# The Seven (7) Prayers of St. Bridget

## **Opening Prayer**

O JESUS, I now wish to pray the Lord's Prayer seven times in unity with the love with which Thou sanctified this prayer in Thy Heart. Take it from my lips into Thy Divine Heart. Improve and complete it until it brings as much honour and joy to the Blessed Trinity as Thou granted it on earth with this prayer. May these pour upon Thy Holy Humanity in glorification to Thy painful Wounds and the Precious Blood Thou spilled from them. Amen.

I

#### The Circumcision

The First Mortal sin



#### Pater noster ... Ave Maria ...

ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the first wounds, the first pains and the first bloodshed, as atonement for my and all of humanity's sins of youth, as protection against the first mortal sin, especially among my relatives. Amen.

II

#### The Suffering on the Mount of Olives

Sins of the heart



# Pater noster ... Ave Maria ...

ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the terrifying suffering of the Heart of Jesus on the Mount of Olives, and every drop of His sweat of Blood, as atonement for my and all of humanity's sins of the heart, as protection against such sins, and for the spreading of divine and brotherly love. Amen.

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## The Scourging

Sins of the flesh



# Pater noster ... Ave Maria ...

ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the many thousands of wounds, the gruesome pains and the Precious Blood of the Scourging, as atonement for my and all of humanity's sins of the flesh, as protection against such sins and the preservation of innocence, especially among my relatives. Amen.

IV

### The Crowning with Thorns

Sins of pride

Pater noster ... Ave Maria ...



ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the wounds, the pains and the Precious Blood of the Holy Head of Jesus from the crowning with thorns, as atonement for my and all of humanity's sins of the spirit, as protection against such sins and for the spreading of the Kingdom of Christ here on earth. Amen.

#### V

#### The Carrying of the Cross

Sins of the tongue, against the Cross



#### Pater noster ... Ave Maria ...

ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee the sufferings on the Way of the Cross, especially the Holy Wound on His shoulder and its Precious Blood, as atonement for my and all of humanity's rebellion against the Cross, every grumbling against Thy holy Providence, and all other sins of the tongue, as protection against such sins and for true love of the Cross. Amen.

#### VI

## The Crucifixion of Jesus

For the Church and the Jews

#### Pater noster ... Ave Maria ...



ETERNAL Father, through Mary's unblemished hands and the Divine Heart of Jesus, I offer Thee Thy Son on the Cross, His nailing and lifting on high, the wounds on His hands and feet, and the three streams of His Precious Blood that poured forth for us from these, the extreme tortures of His Body and Soul, His precious Death and its un-bloody renewal in all holy Masses on earth, as atonement for all wounds against vows and regulations within religious orders, as reparation for my and all the world's sins, for the sick and dying, for all holy priests and laymen, for the intentions of the Holy Father toward the restoration of Christian families, for the strengthening of faith, for our country, for unity among all nations in Christ and His Church, and also for the Diaspora. Amen.

#### VII

### The Piercing of Jesus' Side

All of mankind and the Holy Souls

# Pater noster ... Ave Maria ...



ETERNAL Father, accept as worthy for the needs of Holy Church, and as atonement for the sins of all mankind, the Precious Blood and Water which poured forth from the wound of the Divine Heart of Jesus. Be gracious and merciful towards us.

Blood of Christ, the last precious content of His Holy Heart, wash me of all my and other's guilt of sin! Water from the side of Christ, wash me clean of all punishments for sin and extinguish the flames of purgatory for me and for all the Poor Souls. Amen.

Sanctus Deus, Sanctus Fortis, Sánctus Immortális, miserére nobis. Most holy Passion of our Lord Jesus Christ, save us! Sacred Hearts of Jesus and Mary, protect us! Sancta Birgítta sponsa Chrísti, ora pro nobis.



## Litany of the Most Precious Blood

Lord have mercy.
Christ have mercy.
Lord have mercy.
Christ hear us.
Christ graciously hear us.

