and sacred in God's sight, to Whom be honour and glory and majesty and dominion for ever and ever world without end. Amen.

## THE GREAT 'O' ANTIPHONS

### Magnificat Antiphons: 17 - 23 December

The Great 'O's are the Magnificat antiphons used at Vespers during the final week of Advent heralding, in excited anticipation, the coming of the our divine Lord, Rex Gloriæ, the King of everlasting Glory. They are of ancient origin, dating to at least the 6th century, and give voice to the eager, bated excitement with which we await His glorious arrival.

Opening with the supplicatory 'O' (typically employed with stricter economy in original Latin texts than in their English renderings) each antiphon invokes our Lord under different title, imploring Him to tarry not! but rather to make haste and come to us.

These invocations are rooted in the promised arrival of the Messias and Scriptural references are provided. Not per chance, the 2nd letter of each (in the Latin, marked in red), when read in reverse, spells **ERO CRAS** or "I will be [there] tomorrow" ..

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17 DEC. (Sir 24:5; Wis 8:1; Is 11:2-3; 28:29)

**O SAPIÉNTIA**, quæ ex ore Altissimi prodiiisti, attingens a fine usque ad finem, fórtiter suavitérque dispónens ómnia : veni ad docéndum nos viam prudéntiæ.

18 DEC. (Ex 3:2, 20:1; Is 11:4-5, 33:22)

**O ADÓNAI**, et Dux domus Israël, qui Móysi in igne flammæ rubi apparuisti, et ei in Sina legem dedisti : veni ad rediméndum nos in bráchio exténiæ.

19 DEC. (Is 11:1, 10; Mic 5:1; Rom 15:8-13; Ap 5:1-5)

**O RADIX** Jesse, qui stas in signum populórum, super quem continébunt reges os suum, quem gentes deprecabúntur : veni ad liberándum nos, jam noli tardáre.

20 DEC. (Is 22:22, 9:6; Ap. 3:7, Lk 1:79)

**O CLAVIS** David, et sceptrum domus Israël ; qui áperis, et nemo claudit ; claudis, et nemo áperit : veni, et educ vinctum de domo cárceris, sedéntem in ténebris, et umbra mortis.

21 DEC. (Ps 106:10; Is 9:2; Mal 4:1-3)

**O ORIÉNS**, splendor lucis æternæ, et sol justitiæ : veni, et illúmina sedéntes in ténebris, et umbra mortis.

22 DEC. (Is 9:7, 2:4; Ag 2:8; Eph 2:14, 20)

**O REX** Géntium, et desiderátus eárum, lapisque anguláris, qui facis útraque unum : veni, et salva hóminem, quem de limo formásti.

23 DEC. (Is 7:14, 33:22)

**O EMMANÚEL**, Rex et légifer noster, exspectátio Géntium, et Salvátor eárum : veni ad salvándum nos Dómine Deus noster.

#### Magnificat

**MAGNÍFICAT** ✠ ánima mea Dóminum. Et exsultávit spíritus meus in Deo, salutári meo. Quia respéxit humilitátem ancillæ suæ : ecce enim ex hoc beátam me dicent omnes generatiónes. Quia fecit mihi magna, qui pótens est : et sanctum Nómen eius. Et misericórdia eius, a progénie in progénies timéntibus eum.

Fecit poténtiam in bráchio suo, dispérsit supérbos mente cordis sui. Depósuit poténtes de sede, et exaltávit húmiles. Esuriéntes implévit bonis, et dívites dimísit inánes. Suscépit Israël púerum suum, recordátus misericórdiæ suæ. Sicut locútus est ad patres nostros : Abraham, et sémini eius in sæcula.

Gloria Patri ..

\*\*\*\*\*



## THE GREAT 'O' ANTIPHONS

### Magnificat Antiphons: 17 - 23 December

.. The underlying reference is to Wisdom 8:1 and saliently, Wisdom, the greatest Gift of the Holy Ghost, is personified in Scripture as explicitly female and as having been created by God in the very beginning: "The Lord possessed me in the beginning of His ways, before He made anything, from the beginning. I was set up from eternity, and of old, before the earth was made. I was present; I was with Him. [Prov 8:22-23, 27, 30]"

Holy Church ascribes Wisdom as a pre-figuration of the Blessed Virgin Mary and these and supporting Scriptural passages adorn Our Lady's feasts in the Liturgy. It is as timely as ever to meditate how the Second Person of the Godhead, when clothed in humanity, came to us through the B. V. M.: Seat of Wisdom, House of Gold, Tower of David and Gate of Heaven.

To incorporate these into one's Christmas preparation, one may like to recite in the manner of: antiphon – Magnificat – antiphon (repeated), ideally during one's evening prayers, day by day.

\*\*\*\*\*

17 DEC. (Sir 24:5; Wis 8:1; Is 11:2-3; 28:29)

**O WISDOM**, that comest out of the mouth of the Most High, that reachest from one end to another, and orderest all things mightily and sweetly, come to teach us the way of prudence.

18 DEC. (Ex 3:2, 20:1; Is 11:4-5, 33:22)

**O ADONAI**, and Ruler of the house of Israel, Who didst appear unto Moses in the burning bush, and gavest him the law in Sinai, come to redeem us with an outstretched arm.

19 DEC. (Is 11:1, 10; Mic 5:1; Rom 15:8-13; Ap 5:1-5)

**O ROOT** of Jesse, which standest for an ensign of the people, at Whom the kings shall shut their mouths, Whom the Gentiles shall seek, come to deliver us, do not tarry.

20 DEC. (Is 22:22, 9:6; Ap. 3:7, Lk 1:79)

**O KEY** of David, and Sceptre of the house of Israel, that openeth and no man shutteth, and shutteth and no man openeth, come to liberate the prisoner from the prison, and them that sit in darkness, and in the shadow of death.

21 DEC. (Ps 106:10; Is 9:2; Mal 4:1-3)

**O DAYSPRING**, Brightness of the everlasting light, Sun of justice, come to give light to them that sit in darkness and in the shadow of death.

22 DEC. (Is 9:7, 2:4; Ag 2:8; Eph 2:14, 20)

**O KING** of the Gentiles, yea, and desire thereof! O Corner-stone, that maketh of two one, come to save man, whom Thou hast made out of the dust of the earth.

23 DEC. (Is 7:14, 33:22)

**O EMMANUEL**, our King and our Law-giver, longing of the gentiles, yea, and salvation thereof, come to save us, O Lord our God.

#### Magnificat

**MY** soul ✠ doth magnify the Lord. And my spirit hath rejoiced in God, my Saviour. Because He hath regarded the humility of his handmaid; for behold from henceforth all generations shall call me blessed. Because He that is mighty, hath done great things to me; and holy is His Name. And His mercy is from generation unto generations, to them that fear Him.

He hath shewed might in his arm: He hath scattered the proud in the conceit of their heart. He hath put down the mighty from their seat, and hath exalted the humble. He hath filled the hungry with good things; and the rich He hath sent empty away. He hath received Israël his servant, being mindful of his mercy: As He spoke to our fathers, to Abraham and to his seed forever.

Glory be ..

\*\*\*\*\*



## MIRABILIS S. ANDREÆ NATIVITAS DOMINI NOVENA

\*\*\*\*\*  
*This most cherished Advent devotion is prayed 15 times (daily) from the Feast of St. Andrew (Nov. 30) until the Christmas Vigil (inclusive). It is piously held that ..*  
\*\*\*\*\*

### Nativitatis præcipias oratio

QUA hora momentúmque grandine benedictus Dei Filius natus ex Maria Virgine puríssimum média in Bethléem penetrábile frigus. In illa hora, dignáre, Dómine Deus meus, exáudi oratiónem meam, ad oratiónem servi tui et dona :

~ Mentio petitionem tuam ~

Per mérita Salvatóris nostri Jesu Christi et eiús sanctíssimæ Matris promóvit. Amen.

Recita cottidie XV vicibus a festo sancti Andree (Nov. XXX) usque ad diem Nativitatis Domini ;  
concludendo :

Pater noster .. Ave Maria .. Gloria Patri ..

Suggestio:

Et Verbum caro factum est et habitávit in nobis.

[S. Iohannes I,14]

Deus visitávit plebem suam.

[S. Luc VII,16]

Sancte Andrea, ora pro nobis.

.....

## GIVING THANKS TO GOD AT YEAR'S END ..

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From *The Raccolta* (1957):

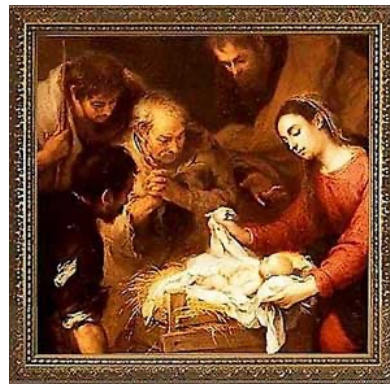
The faithful who devoutly assist at the religious service, to return thanks to the Most Holy Trinity for blessings received and to implore God's help, held **publicly** (i.e. in church) during the last half-hour of the old year and the first half-hour of the new year, and pray for the intentions of the Sovereign Pontiff, are granted:

- An indulgence of 10 years;
- A plenary indulgence with the addition of confession & Communion.

If they perform this pious exercise **privately**, for some time at least, **immediately before and after midnight**, they may gain:

- An indulgence of 7 years;
- Plenary (on usual conditions); but where such a public service is held, this indulgence can be gained only by those who are lawfully prevented from assisting at the public service.

(Raccolta, 1957 ed., #685; see also #684; trad.)



## ST. ANDREW MIRACULOUS CHRISTMAS NOVENA

\*\*\*\*\*  
*.. whosoever does so, devoutly, will obtain their requested favour. In times long since passed it was undertaken, year by year, by entire families & communities.*  
\*\*\*\*\*

### Christmas Anticipation Prayer

**HAIL** and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold. In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires:

~ Mention your request ~

Through the merits of our Saviour Jesus Christ, and of His blessed Mother. Amen.

Recite daily 15 times from the Feast of St. Andrew (Nov. 30) until the Christmas Vigil, inclusive;  
concluding with:

Our Father .. Hail Mary .. Glory be ..

Suggested invocations:

And the Word was made Flesh and dwelt amongst us.

[St. John 1:14]

God hath visited His people.

[St. Luke 7:16]

St. Andrew, pray for us.

.....

## .. AND IMPLORING HIS HELP AT THE START OF THE NEW

\*\*\*\*\*

At year's end:

The **Te Deum** ('Ambrosian Hymn') is specifically indulgenced when offered in thanksgiving, and is traditionally recited publicly (after Holy Mass) on the last day of the year, and is appended below, together with the traditional hymn *Lapsus est Annus*.

At year's beginning:

The Pentecost hymn **Veni Creator** is specifically indulgenced when employed in such manner and is used as the opening hymn at Mass on 1st Jan., the Octave of the Nativity, The Circumcision of Our Lord. It is appended below, together with the traditional hymn *Rerum Deus*.