God the Father of Heaven, ~ have mercy on us. God the Son, Redeemer of the world, ~ God the Holy Ghost, ~ Holy Trinity, One God, ~

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Blood of Christ, only-begotten Son of the Eternal Father, * save us.
Blood of Christ, Incarnate Word of God, *
Blood of Christ, of the New and Eternal Testament, *
Blood of Christ, falling upon the earth in the Agony, *
Blood of Christ, shed profusely in the Scourging, *
Blood of Christ, flowing forth in the Crowning with Thorns, *
Blood of Christ, poured out on the Cross, *
Blood of Christ, price of our salvation, *
Blood of Christ, without which there is no forgiveness, *
Blood of Christ, belp of those in peril, *
Blood of Christ, solace in sorrow, *
Blood of Christ, hope of the penitent, *
Blood of Christ, consolation of the dying, *
Blood of Christ, peace and tenderness of hearts, *
Blood of Christ, pledge of eternal life, *
Blood of Christ, freeing souls from purgatory, *
Blood of Christ, worthy of all glory & honour, *
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Lamb of God, Who takest away the sins of the world, *spare us*, O *Lord.* Lamb of God, Who takest away the sins of the world, *graciously hear us*, O *Lord.* Lamb of God, Who takest away the sins of the world, *have mercy on us.* 

**V.** Thou hast redeemed us with Thy Blood, O Lord.

 $eal_{f k}$  . And made of us a kingdom for our God.

#### Let us pray.

**A**LMIGHTY, and everlasting God, Who hast appointed Thine only-begotten Son to be the Redeemer of the world, and hast been pleased to be reconciled unto us by His Blood, grant us, we beseech Thee, so to venerate with solemn worship the price of our salvation, that the power thereof may here on earth keep us from all things hurtful, and the fruit of the same may gladden us for ever hereafter in heaven. Through the same Christ our Lord. *Amen.* 

(Partial Indulgence)

From all evil O Lord, deliver us!

# Litaniæ Pretiosissimi Sanguinis

Kyrie, éleison. Christe, éleison. Kyrie, éleison. Christe, audi nos. Christe, exaudi nos. Pater de cælis, Deus, ~ miserére nobis. Fili, Redémptor mundi, Deus, ~ Spíritus Sancte, Deus, ~ Sancta Trínitas, unus Deus, ~

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Sánguis Christi, Únigeniti Patris ætérni, * salva nos. Sánguis Christi, Verbi Dei incarnáti, * Sánguis Christi, Novi et Ætérni Testaménti, *
                                                                                               Sánguis Christi, fortitúdo martyrum, *
                                                                                               Sánguis Christi, virtus confessórum, *
Sánguis Christi, † gérminans vírgines, *
Sánguis Christi, in agonía decúrrens in terram, *
                                                                                               Sánguis Christi, robur periclitántium,
Sánguis Christi, in flagellatióne prófluens,
                                                                                               Sánguis Christi, levámen laborántium, *
Sánguis Christi, in coronatióne spinárum émanans, *
Sánguis Christi, in Cruce effúsus, *
                                                                                               Sánguis Christi, in fletu solátium, *
Sánguis Christi, spes pœniténtium, *
Sánguis Christi, prétium nostræ salútis, *
                                                                                               Sánguis Christi, solámen moriéntium, *
Sánguis Christi, sine quo non fit remíssio, *
                                                                                               Sánguis Christi, pax et dulcédo córdium, *
Sánguis Christi, in Eucharistía potus et lavácrum animárum, * Sánguis Christi, flumen misericórdiæ, * Sánguis Christi # victor dæmonum *
                                                                                               Sánguis Christi, pignus vitæ æternæ,
                                                                                               Sánguis Christi, ánimas líberans de lacu Purgatórii*
Sánguis Christi, † victor dæmonum,
                                                                                               Sánguis Christi, omni glória et honóre digníssimus*
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Agnus Dei, qui tollis peccáta mundi, parce nobis, Dómine. Agnus Dei, qui tollis peccáta mundi, exaudi nos, Dómine. Agnus Dei, qui tollis peccáta mundi, miserére nobis.

V. Redimísti nos, Dómine, in sánguine tuo.

**R.** Et fecísti nos Deo nostro regnum.

#### Oremus

Omnípotens sempitérne Deus, qui unigénitum Fílium tuum mundi Redemptórem constituísti, ac eius Sánguine placari voluísti : concéde, quæsumus, salútis nostræ prétium sollémni culta ita venerári, atque a præséntis vitæ malis eius virtúte deféndi in terris, ut fructu perpétuo lætémur in cælis. Per eúndem Christum Dóminum nostrum. Amen.

Ab insídiis diáboli, líbera nos, Dómine!