**Psalm 89**, that canticle authored by Moses on the shortness of man's temporal life and the vain futility of his endeavours, is also reproduced.



### Te Deum laudamus

TE DEUM laudamus : te Dóminum confitémur.  
Te ætérnum Patrem omnis terra venerátur.  
Tibi omnes Angeli ; tibi Coeli et univérsæ potestates.  
Tibi Chérubim et Séraphim incessábili voce proclámant :

Sanctus, Sanctus, Sanctus, Dóminus Deus Sábaoth.  
Pleni sunt cœli et terra maiestátis gloriæ tuæ.

Te gloriósus Apostolórum chorus ;  
Te Prophetárum laudábilis númerus ;  
Te Mártyrum candidátus laudat exércitus.  
Te per orbem terrárum sancta confitétur Ecclésia,

Patrem imménsæ maiestátis ;  
Venerándum tuum verum et únicum Fílium ;  
Sanctum quoque Paráclitum Spíritum.

Tu Rex glóriæ, Christe.  
Tu Patris sempitérnus es Fílius.

Tu ad liberándum susceptúrus hóminem,  
non horruísti Virginis úterum.  
Tu, devícto mortis acúleo,  
aperuísti credéntibus regna cœlórum.  
Tu ad dexteram Dei sedes, in glória Patris.  
Iudex créderis esse ventúrus.

\* Te ergo quæsumus, tuis fámulis súbveni :  
quos Pretiósó Sanguine redemísti. \*  
Æterna fac cum sanctis tuis in glória numerári.

Ÿ. Salvum fac pópulum tuum, Dómine, et bénedic hæreditáti tuæ.  
℞. Et rege eos, et extólle illos usque in ætérnum.

Ÿ. Per singulos dies benedicimus te.  
℞. Et laudamus nomen tuum in sæculum, et in sæculum sæculi.

Ÿ. Dignáre, Dómine, die isto sine peccáto nos custodíre.  
℞. Miserére nostri, Dómine, miserére nostri.

Ÿ. Fiat misericórdia tua, Dómine, super nos, quemádmódum sperávimus in te.  
℞. In te, Dómine, sperávi : non confúndar in ætérnum. Amen.

### Orémus.

DEUS, cuius misericórdiæ non est númerus, et bonitátis infinitus est thesáurus : piíssimæ maiestáti tuæ pro collátis dónis grátias ágimus, tuam semper cleméntiam exorántes ; ut qui peténtibus postuláta concédís, eósdem non déserens, ad præmia futúra dispónas. Per Christum Dóminum nostrum. Amen.

(S. Ambrosi, attrib; ex Breviario & Missali Romano)

\* flectamus genua

### The Te Deum (Ambrosian Hymn)

WE PRAISE Thee, O God: we acknowledge Thee to be the Lord.  
Thee, the Father everlasting, all the earth doth worship.  
To Thee all angels; to Thee the Heavens and all the Powers:  
To Thee the Cherubim and Seraphim continually cry:

Holy, Holy, Holy, Lord God of Sabaoth.  
Heaven and earth art full of the majesty of Thy glory.

Thee, the glorious choir of the Apostles,  
Thee, the admirable company of Prophets,  
Thee, the white-robed army of Martyrs, praise.  
Thee, the holy Church throughout the world doth acknowledge:

The Father of infinite Majesty;  
Thy adorable, true, and only Son;  
Also, the Holy Ghost, the Comforter.

Thou, O Christ, art the King of glory,  
Thou art the everlasting Son of the Father.

When Thou didst take upon Thee to deliver man,  
Thou didst not disdain the Virgin's womb.  
Having overcome the sting of death,  
Thou didst open the Kingdom of Heaven to all believers.  
Thou sittest at the right hand of God, in the glory of the Father.  
We believe that Thou shalt come to be our Judge.  
\* We therefore pray Thee to help Thy servants,  
whom Thou hast redeemed with Thy Precious Blood. \*  
Make them to be numbered with Thy saints in glory everlasting.

Ÿ. Save Thy people, O Lord, and bless Thy inheritance.  
℞. Govern them, and raise them up forever.

Ÿ. Every day we bless Thee.  
℞. And we praise Thy Name; yea, forever and ever.

Ÿ. Vouchsafe, O Lord, this day, to keep us from sin.  
℞. Have mercy on us, O Lord, have mercy on us.

Ÿ. Let Thy mercy, O Lord, be upon us, for we have hoped in Thee.  
℞. O Lord, in Thee I have hoped; let me never be put to shame. Amen.

### Let us pray.

O GOD, of Whose mercies there is no number, and of Whose goodness the treasure is infinite: we render thanks to Thy most gracious Majesty for the gifts Thou hast bestowed upon us, always beseeching Thy clemency; that as Thou grantest the petitions of them that ask Thee, Thou wilt not forsake them, but wilt prepare them for the greater rewards that still await them. Through Christ our Lord. Amen.

(Trad. indulgences: 5 years when recited devoutly, giving thanks to God for blessings received; 10 years when assisting in the public singing of this hymn in a church, which is typically sung during or after Mass, on the last day of the year, or plenary with the addition of Confession, Communion and prayers for the intentions of the Holy Father.)

\* kneel during this verse

### Lapsus est annus

LAPSUS est annus ; redit annus alter ;  
vita sic mutis fugit acta pennis :  
Tu, Deus, cursum moderaris, unus  
arbiter, ævi.

Gens Tuis plaumat cumulata donis ;  
Te simul votis Dominum precatur,  
servet intactum Fidei verendæ  
Patria munus.

Supplices poscunt alimenta cives,  
finibus morbos patriis repellas :  
larga securæ referas benignus  
commoda pacis.

Postulant culpas venia relaxes :  
limites arctos vitiis reponas :  
post graves pugnæ, Tua det salubrem  
dextera palmam.

Noxiæ vitæ maculas perosi,  
cor, Deus, nostrum Tibi devovemus :  
da bonos annos ; facilemque Patris  
indue Vultum.

Dum dies currunt, redeunt et anni,  
et gradu certo sibi sæcla cedunt,  
debitas laudes Triadi Supremæ  
concinat orbis.

(ex B.R.)

### Rerum Deus

RERUM, Deus, tenax vigor,  
immutus in te permanens,  
lucis diurnæ tempora  
successibus determinans :

Largire lumen (*clarum*\*) vespere,  
quo vita numquam decidat,  
sed præmium mortis sacræ  
perennis instet gloria.

Præsta, Pater piissime,  
Patrique compar Unice,  
cum Spiritu Paraclito  
regnans per omne sæculum. Amen.

(ex. B.R.; \* some texts substitute 'clarum' for 'lumen'.)

### The Year is Gone, beyond Recall

THE year is gone, beyond recall,  
with all its hopes and fears,  
with all its bright and gladdening smiles,  
with all its mourners' tears;

Thy thankful people praise Thee, Lord,  
for countless gifts received,  
and pray for grace to keep the Faith  
which Saints of old believed.

To Thee we come, O gracious Lord,  
the new-born year to bless;  
defend our land from pestilence,  
give peace and plenteousness;

Forgive this nation's many sins,  
the growth of vice restrain,  
and help us all with sin to strive,  
and crowns of Life to gain.

From evil deeds that stain the past  
we now desire to flee;  
and pray that future years may all  
be spent, good Lord, for Thee.

Father, let Thy watchful eye  
still look on us in love,  
that we may praise Thee, year by year,  
as Angels do above.

(tr. Francis Pott)

### O Strength and Stay

O STRENGTH, and Stay upholding all creation,  
Who ever dost Thyself unmoved abide,  
yet day by day the light in due gradation  
from hour to hour though all its changes guide:

Grant to life's day a calm unclouded ending,  
an eve untouched by shadows of decay,  
the brightness of a holy death-bed blending  
with dawning glories of th' eternal day.

Hear us, O Father, gracious and forgiving,  
and Thou, O Christ, the co-eternal Word,  
Who, with the Holy Ghost, by all things living,  
now and to endless ages art adored. Amen.

(tr. J. Ellerton)

## PSALM LXXXIX

*Oratio Moysi, hominis Dei.*

**DOMINE**, Domine, refugium factus es nobis a generatione in generationem. Priusquam montes fierent, aut formaretur terra et orbis, a sæculo et usque in sæculum tu es Deus. Ne avertas hominem in humilitatem ; et dixisti : Convertimini, filii hominum. Quoniam mille anni ante oculos tuos tamquam dies hesternæ quæ præterit, et custodia in nocte ; quæ pro nihilo habentur eorum anni erunt.

Mane sicut herba transeat ; mane floreat, et transeat ; vespere decidat, induret, et arescat. Quia defecimus in ira tua, et in furore tuo turbati sumus. Posuisti iniquitates nostras in conspectu tuo, sæculum nostrum in illuminatione vultus tui. Quoniam omnes dies nostri defecerunt ; et in ira tua defecimus. Anni nostri sicut aranea meditabuntur ; dies annorum nostrorum in ipsis septuaginta anni. Si autem in potentatibus octoginta anni, et amplius eorum labor et dolor ; quoniam supervenit mansuetudo, et corripiemur.

Quis novit potestatem iræ tuæ, et præ timore tuo iram tuam dinumerare? Dexteram tuam sic notam fac, et eruditos corde in sapientia. Convertere, Domine ; usquequo? et deprecabilis esto super servos tuos. Repleti sumus mane misericordia tua ; et exsultavimus, et delectati sumus omnibus diebus nostris. Lætati sumus pro diebus quibus nos humiliasti, annis quibus vidimus mala.

Respice in servos tuos et in opera tua, et dirige filios eorum. Et sit splendor Domini Dei nostri super nos ; et opera manuum nostrarum dirige super nos, et opus manuum nostrarum dirige.

**Gloria Patri ..**

**Veni, Creator Spiritus**

**VENI**, Creátor Spíritus,  
mentes tuórum vísita,  
imple supérna grátia  
quæ Tu creásti pèctora. ↓

Qui díceris Paráclitus,  
altíssimi donum Dei,  
fons vivus, ignis, caritas,  
et spiritalis únctio.

Tu, septifórmis múnere,  
dígitus patérnæ dèxteræ,  
Tu rite promíssum Patris,  
sermóne ditans gúttura.

Accénde lumen sénsibus :  
infúnde amórem córdibus :  
infrma nostri córporis  
virtúte firmans pérpeti.

℣. Emítte Spíritum tuum, et creabúntur ;  
℞. Et renovábis fáciem terræ.

Orémus.

**DEUS**, qui corda fidélium Sancti Spíritus illustratióne docuísti : da nobis in eódem Spíritu recta sápere ; et de eius semper consolatióne gáudere. Per Christum Dóminum nostrum. Amen.

• • • • •

## PSALM 89

*Domine, refugium. A prayer for the mercy of God: recounting the shortness and miseries of the days of man. A prayer of Moses the man of God*

**LORD**, thou hast been our refuge from generation to generation. Before the mountains were made, or the earth and the world was formed; from eternity and to eternity thou art God. Turn not man away to be brought low: and thou hast said: Be converted, O ye sons of men. For a thousand years in thy sight are as yesterday, which is past. And as a watch in the night, Things that are counted nothing, shall their years be.

In the morning man shall grow up like grass; in the morning he shall flourish and pass away: in the evening he shall fall, grow dry, and wither. For in thy wrath we have fainted away: and are troubled in thy indignation. Thou hast set our iniquities before thy eyes: our life in the light of thy countenance. For all our days are spent; and in thy wrath we have fainted away. Our years shall be considered as a spider: The days of our years in them are threescore and ten years. But if in the strong they be fourscore years: and what is more of them is labour and sorrow. For mildness is come upon us: and we shall be corrected.

Who knoweth the power of thy anger, and for thy fear can number thy wrath? So make thy right hand known: and men learned in heart, in wisdom. Return, O Lord, how long? and be entreated in favour of thy servants. We are filled in the morning with thy mercy: and we have rejoiced, and are delighted all our days. We have rejoiced for the days in which thou hast humbled us: for the years in which we have seen evils.

Look upon thy servants and upon their works: and direct their children. And let the brightness of the Lord our God be upon us: and direct thou the works of our hands over us; yea, the work of our hands do thou direct.

**Glory be ..**

**Veni, Creator Spiritus**

**COME**, Holy Ghost, Creator blest,  
and in our souls take up Thy rest,  
come with Thy grace and heavenly aid,  
and fill the hearts which Thou hast made. ↓

To Thee, the Comforter, we cry,  
to Thee, the gift of God most high,  
the fount of life, the fire of love,  
the soul's anointing from above.

The sevenfold gifts of grace are Thine,  
O Finger of the hand Divine;  
true promise of the Father Thou,  
Who dost the tongue with speech endow.

Thy light and every thought impart,  
and shed Thy love in every heart;  
our body's poor infirmity  
with strength perpetual fortify.

℣. Send forth Thy Spirit and they shall be created;  
℞. And Thou shalt renew the face of the earth.

Let us pray.

**O GOD**, Who didst teach the hearts of Thy faithful people by sending them the light of Thy Holy Ghost, grant us by the same Spirit to have a right judgement in all things, and evermore to rejoice in His holy comfort. Through Christ Our Lord. Amen.

(5 years\* trad.)

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## APPENDIX I

### QUATTUOR ANNI TEMPORA DIES

*Ancient observances of fast & abstinence ..*



JEJUNAVIMUS AUTEM, ET ROGAVIMUS DEUM NOSTRUM PER HOC :  
ET EVENIT NOBIS PROSPERE.

[I ESDRAS VIII, 23]

The term 'Ember Days' finds its origin in the Latin term *Quattuor Tempora* ('four times') and is wholly unrelated to embers, charcoal or ashes. Ember Days are observed on the successive Wednesday, Friday & Saturday (i.e. the penitential 'Stational' days) at the beginning of the four seasons of the year and are an ancient practise instituted by the Church to thank God for His blessings received and to implore further graces for the season ahead. Specifically, they are intended in thanksgiving for the gifts of nature, to teach men to make use of such in moderation, and to assist those in need.

They are days of fasting & abstinence and fall in the weeks that follow "Lucy, Ashes, Dove, and Cross":

- St. Lucia, V.M. (13th Dec., Advent)
- Ash Wednesday (Great Lent)
- Whitsunday (Pentecost)
- Exaltation of the Holy Cross (14th Sep., in approach of Michaelmas)

\*\*\*\*\*

ANT: Benedic, anima mea, Domino, et noli oblivisci omnes retributiones eius.

Ÿ. Domine, refugium factus es nobis.

℞. A generatione in generationem.

Orémus.

PRÆSTA, quæsumus, omnipotens Deus : ut, observationes sacreas annua devotione recolentes, et corpore tibi placeamus, et mente. Per Christum Dominum nostrum.

#### Deus, Qui pro Redemptione Mundi

DEUS, Qui pro redemptione mundi voluisti nasci, circumcidi, a Iudæis reprobâri, a Iuda traditôre osculo tradi, vînculis alligâri, sicut agnus innocens ad victimam duci atque conspéc-tibus Annæ, Cápiphæ, Pilâti et Herôdis indecênter offérri, a falsis téstibus accusâri, flagéllis et opprobriis vexâri, sputis cónspui, spinis coronâri, cólaphis cædi, arúndine pèrcuti, fácie velâri, vestibus éxui, Cruci clavis affigi, in Cruce levâri, inter latrônes deputâri, felle et acêto potâri et láncea vulnerâri, Tu, Dómine, per has sanctissimas pœnas tuas, quas ego indignus récolo, et per sanctam Crucem et Mortem tuam, libera me a pœnis inférni et perducere dignéris, quo perduxisti latrônem tecum Crucifixum. Qui cum Patre et Spíritu Sancto vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

Pater noster .. Ave Maria .. Gloria Patri .. (quinquies)

#### Collecta (missa votiva)

DEUS, qui omnes hómines vis salvos fieri, et ad agnitiónem veritátis venire : mitre, quæsumus, operârios in messem tuam, et da eis cum omni fidúcia loqui verbum tuum ; ut sermo tuus currat et clarificétur, et omnes gentes cognóscant te solum Deum verum, et quem misísti Iesum Christum Fílium tuum Dóminum nostrum.

Mitte, Dómine, operârios in messem tuam.

\*\*\*\*\*

## APPENDIX I

### EMBER DAYS

*.. in thanksgiving for (and petition of) God's blessing. (See also, Rogation Days)*

AND WE FASTED, AND BESOUGHT OUR GOD FOR THIS:  
AND IT FELL OUT PROSPEROUSLY UNTO US.

[I ESDRAS VIII, 23]

From the Blessed be God Prayer Book (pp.234-5):

"Wednesday, Friday and Saturday were days of particular devotion in the early Church: Wednesday as recalling the betrayal of our Lord, and Friday in memory of His Passion, Saturday was later added to these days of prayer and penance as a continuation of Friday, and as far back as the second century they were set apart as Stational days, that is, as days of special religious service and fasting."

The origins of Ember Days date from the ancient Church and in 494 A.D Pope Gelasius I prescribed that the Sacrament of Holy Orders (i.e. the diaconate and priesthood) be conferred on Ember Saturdays. Thus, Embertides are times for special prayer & supplication for priestly (and religious) vocations and for sanctification of the same: for the labourers of God's vineyard.

Putting aside the aberrations of the post-1960s Conciliar Church or 'Vatican II Sect', the modern Ember format was arranged and prescribed by Pope Gregory VII (1073-1085 A.D.).

\*\*\*\*\*

ANT: Bless the Lord, O my soul, and never forget all He hath done for thee.

Ÿ. Lord, Thou hast been our refuge.

℞. From generation to generation.

Let us pray.

GRANT, we beseech Thee, almighty God, that as year by year we devoutly keep these holy observances, we may be pleasing to Thee both in body and soul. Through Christ our Lord.

#### In Honour of Christ's Betrayal and Passion

O GOD, Who for the redemption of the world, didst will to be born amongst men, to be circumcised, to be rejected by the Jews, to be betrayed by the traitor Judas with a kiss, to be bound with cords, to be led to slaughter as an innocent lamb, to be shamefully exposed to the gaze of Annas, Caiphas, Pilate and Herod, to be accused by false witnesses, to be tormented by scourges and insults, defiled with spitting, crowned with thorns, smitten with blows, struck with a reed, blindfolded, stripped of Thy garments, fastened to the Cross with nails, lifted on the Cross, reckoned among thieves, given gall and vinegar to drink and wounded with a lance; do Thou, O Lord, by these Thy most holy sufferings, upon which I unworthily meditate, and by Thy holy Cross and death, deliver me from the pains of hell, and vouchsafe to bring me where Thou didst bring the penitent thief who was crucified with Thee, Who with the Father and the Holy Ghost livest and reignest, one God, world without end. Amen.

Our Father .. Hail Mary .. Glory Be .. (five times)

(3 years \* trad.)

#### Collect (Votive Mass for the Propagation of the Faith)

O GOD, Thou desirest that all men should be saved, and come to the knowledge of Thy truth: send, we pray Thee, labourers into Thy harvest, and grant them grace to speak Thy word with all trust: that Thy words may run and be glorified, and that all nations may know Thee the one true God, and Him whom Thou sent, Jesus Christ Thy Son our Lord.

Send forth, O Lord, labourers into Thy harvest.

\*\*\*\*\*

## SELECT PSALMS FOR TIME &amp; OCCASION

.....  
*A selection of King David's Psalter for the rigours of religion and the assault of the world. Our Lord  
 attests that David "saith by the Holy Ghost" (St. Mark 12:36)  
 and the incisive & sublime insights of these canticles gives firm witness to such.*  
 .....

SUSCITAVIT ILLIS DAVID REGEM : CUI TESTIMONIUM PERHIBENS, DIXIT: INVENI DAVID  
 FILIUM JESSE, VIRUM SECUNDUM COR MEUM.

[ACTUS XIII, 22]

~ In thanksgiving; in the morning & after confession ~

## PSALMUS CII

*Ipsi David.*

**BENEDIC**, anima mea, Domino, et omnia quæ intra me sunt nomini sancto ejus. Benedic, anima mea, Domino, et noli oblivisci omnes retributiones ejus ; qui propitiatur omnibus iniquitatibus tuis, qui sanat omnes infirmitates tuas ; qui redimit de interitu vitam tuam, qui coronat te in misericordia et miserationibus ; qui replet in bonis desiderium tuum : renovabitur ut aquilæ juvenus tua.

Faciens misericordias Dominus, et judicium omnibus injuriam patientibus. Notas fecit vias suas Moysi, filiis Israël voluntates suas. Miserator et misericors Dominus, longanimis, et multum misericors. Non in perpetuum irascetur, neque in æternum comminabitur. Non secundum peccata nostra fecit nobis, neque secundum iniquitates nostras retribuit nobis.

Quoniam secundum altitudinem cœli a terra, corroboravit misericordiam suam super timentes se ; quantum distat ortus ab occidente, longe fecit a nobis iniquitates nostras. Quomodo miseretur pater filiorum, misertus est Dominus timentibus se. Quoniam ipse cognovit figmentum nostrum ; recordatus est quoniam pulvis sumus. Homo, sicut fœnum dies ejus ; tamquam flos agri, sic efflorescit.

Quoniam spiritus pertransibit in illo, et non subsistet : et non cognoscet amplius locum suum. Misericordia autem Domini ab æterno, et usque in æternum super timentes eum. Et justitia illius in filios filiorum, his qui servant testamentum ejus, et memores sunt mandatorum ipsius ad faciendum ea. Dominus in cœlo paravit sedem suam, et regnum ipsius omnibus dominabitur. Benedicite Domino, omnes angeli ejus, potentes virtute, facientes verbum illius, ad audiendam vocem sermonum ejus.

Benedicite Domino, omnes virtutes ejus, ministri ejus, qui facitis voluntatem ejus. Benedicite Domino, omnia opera ejus, in omni loco dominationis ejus. Benedic, anima mea, Domino.

Gloria Patri ..

.....

## SELECT PSALMS FOR TIME &amp; OCCASION

.....  
*A selection of King David's Psalter for the rigours of religion and the assault of the world. Our Lord  
 attests that David "saith by the Holy Ghost" (St. Mark 12:36)  
 and the incisive & sublime insights of these canticles gives firm witness to such.*  
 .....

HE RAISED THEM UP DAVID TO BE KING: TO WHOM GIVING TESTIMONY, HE SAID: I  
 HAVE FOUND DAVID, THE SON OF JESSE, A MAN ACCORDING TO MY OWN HEART.

[ACTS 13:22]

~ In thanksgiving; in the morning & after confession ~

## PSALM 102

*Benedic, anima. Thanksgiving to God for his mercies.  
 For David himself.*

**BLESS** the Lord, O my soul: and let all that is within me bless his holy name. Bless the Lord, O my soul, and never forget all he hath done for thee. Who forgiveth all thy iniquities: who healeth all thy diseases. Who redeemeth thy life from destruction: who crowneth thee with mercy and compassion. Who satisfieth thy desire with good things: thy youth shall be renewed like the eagle's.

The Lord doth mercies, and judgment for all that suffer wrong. He hath made his ways known to Moses: his wills to the children of Israel. The Lord is compassionate and merciful: longsuffering and plenteous in mercy. He will not always be angry: nor will he threaten for ever. He hath not dealt with us according to our sins: nor rewarded us according to our iniquities.

For according to the height of the heaven above the earth: he hath strengthened his mercy towards them that fear him. As far as the east is from the west, so far hath he removed our iniquities from us. As a father hath compassion on his children, so hath the Lord compassion on them that fear him: For he knoweth our frame. He remembereth that we are dust: Man's days are as grass, as the flower of the field so shall he flourish.

For the spirit shall pass in him, and he shall not be: and he shall know his place no more. But the mercy of the Lord is from eternity and unto eternity upon them that fear him: And his justice unto children's children, To such as keep his covenant, and are mindful of his commandments to do them. The Lord hath prepared his throne in heaven: and his kingdom shall rule over all. Bless the Lord, all ye his angels: you that are mighty in strength, and execute his word, hearkening to the voice of his orders.

Bless the Lord, all ye his hosts: you ministers of his that do his will. Bless the Lord, all his works: in every place of his dominion, O my soul, bless thou the Lord.

Glory be ..

.....



~ To invoke God's protection; of an evening or in conjunction with prayers to the Angels ~

## PSALMUS XC

*Laus cantici David. Qui habitat.*

**Q**UI habitat in adjutorio Altissimi, in protectione Dei coeli commorabitur. Dicit Domino : Susceptor meus es tu et refugium meum ; Deus meus, sperabo in eum. Quoniam ipse liberavit me de laqueo venantium, et a verbo aspero. Scapulis suis obumbrabit tibi, et sub pennis ejus sperabis. Scuto circumdabit te veritas ejus : non timebis a timore nocturno.

A sagitta volante in die, a negotio perambulante in tenebris, ab incursu, et dæmonio meridiano. Cadent a latere tuo mille, et decem millia a dextris tuis ; ad te autem non appropinquabit. Verumtamen oculis tuis considerabis et retributionem peccatorum videbis. Quoniam tu es, Domine, spes mea ; Altissimum posuisti refugium tuum. Non accedet ad te malum, et flagellum non appropinquabit tabernaculo tuo.

Quoniam angelis suis mandavit de te, ut custodiant te in omnibus viis tuis. In manibus portabunt te, ne forte offendas ad lapidem pedem tuum. Super aspidem et basiliscum ambulabis, et conculcabis leonem et draconem. Quoniam in me speravit, liberabo eum ; protegam eum, quoniam cognovit nomen meum. Clamabit ad me, et ego exaudiam eum ; cum ipso sum in tribulatione ; eripiam eum, et glorificabo eum.

Longitudine dierum replebo eum, et ostendam illi salutare meum.

Gloria Patri ..

.....

~ The great penitential psalm: before confession and often-times ~

## PSALMUS L

*In finem.*

*Psalmus David, cum venit ad eum Nathan propheta, quando intravit ad Bethsabée.*

**M**ISERÉRE, mei, Deus, secundum magnam misericordiam tuam ; et secundum multitudinem miserationum tuarum, dele iniquitatem meam. Amplius lava me ab iniquitate mea, et a peccato meo munda me. Quoniam iniquitatem meam ego cognosco, et peccatum meum contra me est semper.

Tibi soli peccavi, et malum coram te feci ; ut justificeris in sermonibus tuis, et vincas cum judicaris. Ecce enim in iniquitatibus conceptus sum, et in peccatis concepit me mater mea. Ecce enim veritatem dilexisti ; incerta et occulta sapientiæ tuæ manifestasti mihi. Asperges me hyssopo, et mundabor ; lavabis me, et super nivem dealbabor. Auditui meo dabis gaudium et lætitiā, et exultabunt ossa humiliata.

Averte faciem tuam a peccatis meis, et omnes iniquitates meas dele. Cor mundum crea in me, Deus, et spiritum rectum innova in visceribus meis. Ne projicias me a facie tua, et spiritum sanctum tuum ne auferas a me. Redde mihi lætitiā salutaris tui, et spiritu principali confirma me. Docebo iniquos vias tuas, et impii ad te convertentur. Quoniam spiritus pertransibit in illo, et non subsistet : et non cognoscet amplius locum.

Continues ..

~ To invoke God's protection; of an evening or in conjunction with prayers to the Angels ~

## PSALM 90

*Qui habitat. The just is secure under the protection of God. The praise of a canticle for David.*

**H**E that dwelleth in the aid of the most High, shall abide under the protection of the God of Jacob. He shall say to the Lord: Thou art my protector, and my refuge: my God, in him will I trust. For he hath delivered me from the snare of the hunters: and from the sharp word. He will overshadow thee with his shoulders: and under his wings thou shalt trust. His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night.

Of the arrow that flieth in the day, of the business that walketh about in the dark: of invasion, or of the noonday devil. A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh thee. But thou shalt consider with thy eyes: and shalt see the reward of the wicked. Because thou, O Lord, art my hope: thou hast made the most High thy refuge. There shall no evil come to thee: nor shall the scourge come near thy dwelling.

For he hath given his angels charge over thee; to keep thee in all thy ways. In their hands they shall bear thee up: lest thou dash thy foot against a stone. Thou shalt walk upon the asp and the basilisk: and thou shalt trample under foot the lion and the dragon. Because he hoped in me I will deliver him: I will protect him because he hath known my name. He shall cry to me, and I will hear him: I am with him in tribulation, I will deliver him, and I will glorify him.

I will fill him with length of days; and I will shew him my salvation.

Glory be ..

.....

~ The great penitential psalm: before confession and often-times ~

## PSALM 50

*Miserere.*

*The repentance and confession of David after his sin. The fourth penitential psalm. Unto the end, a psalm of David, When Nathan the prophet came to him after he had sinned with Bethsabée.*

**H**AVE MERCY on me, O God, according to thy great mercy. And according to the multitude of thy tender mercies blot out my iniquity. Wash me yet more from my iniquity, and cleanse me from my sin. For I know my iniquity, and my sin is always before me.

To thee only have I sinned, and have done evil before thee: that thou mayst be justified in thy words and mayst overcome when thou art judged. For behold I was conceived in iniquities; and in sins did my mother conceive me. For behold thou hast loved truth: the uncertain and hidden things of thy wisdom thou hast made manifest to me. Thou shalt sprinkle me with hyssop, and I shall be cleansed: thou shalt wash me, and I shall be made whiter than snow. To my hearing thou shalt give joy and gladness: and the bones that have been humbled shall rejoice.

Turn away thy face from my sins, and blot out all my iniquities. Create a clean heart in me, O God: and renew a right spirit within my bowels. Cast me not away from thy face; and take not thy holy spirit from me. Restore unto me the joy of thy salvation, and strengthen me with a perfect spirit. I will teach the unjust thy ways: and the wicked shall be converted to thee.

Continues ..

Libera me de sanguinibus, Deus, Deus salutis meæ, et exsultabit lingua mea justitiam tuam. Domine, labia mea aperies, et os meum annuntiabit laudem tuam. Quoniam si voluisses sacrificium, dedissem utique ; holocaustis non delectaberis. Sacrificium Deo spiritus contritus ; cor contritum et humiliatum, Deus, non despicies. Benigne fac, Domine, in bona voluntate tua Sion, ut ædificentur muri Jerusalem.

Tunc acceptabis sacrificium justitiæ, oblationes et holocausta ; tunc imponent super altare tuum vitulos.

Gloria Patri ..

.....

~ In these, our wicked modern days ~

### PSALMUS XI

*In finem, pro octava.  
Psalmus David.*

**S**ALVUM me fac, Domine, quoniam defecit sanctus, quoniam diminutæ sunt veritates a filiis hominum. Vana locuti sunt unusquisque ad proximum suum ; labia dolosa, in corde et corde locuti sunt. Disperdat Dominus universa labia dolosa, et linguam magniloquam. Qui dixerunt : Linguam nostram magnificabimus ; labia nostra a nobis sunt. Quis noster dominus est?

Propter miseriam inopum, et gemitum pauperum, nunc exsurgam, dicit Dominus. Ponam in salutari ; fiducialiter agam in eo. Eloquia Domini, eloquia casta ; argentum igne examinatum, probatum terræ, purgatum septuplum. Tu, Domine, servabis nos, et custodies nos a generatione hac in æternum. In circuitu impii ambulant : secundum altitudinem tuam multiplicasti filios hominum.

Gloria Patri ..

.....

~ In times of persecution of family, nation and Church (trad. follows Litany of the Saints) ~

### PSALMUS LXIX

*In finem.  
Psalmus David in rememorationem, quod saluum fecerit eum Dominus.*

**D**EUS, in adiutorium meum intende ; Domine, ad adjuvandum me festina. Confundantur, et revereantur, qui quærun animam meam. Avertantur retrorsum, et erubescant, qui volunt mihi mala ; avertantur statim erubescantes qui dicunt mihi : Euge, euge! Exsultent et lætentur in te omnes qui quærun te ; et dicant semper : Magnificetur Dominus, qui diligunt salutare tuum.

Ego vero egenus et pauper sum ; Deus, adjuva me. Adjutor meus et liberator meus es tu ; Domine, ne moreris.

Glory be ..

.....

Deliver me from blood, O God, thou God of my salvation: and my tongue shall extol thy justice. O Lord, thou wilt open my lips: and my mouth shall declare thy praise. For if thou hadst desired sacrifice, I would indeed have given it: with burnt offerings thou wilt not be delighted. A sacrifice to God is an afflicted spirit: a contrite and humbled heart, O God, thou wilt not despise. Deal favourably, O Lord, in thy good will with Sion; that the walls of Jerusalem may be built up.

Then shalt thou accept the sacrifice of justice, oblations and whole burnt offerings: then shall they lay calves upon thy altar.

Glory be ..

.....

~ In these, our wicked modern days ~

### PSALM 11

*Salvum me fac.*

*The prophet calls for God's help against the wicked. Unto the end; for the octave, a psalm for David.*

**S**AVE me, O Lord, for there is now no saint: truths are decayed from among the children of men. They have spoken vain things every one to his neighbour: with deceitful lips, and with a double heart have they spoken. May the Lord destroy all deceitful lips, and the tongue that speaketh proud things. Who have said: We will magnify our tongue; our lips are our own; who is Lord over us?

By reason of the misery of the needy, and the groans of the poor, now will I arise, saith the Lord. I will set him in safety; I will deal confidently in his regard. The words of the Lord are pure words: as silver tried by the fire, purged from the earth refined seven times. Thou, O Lord, wilt preserve us: and keep us from this generation for ever. The wicked walk round about: according to thy highness, thou hast multiplied the children of men.

Glory be ..

.....

~ In times of persecution of family, nation and Church (trad. follows Litany of the Saints) ~

### PSALM 69

*A prayer in persecution.*

*Unto the end, a psalm for David, to bring to remembrance that the Lord saved him.*

**O** GOD, come to my assistance; O Lord, make haste to help me. Let them be confounded and ashamed that seek my soul: Let them be turned backward, and blush for shame that desire evils to me: Let them be presently turned away blushing for shame that say to me: 'Tis well, 'tis well. Let all that seek thee rejoice and be glad in thee; and let such as love thy salvation say always: The Lord be magnified.

But I am needy and poor ; O God, help me. Thou art my helper and my deliverer : O Lord, make no delay.

Glory be ..

.....

~ For the Church; Ember & Rogation Days ~

### PSALMUS LXVI

*In finem, in hymnis.  
Psalmus cantici David.*

DEUS misereatur nostri, et benedicat nobis ; illuminet vultum suum super nos, et misereatur nostri ; ut cognascamus in terra viam tuam, in omnibus gentibus salutare tuum. Confiteantur tibi populi, Deus, confiteantur tibi populi omnes. Lætentur et exsultent gentes, quoniam iudicas populos in æquitate, et gentes in terra dirigis.

Confiteantur tibi populi, Deus, confiteantur tibi populi omnes. Terra dedit fructum suum : benedicat nos Deus, Deus noster! Benedicat nos Deus, et metuant eum omnes fines terræ.

Gloria Patri ..

.....

~ At Church; in preparation for Communion ~

### PSALMUS LXXXIII

*In finem, pro torcularibus filiis Core.  
Psalmus.*

QUAM dilecta tabernacula tua, Domine virtutum! Concupiscit, et deficit anima mea in atria Domini ; cor meum et caro mea exsultaverunt in Deum vivum. Etenim passer invenit sibi domum, et turtur nidum sibi, ubi ponat pullos suos. Altaria tua, Domine virtutum, rex meus, et Deus meus. Beati qui habitant in domo tua, Domine ; in sæcula sæculorum laudabunt te.

Beatus vir cujus est auxilium abs te, ascensiones in corde suo disposuit, in valle lacrimarum, in loco quem posuit. Etenim benedictionem dabit legislator ; ibunt de virtute in virtutem, videbitur Deus deorum in Sion. Domine Deus virtutum, exaudi orationem meam ; auribus percipe, Deus Jacob. Protector noster, aspice, Deus, et respice in faciem christi tui.

Quia melior est dies una in atriis tuis super millia ; elegi abjectus esse in domo Dei mei magis quam habitare in tabernaculis peccatorum. Quia misericordiam et veritatem diligit Deus, gratiam et gloriam dabit Dominus. Non privabit bonis eos qui ambulant in innocentia. Domine virtutum, beatus homo qui sperat in te.

Gloria Patri ..

.....

### Psalmus CXVI

LAUDATE Dóminum, omnes gentes : laudate eum, omnes pópuli.  
Quóniam confirmáta est super nos misericórdia eius :  
et véritas Dómini manet in ætérnum.

Gloria Patri ..

.....

~ For the Church; Ember & Rogation Days ~

### PSALM 66

*A prayer for the propagation of the church.  
Unto the end, in, hymns, a psalm of a canticle for David.*

MAY God have mercy on us, and bless us: may he cause the light of his countenance to shine upon us, and may he have mercy on us. That we may know thy way upon earth: thy salvation in all nations. Let people confess to thee, O God: let all people give praise to thee. Let the nations be glad and rejoice: for thou judgest the people with justice, and directest the nations upon earth.

Let the people, O God, confess to thee: let all the people give praise to thee: The earth hath yielded her fruit. May God, our God bless us, May God bless us: and all the ends of the earth fear him.

Glory be ..

.....

~ At Church; in preparation for Communion ~

### PSALM 83

*Quam dilecta. The soul aspireth after heaven;  
rejoicing in the mean time, in being in the communion of God's church upon earth.  
Unto the end, for the winepresses, a psalm for the sons of Core.*

HOW lovely are thy tabernacles, O Lord of hosts! My soul longeth and fainteth for the courts of the Lord. My heart and my flesh have rejoiced in the living God. For the sparrow hath found herself a house, and the turtle a nest for herself where she may lay her young ones: Thy altars, O Lord of hosts, my king and my God. Blessed are they that dwell in thy house, O Lord: they shall praise thee for ever and ever.

Blessed is the man whose help is from thee: in his heart he hath disposed to ascend by steps, In the vale of tears, in the place which he hath set. For the lawgiver shall give a blessing, they shall go from virtue to virtue: the God of gods shall be seen in Sion. O Lord God of hosts, hear my prayer: give ear, O God of Jacob. Behold, O God our protector: and look on the face of thy Christ.

For better is one day in thy courts above thousands. I have chosen to be an abject in the house of my God, rather than to dwell in the tabernacles of sinners. For God loveth mercy and truth: the Lord will give grace and glory. He will not deprive of good things them that walk in innocence: O Lord of hosts, blessed is the man that trusteth in thee.

Glory be ..

.....

### Psalm 116

O PRAISE the Lord, all ye nations: praise him, all ye people.  
For his mercy is confirmed upon us:  
and the truth of the Lord remaineth for ever.

Glory be ..

.....

(500 days\* trad.)

~ The Incarnation, the wedding of Christ & His Church and the Queenship of Mary; many ~  
 Marian Feasts (and antiphons from the Little Office of the B.V.M.) quote extensively from Ps. 44.  
 St. Augustine wrote on its particulr application to Our Lady.

### PSALMUS XLIV

*In finem, pro iis qui commutabuntur.  
 Filiis Core, ad intellectum.  
 Canticum pro dilecto.*

ERUCTAVIT cor meum verbum bonum ; dico ego opera mea regi. Lingua mea calamus scribæ velociter scribentis. Speciosus forma præ filiis hominum, diffusa est gratia in labiis tuis ; propterea benedixit te Deus in æternum. Accingere gladio tuo super femur tuum, potentissime. Specie tua et pulchritudine tua intende, prospere procede, et regna, propter veritatem, et mansuetudinem, et justitiam ; et deducet te mirabiliter dextera tua.

Sagittæ tuæ acutæ, populi sub te cadent, in corda inimicorum regis. Sedes tua, Deus, in sæculum sæculi ; virga directionis virga regni tui. Dilexisti justitiam, et odisti iniquitatem ; propterea unxit te Deus, Deus tuus, oleo lætitiæ, præ consortibus tuis. Myrrha, et gutta, et casia a vestimentis tuis, a domibus eburneis ; ex quibus delectaverunt te filiæ regum in honore tuo. Astitit regina a dextris tuis in vestitu deaurato, circumdata varietate.

Audi, filia, et vide, et inclina aurem tuam ; et obliviscere populum tuum, et domum patris tui. Et concupiscet rex decorem tuum, quoniam ipse est Dominus Deus tuus, et adorabunt eum. Et filiæ Tyri in muneribus vultum tuum deprecabuntur ; omnes divites plebis. Omnis gloria ejus filiæ regis ab intus, in fimbriis aureis, circumamicta varietatibus. Adducentur regi virgines post eam, proximæ ejus afferentur tibi.

Afferentur in lætitia et exultatione ; adducentur in templum regis. Pro patribus tuis nati sunt tibi filii ; constitues eos principes super omnem terram. Memores erunt nominis tui in omni generatione et generationem : propterea populi confitebuntur tibi in æternum, et in sæculum sæculi.

Gloria Patri ..

.....

~ The humility of Christ, our Creator & Redeemer; Compline: end of the day, before sleep ~

### PSALMUS CXXX

*Canticum graduum David.*

DOMINE, non est exaltatum cor meum, neque elati sunt oculi mei, neque ambulavi in magnis, neque in mirabilibus super me. Si non humiliter sentiebam, sed exaltavi animam meam ; sicut ablactatus est super matre sua, ita retributio in anima mea. Speret Israël in Domino, ex hoc nunc et usque in sæculum.

Gloria Patri ..

.....

~ The Incarnation, the wedding of Christ & His Church and the Queenship of Mary; many ~  
 Marian Feasts (and antiphons from the Little Office of the B.V.M.) quote extensively from Ps. 44.  
 St. Augustine wrote on its particulr application to Our Lady.

### PSALM 44

*Eructavit cor meum.  
 The excellence of Christ's kingdom, and the endowments of his church.  
 Unto the end, for them that shall be changed, for the sons of Core, for understanding.  
 A canticle for the Beloved.*

MY HEART hath uttered a good word: I speak my works to the king; My tongue is the pen of a scrivener that writeth swiftly. Thou art beautiful above the sons of men: grace is poured abroad in thy lips; therefore hath God blessed thee for ever. Gird thy sword upon thy thigh, O thou most mighty. With thy comeliness and thy beauty set out, proceed prosperously, and reign. Because of truth and meekness and justice: and thy right hand shall conduct thee wonderfully.

Thy arrows are sharp: under thee shall people fall, into the hearts of the king's enemies. Thy throne, O God, is for ever and ever: the sceptre of thy kingdom is a sceptre of uprightness. Thou hast loved justice, and hated iniquity: therefore God, thy God, hath anointed thee with the oil of gladness above thy fellows. Myrrh and stacte and cassia perfume thy garments, from the ivory houses: out of which The daughters of kings have delighted thee in thy glory. The queen stood on thy right hand, in gilded clothing; surrounded with variety.

Hearken, O daughter, and see, and incline thy ear: and forget thy people and thy father's house. And the king shall greatly desire thy beauty; for he is the Lord thy God, and him they shall adore. And the daughters of Tyre with gifts, yea, all the rich among the people, shall entreat thy countenance. All the glory of the king's daughter is within in golden borders, Clothed round about with varieties. After her shall virgins be brought to the king: her neighbours shall be brought to thee.

They shall be brought with gladness and rejoicing: they shall be brought into the temple of the king. Instead of thy fathers, sons are born to thee: thou shalt make them princes over all the earth. They shall remember thy name throughout all generations. Therefore shall people praise thee for ever; yea, for ever and ever.

Glory be ..

.....

~ The humility of Christ, our Creator & Redeemer; Compline: end of the day, before sleep ~

### PSALM 130

*Domine, non est. The prophet's humility.*

LORD, my heart is not exalted: nor are my eyes lofty. Neither have I walked in great matters, nor in wonderful things above me. If I was not humbly minded, but exalted my soul: As a child that is weaned is towards his mother, so reward in my soul. Let Israel hope in the Lord, from henceforth now and for ever.

Glory be ..

.....

## PSALMUS XXI

*In finem, pro susceptione matutina.  
Psalmus David.*

DEUS, Deus meus, respice in me : quare me dereliquisti? Longe a salute mea verba delictorum meorum. Deus meus, clamabo per diem, et non exaudies ; et nocte, et non ad insipientiam mihi. Tu autem in sancto habitas, laus Israël. In te speraverunt patres nostri ; speraverunt, et liberasti eos.

Ad te clamaverunt, et salvi facti sunt ; in te speraverunt, et non sunt confusi. Ego autem sum vermis, et non homo ; opprobrium hominum, et abjectio plebis. Omnes videntes me deriserunt me ; locuti sunt labiis, et moverunt caput. Speravit in Domino, eripiat eum : salvum faciat eum, quoniam vult eum. Quoniam tu es qui extraxisti me de ventre, spes mea ab uberibus matris meæ.

In te projectus sum ex utero ; de ventre matris meæ Deus meus es tu ; ne discesseris a me, quoniam tribulatio proxima est, quoniam non est qui adjuvet. Circumdederunt me vituli multi ; tauri pingues obsederunt me. Aperuerunt super me os suum, sicut leo rapiens et rugiens. Sicut aqua effusus sum ; et dispersa sunt omnia ossa mea. Factum est cor meum tamquam cera liquescens in medio ventris mei.

Aruit tamquam testa virtus mea, et lingua mea adhæsit faucibus meis, et in pulverem mortis deduxisti me. Quoniam circumdederunt me canes multi ; concilium malignantium obsedit me. Foderunt manus meas et pedes meos, dinumeraverunt omnia ossa mea. Ipsi vero consideraverunt et inspexerunt me. Diviserunt sibi vestimenta mea, et super vestem meam miserunt sortem. Tu autem, Domine, ne elongaveris auxilium tuum a me ; ad defensionem meam conspice.

Erue a framea, Deus, animam meam, et de manu canis unicam meam. Salva me ex ore leonis, et a cornibus unicornium humilitatem meam. Narrabo nomen tuum fratribus meis ; in medio ecclesiæ laudabo te. Qui timetis Dominum, laudate eum ; universum semen Jacob, glorificate eum. Timeat eum omne semen Israël, quoniam non sprexit, neque despexit deprecationem pauperis ; nec avertit faciem suam a me : et cum clamarem ad eum exaudivit me.

Apud te laus mea in ecclesia magna ; vota mea reddam in conspectu timentium eum. Edent pauperes, et saturabuntur ; et laudabunt Dominum qui requirunt eum ; vivent corda eorum in sæculum sæculi. Reminiscantur et convertentur ad Dominum universi fines terræ ; et adorabunt in conspectu ejus universæ familiæ gentium ; quoniam Domini est regnum, et ipse dominabitur gentium. Manducaverunt et adoraverunt omnes pingues terræ ; in conspectu ejus cadent omnes qui descendunt in terram.

Et anima mea illi vivet ; et semen meum serviet ipsi. Annuntiabitur Domino generatio ventura ; et annuntiabunt cœli justitiam ejus, populo qui nascetur, quem fecit Dominus.

Gloria Patri ..

.....

*See also Psalm 129 De Profundis (in 'Evening Prayers', p.10) with Requiem Æternum versicle  
& collect for the faithful departed, traditionally recited after the 6:00 p.m. Angelus.*

## PSALM 21

*Deus Deus meus. Christ's passion: and the conversion of the Gentiles.  
Unto the end, for the morning protection, a psalm for David.*

O GOD my God, look upon me: why hast thou forsaken me? Far from my salvation are the words of my sins. O my God, I shall cry by day, and thou wilt not hear: and by night, and it shall not be reputed as folly in me. But thou dwellest in the holy place, the praise of Israel. In thee have our fathers hoped: they have hoped, and thou hast delivered them.

They cried to thee, and they were saved: they trusted in thee, and were not confounded. But I am a worm, and no man: the reproach of men, and the outcast of the people. All they that saw me have laughed me to scorn: they have spoken with the lips, and wagged the head. He hoped in the Lord, let him deliver him: let him save him, seeing he delighteth in him. For thou art he that hast drawn me out of the womb: my hope from the breasts of my mother.

I was cast upon thee from the womb. From my mother's womb thou art my God, Depart not from me. For tribulation is very near: for there is none to help me. Many calves have surrounded me: fat bulls have besieged me. They have opened their mouths against me, as a lion ravening and roaring. I am poured out like water; and all my bones are scattered. My heart is become like wax melting in the midst of my bowels.

My strength is dried up like a potsherd, and my tongue hath cleaved to my jaws: and thou hast brought me down into the dust of death. For many dogs have encompassed me: the council of the malignant hath besieged me. They have dug my hands and feet. They have numbered all my bones. And they have looked and stared upon me. They parted my garments amongst them; and upon my vesture they cast lots. But thou, O Lord, remove not thy help to a distance from me; look towards my defence.

Deliver, O God, my soul from the sword: my only one from the hand of the dog. Save me from the lion's mouth; and my lowness from the horns of the unicorns. I will declare thy name to my brethren: in the midst of the church will I praise thee. Ye that fear the Lord, praise him: all ye the seed of Jacob, glorify him. Let all the seed of Israel fear him: because he hath not slighted nor despised the supplication of the poor man. Neither hath he turned away his face from me: and when I cried to him he heard me.

With thee is my praise in a great church: I will pay my vows in the sight of them that fear him. The poor shall eat and shall be filled: and they shall praise the Lord that seek him: their hearts shall live for ever and ever. All the ends of the earth shall remember, and shall be converted to the Lord: And all the kindreds of the Gentiles shall adore in his sight. For the kingdom is the Lord's; and he shall have dominion over the nations. All the fat ones of the earth have eaten and have adored: all they that go down to the earth shall fall before him.

And to him my soul shall live: and my seed shall serve him. There shall be declared to the Lord a generation to come: and the heavens shall shew forth his justice to a people that shall be born, which the Lord hath made.

Glory be ..

.....

*See also Psalm 129 De Profundis (in 'Evening Prayers', p.10) with Requiem Æternum versicle  
& collect for the faithful departed, traditionally recited after the 6:00 p.m. Angelus.*



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NOTES & SOURCES  
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This selection of orthodox and historically regarded antiphons, invocations, aspirations, hymns, prayers, devotions, pious practices of the holy Catholic Religion was compiled by Jonathon Reid from the reliable and competent sources listed below; and posited on the world-wide interconnected network (or, 'inter-net') for public dissemination via the 'web-site' *TraditionalCatholicPrayers.com* on the FIFTEENTH day of NOVEMBER, anno Domini TWO THOUSAND AND TWENTY-FOUR.

UPDATED: 19.05.2025

*Si memor fui tui super stratum meum, in matutinis meditabor in te. (Ps. LXII, 7)*  
*Et unde hoc mihi, ut veniat mater Dómini mei ad me? (S. Luc. I, 43)*

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LEGEND:

\* : Plenary indulgence if practised daily for a month, on the usual conditions.

†: A plenary indulgence at the hour of death to be gained by those who have often recited this prayer during life, and who, after confession and Communion, or at least an act of contrition and a sincere & contrite heart, shall invoke the holy Name of Jesus with their lips, if possible, or at least in their hearts, and accept death with resignation from the hand of God as the just punishment of their sins.

Δ **Navy text:** Rendering taken from a subscription-free translation tool. In such instance much effort has been invested to eliminate discernible error, however such texts should be regarded with circumspection and caution; it is unlikely they enjoy any felicity of eloquence. If the reader is uncomfortable with these un-approved & ad hoc renderings, at least he has the prayer, of competent composition, in English; may it be of utility to him.

A WORD ON INDULGENCES (and 'Other' Matters):

Where reliably sourced, the authentic, traditional Roman Catholic Church's grant & indulgence details have been listed, as specified by Her handbook of indulgenced acts, *The Raccolta*, last published in 1957 under Saintly Pius XII. Hitherto this prayer booklet's February 2025 update (and as yet unchanged in associated booklets yet to enjoy the same) these were referred to as the 'Pre-1968' or 'historical' indulgence class and, where applicable, any corresponding 'Post-1968' details were listed alongside (i.e. those pertaining to the 'Conciliar Church' or 'Vatican II Sect').

Since these booklets' initial collation and presentation, Your correspondent has arrived, firmly, at the **Sedevacantist** position which, as the reader would be aware, regards the last valid (or at least visibly valid) Supreme Pontiff as Pius XII and, thus, the Seat or See of St. Peter as having been vacant since 1958; and, as a function of such, the visible Church's structures as thereafter having been usurped – and desecrated – and, therefore, as possessing no valid legitimacy or authority. This was some 66 years past: a long time, humanly speaking, though not beyond the parameters of what God will allow, as the theologian Fr. Edmund. J. O'Reilly (†1878) made clear in his analysis of the Great Western Schism (1378–1429), which saw the spotless Bride of Christ, the Holy Catholic Church, endure 51 years of not the precise same, though similar agony.

As cause can be known by its effects, Sedevacantism provides the only plausible explanation as to these wretched six decades past and, as is oft declared by its adherents, 'to deny Sedevacantism is to deny the Church (and Her dogma)'. The reader need not be alarmed: he has nothing to fear from Sedevacantism; it is not a schismatic position – the polar opposite in fact – as one can not be schismatic if one's intention, sensibly governed, is to be a loyal son of the Church and faithful to Her infallible and indefectible teachings.

This issue will be given some consideration in PART III, albeit economically, however the point of ..

this little 'disclaimer' is to state the editor's position (and also his conscience) before both God and reader and, in the process, hopefully to afford the latter a clearer understanding as to what is meant by 'traditional indulgence'. In light of what has just been expounded, the Church's traditional indulgences (i.e. those promulgated pre-1968) are in these pages regarded as being **wholly authentic, valid & operational, and of never having been superseded, suppressed, or abolished** by any action of the 'Conciliar Church', the 'Vatican II Sect', or its representatives.

Traditional indulgences are delineated in **penitential\* days or years** merited. In 1967 Montini ('Paul VI') sought to over-haul the Church's system of indulgences & grants and a radically changed treatment of such 'came into effect' a year later. In the *Conciliar Church*, specific penance values were longer endorsed, pared into simple 'partial' or 'plenary' classes. As part of this process the number of recognised prayers, ejaculations, devotions, practices, etc. specifically meriting indulgence was significantly curtailed. This 'reform' (putatively regarded as valid) fruited significant degradation in Catholic prayer-life, one of the key pillars to sanctification (and thus salvation).

The term '**..on the usual conditions**' upon which plenary indulgences pivot means that the stated indulgenced act must be accompanied by worthy Confession\*\* and Holy Communion\*\*\* and prayers for the intentions of the Supreme Pontiff, with the norm being to offer an *Our Father – Hail Mary – Glory be* for the same. The reader should be aware that these are to be offered **six times** if the indulgenced act involves visiting a church or location.

How does one pray for the pope's intentions if there hasn't been a valid pope since 1958? Perhaps one can not do so. Your correspondent prays "... for the intentions of Saintly Pius XII". God exists outside of time, in the eternal present, and, be it of useful instruction or otherwise, Saintly Padre Pio, even as an aged & venerable priest, used to pray and offer Mass for the intention that his grand-parents died holy, Catholic deaths, long since God had taken them from this toilsome vale of tears. This is a suggestion only, and one of personal imagining.

Whilst 'intentions' can refer to a particular Pontiff's specific aims (and which were conveyed to the faithful), such are always in proper context to the inexorable and unchangeable intentions of the Office of the Papacy and which are often expressed thus:

"For the holy Catholic Church – the propagation of the Faith – peace & concord betwixt Catholic kings & princes – the extirpation of heresy – the welfare & happiness of all Christian people – the conversion of sinners, salvation of souls, reparation for sin"; extending to "for all poor sinners who will die this day and for the souls in purgatory."

To merit **any** indulgence one must be in a state of grace (or if not, 'with at least a contrite heart', and having made an act of true contrition with a firm purpose of confession) and must **also have the intention of gaining the indulgence**, for which a general intention, renewed from time to time, will suffice (the reader may like to add such an intention to his morning offering: e.g. "... I desire to merit any indulgence this day which I can, and which I give to the most B. V. M. to be applied according to her inscrutable wisdom and Motherly care...").

Plenary indulgences are only to be gained if the suppliant has a **true hatred of sin** – of all species – and is wholly free from any & all voluntary attachment to that which is sinful. If he does not merit a plenary indulgence for such or similar blight in the all-seeing eye of God, only the partial indulgence may be gained.

The reader may care to examine further the Canons governing the granting of indulgences as **any deviation from their strict instruction, even if unintentional, negates their attainment**. This (linked) guide may be of utility, however it does not actually table the appropriate Canons (which are appended in full in later versions of *The Raccolta*).

\* Not the same as earthly calendar days or years; rather "the amount of purgatorial punishment equivalent to that which would have been remitted, in the sight of God, by the performance of so many days or years of the ancient canonical penance." (*New advent.org*)

\*\* Being within eight (8) days, either side, of performance of the indulgenced act; so, by standing custom, the faithful would in way of habit receive the Sacrament of Penance every fortnight (in the absence of specific contingencies) so as to ensure not only an ongoing state of grace but, further, satisfaction of the usual conditions.

\*\*\* In contrast, Communion had to be received on the day of the performance or satisfaction of the indulgenced act. In the case of novenas or other devotion(s) spread over days, week or month, the indulgence was merited (or 'claimed') upon the reception of Communion. So, many plenary indulgences could be attached to one Confession; however, as the attaining of plenary indulgences is (typically) limited to one per day, every plenary indulgence requires Holy Communion.

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## SOURCES:

### MORNING PRAYERS & DAILY ASPIRATIONS | Pages 2-3

- Almighty and Everlasting God: *The Raccolta: A Manual of Indulgences, Prayers and Devotions Enriched with Indulgences*, 1957 ed. Authorised by the Holy See, Rt. REV Ritter. Charles E. Spence, D.D. the Rt. Rowan, ph. D. the REV Ritter. Joseph P. Christopher, (St. Athanasius Press, 2000), #49; Traditional Morning / Evening Antiphons with V/. & R/. sourced via [Preces-Latinae.org](#) (linked to source page).
- Unto the King of ages.. (invocation): *The Raccolta* (1957), Ibid., #1.
- May the most just.. (invocation): *The Raccolta* (1957), Ibid., #4.
- Thy will be done! (invocation): *The Raccolta* (1957), Ibid., #32.
- O Lord Jesus Christ.. (Morning Offering): *The Raccolta* (1957), Ibid., #97.
- Jesus, my God.. (invocation): *The Raccolta* (1957), Ibid., #72.
- We give Thee thanks.. (invocation): *The Raccolta* (1957), Ibid., #683.

### PRAYERS TO BE RECITED EVERYDAY | Page 5

- Apostles' Creed: *The Raccolta* (1957), Ibid., #43.  
NB: If the invocation of St. Francis "We adore Thee, + O Christ, and we bless Thee; for by Thy holy Cross Thou hast redeemed the world." is said in conjunction with the Apostles' Creed (i.e. added as an antiphon) and devout contemplation is given our Lord's Passion & Death during the recitation, an indulgence of 10 years may be gained; plenary once a month if recited every day for a month (on the usual conditions; #191).
- Salve Regina (Hail Holy Queen): *The Raccolta* (1957), Ibid., #332.
- Angele Dei (Angel of God): *The Raccolta* (1957), Ibid., #452.
- From stain of sin.. (invocation): traditional; [Latin text via translation tool](#).
- St. Michael Prayer (short prayer): *The Raccolta* (1957), Ibid., #447.
- Acts of Faith, Hope, Charity & Contrition: Ibid., #36 & #42; (excluding the Act of Contrition, all English renderings via [PrayingLatin.com](#)).
- Blessing of the Table ('Grace'): sourced from: [TheSacredHeart.com](#).

### THE ANGELUS DOMINI & REGINA COELI | Page 7

- *The Raccolta* (1957), Ibid. #331; "Traditional Custom" commentary, see *Blessed Be God: A Complete Catholic Prayer Book*, pp.5-6, Very Rev. Charles J. Callan, O.P., S.T.M. & Very Rev. John A. McHugh, O.P., S.T.M. (Preserving Christian Publications, N.Y., 2019; re-print of 1960 edition by P.J. Kennedy & Sons, N.Y.; Imprimatur: + Francis Cardinal Spellman.

### EVENING PRAYER | Page 8

- Almighty and Everlasting God: *The Raccolta* (1957), Ibid. #49; Traditional Morning / Evening Antiphons with V/. & R/. sourced via [Preces-Latinae.org](#) (linked to source page).
- Angel Prayer of Fatima: English rendering via [CatholicTradition.org](#) (where the additional Prayers of Fatima can be found, together with commentary); Latin renderings via [HolyRomanCatholicChurch.org](#).
- Holy God,.. (the Trisagion): *The Raccolta* (1957), Ibid., #16a
- Blessing and glory.. (invocation): *The Raccolta* (1957), Ibid., #17.
- Thy will be done! (invocation): *The Raccolta* (1957), Ibid., #32.
- We give Thee thanks... (ejaculation): *The Raccolta* (1957), Ibid., #683.

- My God, and my all! (ejaculation): *The Raccolta* (1957), Ibid., #5.
- O praise the Lord.. (Ps. 116): *The Raccolta* (1957), Ibid., #613.
- Deliver Me, Lord Jesus: *The Raccolta* (1957), Ibid., #109.
- Sweetest Jesus.. (invocation): *The Raccolta* (1957), Ibid., #71
- We therefore pray Thee.. (invocation): *The Raccolta* (1957), Ibid., #215.
- The Confitour: *The Raccolta* (1957), Ibid., #691.
- Prayer to the Holy Ghost for the Church: *Blessed Be God*, Ibid., p. 464; Latin text via [ESSPX](#).
- O Lord, grant unto Thy Church.. (invocation): *The Raccolta* (1957), Ibid., #605; [Latin text via translation tool](#).
- Prayer for all degrees within the Church: Collect Prayer, ex. Litany of the Holy Ghost (which can be found in its entirety in the booklet 'Prayers to God the Holy Ghost'), source: *Introductio ad Vitam Seraphicam, Pars secunda*, (Fr. Novitiis, Clericis et Junioribus Patribus Ordinis Fratrum Minorum S. P. Francisci; Auctore: P. FR. Gaudenzio, Ejusdem Ordinis Ex-Definitore Generali. Editio Secunda Revisa et Aucta; Tomus Secundus. AD CLARAS AQUAS, Prope Florentiam, Ex Typ. Collegii S. Bonaventurae, 1899), pp.267-71. English rendering via *Blessed be God*, Ibid., p.465.
- May it please Thee, O Lord.. (invocation): From assorted Collect / Secret / Postcommunion prayers the benefactors, etc. are taken from the Roman Missal (1962).
- Psalm 129 & associated prayers, offered for the faithful departed: *The Raccolta* (1957), Ibid. #585.
- Prayer for the Home: *The Raccolta* (1957), Ibid., #21.
- Visit we Beseech Thee...: *The Raccolta* (1957), Ibid., #62.
- Of Thy Tender Mercy: *The Raccolta* (1957), Ibid., #50.
- Sub Tuum Præsidium (We fly to thy protection / patronage): *The Raccolta* (1957), Ibid., #333.
- Jesus, Mary, and Joseph (Invocation of the Holy Family): *The Raccolta* (1957), Ibid., #636.
- Before the end of Day: sourced from 'The Hymns of the Breviary and Missal', [CathCorn.org](#), which includes noteworthy discussion on various English translations.
- Into Thy hands.. (invocation): *The Raccolta* (1957), Ibid., #19.
- Salve Regina (Hail Holy Queen): *The Raccolta* (1957), Ibid., #332.

### PRAYERS FOR THE SEASONS | Page 13

- All commentary and Antiphons, V/. & R/., prayer selections (or equivalent) taken from *Blessed be God*, Ibid., pp.253-257 (with the principle source being Scripture & Missal), except the Season after Pentecost, being of Your correspondent's own reckonings.

### PRAYERS FOR THE DAYS OF THE WEEK | Pages 16

- Omnipotence of the Father: *The Raccolta* (1957), Ibid., #53; English via *Blessed Be God*, Ibid., p.259.
- Teach me, O Lord.. (invocation): *The Raccolta* (1957), Ibid., #11.
- Holy, holy, Holy.. (the Sanctus): *The Raccolta* (1957), Ibid., #2.
- Come Holy Ghost (Ant., V/. & R/., Collect): *The Raccolta* (1957), Ibid., #287.
- May the outpouring.. (invocation; Postcommunion): *The Raccolta* (1957), Ibid., #281.
- Requiem Aeternam (Eternal Rest; versicle): *The Raccolta* (1957), Ibid., #582.
- Ye Angels and Archangels.. (invocation): *The Raccolta* (1957), Ibid., #440.
- Invocation of the Nine Angelic Choirs: English Text from *Blessed be God*, Ibid., pp.261; [Latin text via translation tool](#).
- Prayer to St. Joseph for Purity: *The Raccolta* (1957), Ibid., #473; English text via 1910 ed. #304.
- Help us, St. Joseph... (invocation): *The Raccolta* (1957), Ibid., #458. The English reproduced here is an alternative & more poetic rendering of the Raccolta's prescribed English text (given below) and, should the reader wish greater surety of meriting the attached indulgence, he might be advised to recite instead the following:

Grant us, dear Joseph, to run life's pathway in innocent fashion:  
May we forever be safe under thy blest patronage.

- O Sacred banquet: *The Raccolta* (1957), *Ibid.*, #180.
- O Sacrament most holy.. (invocation): *The Raccolta* (1957), *Ibid.*, #136; the (equivalent) Latin text taken from *Introductio ad Vitam Seraphicam II*, *Ibid.*, p.238; N.B. This invocation is often-times added to the recitation of the Holy Rosary, inserted after the Fatima Prayer, at completion of the decade.
- O all ye who pass by the way..: *The Raccolta* (1957), *Ibid.*, #213.
- O God, Who for the Redemption of the World: *The Raccolta* (1957), *Ibid.*, #205.
- The Cross is my sure Salvation.. (invocation): *The Raccolta* (1957), *Ibid.*, #186.
- Lord I give Thee thanks.. (invocation): *The Raccolta* (1957), *Ibid.*, #192; [Δ Latin text via translation tool](#).
- By the Sign of Thy holy Cross.. (invocation): *The Raccolta* (1957), *Ibid.*, #188.
- Hail, O Cross.. (invocation): *The Raccolta* (1957), *Ibid.*, #187.
- Red Scapular of the Passion prayers. This scapular is imbued with numerous graces & promises and was approved by Pius IX On June 25, 1847; it is the prominent 'top' layer of the Five-Fold Scapular.  
St. Bonaventure remarks on devotion to the Passion: "He who desires to go on advancing from virtue to virtue, from grace to grace, should meditate continually on the Passion of Jesus."  
(Source: [CatholicGentleman.com](#))
- O glorious Mother of God (antiphon): Traditional, from the Little Office of the B. V. M.; this rendering via: [QuemRezaseSalva.com](#), p.17.
- Tota Pulchra es, Maria (Thou Art All Fair, O Mary): *The Raccolta* (1957), *Ibid.*, #359.
- Blessed art thou,.. (invocation): *The Raccolta* (1957), *Ibid.*, #311.
- Inviolata (Thou art inviolate.): Blessed Be God, *Ibid.*, p.267; Latin text via [Preces-Latinae.org](#).
- After child-birth.. (invocation): Roman Missal (1962).

#### PRAYERS FOR THE MONTHS OF THE YEAR | Page 22

##### JAN : HOLY NAME

- O God, Who didst appoint: *The Raccolta* (1957), *Ibid.*, #88 (cum trad. Antiphon, V. & R.).
- Blessed be.. (invocation): *The Raccolta* (1957), *Ibid.*, #119.
- Prayer to the Most Holy Name of Jesus (O Good Jesus!): *The Raccolta* (1957), *Ibid.*, #121.
- Salutation & Response (Christian Greeting): *Introductio ad Vitam Seraphicam II*, *Ibid.*, p.210; English Text from: Blessed Be God *Ibid.*, p. 270.

##### FEB : HOLY FAMILY

- Prayer in Honour of the Holy Family (For a Happy Death): *The Raccolta* (1957), *Ibid.*, #643.
- Jesus, Mary, and Joseph (Invocation of the Holy Family): *The Raccolta* (1957), *Ibid.*, #636.
- Chaplet of the Holy Infant of Prague: Traditional, via [VirgoSacrata.com](#) "Devotion To The Infant Jesus Of Prague" (linked); [Δ Some Latin text via translation tool](#).

##### MAR : ST. JOSEPH

- Prayer to St. Joseph for a Dutiful Life: *The Raccolta* (1957), *Ibid.*, #477; English text via 1910 ed. #314.
- Jesus, Mary and good Joseph,.. (invocation): an indulgence of 300 days\* (#273); however #274 states: "The faithful who devoutly invoke the sacred names of **Jesus, Mary and Joseph jointly**, may gain: An indulgence of 7 years"\*, *The Raccolta* (1957), *Ibid.*, #273 & 274.
- A Recommendation to St. Joseph: *Introductio ad Vitam Seraphicam, Pars secunda*, *Ibid.*, pp.324; [Δ English rendering via translation tool](#).
- Jesus, Mary, and Joseph (Invocation of the Holy Family): *The Raccolta* (1957), *Ibid.*, #636.
- Miraculous image of the Holy Family, see: [CatholicDoors.com](#)

##### APR : HOLY GHOST

- Come Holy Ghost (Ant., V/. & R/., Collect): *The Raccolta* (1957), *Ibid.*, #287.
- O Holy Ghost, Spirit of Truth: *The Raccolta* (1957), *Ibid.*, #277.
- .. sweet guest of my soul (invocation): *The Raccolta* (1957), *Ibid.*, #278.
- Veni, Creator Spiritus (Hymn for Pentecost): *The Raccolta* (1957), *Ibid.*, #283.

##### MAY : THE B. V. M.

- Act of Consecration (St. John Berchmans, composed for the Sodality of the Blessed Virgin Mary): Blessed Be God, *Ibid.*, p.430; Latin text from *Introductio ad Vitam Seraphicam, Pars secunda*, (1899, 2nd ed.) *Ibid.*, pp. 280-281.
- My Mother,.. (invocation): *The Raccolta*, *Ibid.*, #302.
- Heavenly Ave Maria: Latin text from *Introductio ad Vitam Seraphicam, Pars secunda*, *Ibid.*, p. 280; English & commentary: [CatholicTradition.com](#).
- The Crown of Twelve Stars Chaplet: *The Raccolta* (1957), *Ibid.* #330; English text taken from Blessed Be God, *Ibid.* pp.275-277; [Δ Latin text via translation tool](#).

##### JUN : SACRED HEART

- Daily Consecration to the Sacred Heart: *The Raccolta* (1957), *Ibid.*, #260; English rendering from Blessed Be God, *Ibid.*, p. 278.
- Jesus, meek and humble of Heart.. (invocation, via the Litany): *The Raccolta* (1957), *Ibid.*, #227.
- Heart of Jesus, burning.. (invocation): *The Raccolta* (1957), *Ibid.*, #225.
- Prayer of St. Gertrude to the Sacred Heart: Traditional, see [CatholicTradition.org](#) (linked); [Δ Latin text via translation tool](#).
- Prayer to the Most Sacred Heart of Jesus: *The Raccolta* (1957), *Ibid.*, #262.

##### JUN : PRECIOUS BLOOD

- Almighty and everlasting God (Collect): *The Raccolta* (1957), *Ibid.*, #222.
- We therefore pray Thee.. (invocation): *The Raccolta* (1957), *Ibid.*, #215.
- Offering in Reparation: *The Raccolta* (1957), *Ibid.*, #220; English rendering taken from 1910 ed.: *The Raccolta* (or Collection of Indulged Prayers & Good Works), 1910 ed., Translated by Fr. Ambrose St. John (via [SaintsBooks.net](#)).

##### AUG : IMMACULATE HEART

- O Beatissima (O Most Blessed and Sweet Virgin Mary): [Preces-Latinae.org](#).
- May the most divine Heart(s).. (invocation): Latin text from *Introductio ad Vitam Seraphicam, Pars secunda*, *Ibid.*, p.287; English rendering from Blessed be God, *Ibid.*, p.284.

##### SEP : OUR LADY OF SORROWS

- Pious Exercise in Honour of the Sorrowing Heart of Most Holy Mary: *The Raccolta* (1957), *Ibid.*, #383; Latin texts from 1866 ed., Translated by Fr. Ambrose St. John ( via [LiturgiaLatina.org](#) ), #99.
- Bid me bear,.. (invocation; ex Stabat Mater): *The Raccolta* (1957), *Ibid.*, #375.

##### OCT : QUEEN OF THE HOLY ROSARY

- Queen of the Most Holy Rosary,.. (invocation): *The Raccolta* (1957), *Ibid.*, #394.
- Devout invocations of Our Lady, the B.V.M., made under any of her recognised formal titles may merit an indulgence of 300 days (#296); in similar manner, likewise devout invocations to obtain the assistance of St. Joseph, Spouse of the B.V.M., in the various needs of spiritual & physical life made by invoking his holy name may also merit an indulgence of 300 days (#460); *The Raccolta* (1957), *Ibid.*
- Formal & recognised titles taken from *The Litanies of Loreto, Our Lady of Sorrows, St. Joseph and St. Michael*.

##### NOV : HOLY SOULS

- Merciful Jesus, grant .. (invocation): *The Raccolta* (1957), *Ibid.*, #583.
- Psalm 129 & associated prayers, offered for the faithful departed: *The Raccolta* (1957), *Ibid.* #585.
- Requiem Aeternam (Eternal Rest) versicle: *The Raccolta* (1957), *Ibid.*, #582.

##### DEC : IMMACULATE CONCEPTION

- In thy conception,.. (invocation): *The Raccolta* (1957), *Ibid.*, #353.
- After child-birth.. (invocation): Roman Missal (1962).
- Immaculata Mater Dei (Immaculate Mother of God): *The Raccolta* (1957), *Ibid.*, #370.
- O Pura et Immaculata (O Pure and Immaculate): [Preces-Latinae.org](#).



#### THE GREAT 'O' ANTIPHONS | Pages 36

- Refer to the Roman Missal, Proper of the Season (Christmas Cycle); See also "The Great Os: The Seven Advent Antiphons", [ChristianHeritageCentre.com](http://ChristianHeritageCentre.com) and also [FishEaters.com](http://FishEaters.com)

#### ST. ANDREW MIRACULOUS CHRISTMAS NOVENA | Pages 37

- Traditional; Latin text via [EFerit.com](http://EFerit.com) "Disce About Christmas Novena Oratio Sancti Andreae", C. Scott Richert (linked).

#### DEVOTIONS FOR END & START OF THE YEAR | Page 36

- The Te Deum (Ambrosian Hymn): The Raccolta (1957), Ibid., #684.
- Veni, Creator Spiritus (Hymn for Pentecost): The Raccolta (1957), Ibid., #283.

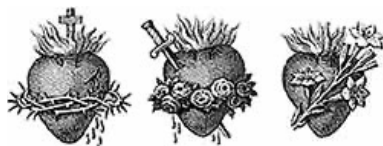
#### APPENDIX I : EMBER DAYS | Pages 41

- Blessed Be God, Ibid., pp.234-5.

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**Iesu, María, Ioseph!**

(Trad. indulgence: 7 years)

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